



## Join Us In Your School's Café

Based on current federal and state funding, Poudre School District will continue to provide a no-cost breakfast and lunch for most students during the 2025-2026 school year.

Research shows students perform better in school when they are not hungry. By providing breakfast and lunch to all children, we support their learning.

PSD's Child Nutrition program is recognized nationally as a leader in providing high quality and healthy daily meal options. Our school meals exceed the U.S. Department of Agriculture guidelines for healthy school meals. When families choose school meals, our schools get more funding, and our communities can connect over mealtimes.

While most students will continue to receive free meals at school, it's still essential for families to complete the Free and Reduced-Price Meal Benefits application. Submitting this information annually helps our district secure vital state and federal funding that directly benefits our schools. These funds help cover meal program costs, support after-school activities, and expand nutritional services. In addition, eligible families may qualify for Summer EBT benefits, reduced school fees, assistance with utilities, and other valuable resources. **By providing your household income information, you are helping ensure both your student and their school receive the full support they deserve.**



## Fruit & Vegetable of the Month

August - Peaches & Tri-Color Cauliflower

September - Cantaloupe & Cabbage

October - Local Apples & Squash

November - Pears & Tri-Color Carrots

Dec/Jan - Mangos & Edamame

February - Tangelos & Hydroponic Lettuce

March - Pineapple & Breaded Green Beans

April - Kiwi & Baby Bell Peppers

May - Strawberries & Rainbow Kale



## Colorado's Healthy School Meals For All

PSD participates in Colorado's Healthy School Meals For All program. This program currently provides a free breakfast and lunch to most students through December 31st. In November, Colorado voters will decide whether any changes will be made to the program moving forward. Current requirements for these meals:

### Breakfast\*

Select 3-4 different components

- ☐ Fruit
- ☐ Grain
- ☐ Protein
- ☐ Milk

### Lunch\*

Select 3-5 different components

- ☐ Fruit
- ☐ Veggie
- ☐ Grain
- ☐ Protein
- ☐ Milk

\*Each meal must include 1/2 cup fruit and/or veggie. Student meals meeting USDA requirements are free, those that do not, will be charged the adult meal price.



## Apply for Free or Reduced-Price Meal Benefits

- Families can apply online for free or reduced meals at: <https://www.myschoolapps.com/Application>
- Those families who qualify for Free or Reduced Meal Benefits are eligible for school fee/charge waivers. For more information, see Student Fees and Charges: <https://www.psdschools.org/fees>

## Menu Details at your Fingertips



Our [menu webpage](#) is interactive! Click each item for menu pictures, allergens, nutrition and ingredient details.

## Kids Cooking Celebration

We'd love for your child to join us for our fun and friendly annual cooking celebration! Participants can choose from a variety of international recipes to prepare. Their creations will be reviewed by local culinary professionals. This celebration offers a fantastic opportunity to build skills and confidence in the kitchen. To learn more or sign up, please email us at: [nutrition@psdschools.org](mailto:nutrition@psdschools.org)



## Work While your Kids are in School

And be off when they are off! We are looking for full-time, part-time, and substitute positions and offer competitive pay rates. Check [PSD Employment](#) for details.

## Special Dietary Needs

If your student has a food allergy or special diet need, visit our [Special Food Needs](#) webpage. Vegetarian modifications available daily. For questions, please contact Becky Wiggins:

[rwiggins@psdschools.org](mailto:rwiggins@psdschools.org)



## Biometric Meal Program

For the 3rd year, students at all Poudre School District schools will checkout in the cafeteria with a quick tap of their finger using biometric technology. For more information, visit our [Biometric Meal Program](#) webpage.

## SchoolPay<sup>®</sup>

To set up an account with School Pay, view meal activity, check balances, or make payments, log in at:

<https://psdschools.schoolpay.com/>

or call 1-888-886-9729 (#888-88-MYPAY).

## Follow PSD Child Nutrition

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