



JJ - INTERSCHOLASTIC ATHLETIC TRAINING & PERSONAL CONDUCT RULES

Participation in Poudre School District interscholastic athletic programs is a privilege, not a right. Student athletes serve as representatives of their schools and teams, and may be viewed as role models by younger students. In addition, student health and fitness must be maintained on a year-round basis to meet the demands of interscholastic athletic competition. For these reasons, student athletes are required to comply with the standards set by these training and personal conduct rules.

GENERAL RULES

These rules shall apply to all students who participate in any Poudre School District interscholastic athletic program. In addition to these rules, students participating in interscholastic athletics are subject to and required to comply with all policies and regulations in the Poudre School District Code of Conduct. Student athletes shall not be eligible to participate in athletic practices or competitions during any period of suspension or expulsion under the Code of Conduct.

Student athletes are also subject to and required to comply with the Bylaws adopted by the Colorado High School Activities Association and with their coach's team rules, and are required to exercise good sportsmanship at all practices and competitions. A student athlete who fails to comply with these requirements as determined by a coach, School District administrator or competition official shall be subject to suspension from practices and/or competitions, and for more serious violations shall be subject to removal from the team.

RULES CONCERNING CONTROLLED SUBSTANCES, ALCOHOL AND TOBACCO

A student athlete's unlawful or otherwise improper use or possession of controlled substances, alcohol and/or tobacco reflects poorly on the student's school and team and sets a bad example for other students, regardless of when the use or possession occurs. In addition, a student athlete's use of controlled substances, alcohol and/or tobacco may adversely affect the student athlete's health, fitness and athletic performance and may result in injury, regardless of when the use occurs. Accordingly, students participating in any Poudre School District interscholastic athletic program shall not, regardless of the quantity involved: (1) use or possess any beverage containing alcohol; (2) use or possess tobacco or tobacco products; or (3) use or possess any controlled substance, including steroids, in any manner that is contrary to law or Poudre School District policies and regulations.

The foregoing rules shall be in effect for Poudre School District interscholastic athletes on a year-round basis, including weekends, summers, vacations and holidays, whether the student athlete is on or off School District property and whether or not the student athlete is at the time participating in any school-sponsored activity or event.

The following consequences for violation of the rules concerning controlled substances, alcohol and tobacco are applicable to all Poudre School District students in interscholastic athletics throughout the time they are enrolled in grades 9 through 12.

Consequence for First Violation:

Suspension from 30% of interscholastic competitions for which the student athlete is otherwise eligible and in which the student athlete is otherwise able to participate, beginning in the season when the first violation occurs (including regular season and post season/playoff competitions) and continuing into any subsequent season of the same or a different sport if the full suspension cannot be served during the season when the first violation occurs. During all periods of their suspension, student athletes must participate in practices and otherwise remain in good standing with each team from which they are suspended in order to be eligible to return after their suspension.

Consequence for Second Violation:

Suspension from 50% of interscholastic competitions for which the student athlete is otherwise eligible and in which the student athlete is otherwise able to participate, beginning in the season when the second violation occurs (including regular season and post season/playoff competitions) and continuing into any subsequent season of the same or a different sport if the full suspension cannot be served during the season when the second violation occurs. During all periods of their suspension, student athletes must participate in practices and otherwise remain in good standing with each team from which they are suspended in order to be eligible to return after their suspension.

Consequence for Third Violation:

The student athlete will lose the right to participate in all interscholastic athletics for the remainder of his/her high school career.

For clarification, listed below are the number of interscholastic competitions from which student athletes will be suspended for a first violation (30% of competitions) and a second violation (50% of competitions).

Sport	30%	50%
Boys/Girls Cross Country	3	6
Girls Field Hockey	4.5	7.5
Football	3	6
Boys Golf	3	6
Gymnastics	3	6
Boys Soccer	4.5	7.5
Girls Softball	6	10
Boys Tennis	4	6
Volleyball	6	10
Boys Basketball	6	10
Girls Basketball	6	10
Girls Swimming	3	6
Wrestling	9 Match Points	15 Match Points
Baseball	6	10
Girls Golf	3	6
Boys Lacrosse	4.5	7.5
Girls Soccer	4.5	7.5
Boys Swimming	3	6
Girls Tennis	4	6
Boys/Girls Track & Field	3	6

If the suspension carries over into a subsequent season of the same or a different sport, the student athlete must successfully complete that subsequent season in order to be considered as having served the portion of his/her suspension applicable to that subsequent season.

The foregoing rules concerning controlled substances, alcohol and tobacco, including the consequences for violation of those rules, are hereby incorporated into the coach's team rules for every sport at every school within the Poudre School District interscholastic athletic program, and are uniformly applicable to all team members.

Approved by Board: April 1972

Revised by Board: February 1974

Revised by Board: June 1982

Revised by Board: August 1982

Revised by Board: June 1988

Revised by Board to conform with practice: May 22, 1995

Revised by Board: August 14, 1995

Revised by Board: July 29, 1996

Reviewed by Board: October 11, 2004

Revised by Superintendent: April 9, 2007, effective July 1, 2007

Revised by Superintendent: February 8, 2010, effective July 1, 2010

CROSS REFS:

ADC, Tobacco-Free District

JICH, Student Conduct Involving Drugs and Alcohol