

Discipline Your Child Using Natural Consequences



Teaching children that actions have consequences is one of the most powerful of all discipline techniques. It teaches children to take responsibility for their actions.

Parents must see that children experience the consequences of their actions. Natural consequences mean you don't need to do anything at all—the consequence just happens. The natural consequence of not studying for a test is getting a poor grade. Next time, your child may be more interested in studying.

If your child forgets her homework at home, for example, don't offer to drive it to school for her. Say, "I'm sorry, but actions have consequences. You'll have to tell your teacher you left it at home."



Don't let your child make excuses for her behavior. Talk about how choices have consequences and let her experience the consequences of her actions.