



# 2021



View a full schedule of [Phase Planning](#)



Read PSD's updated [COVID-19 protocols](#)



Review PSD's 2020-21 protocols for [Health & Safety](#)



More information: [PSD's 2020-21 School Year and COVID-19 data](#)

## Quarantining during the second semester

Poudre School District's [protocols](#) for voluntary shortened quarantines, meeting public health criteria

### Quarantine vs. Isolation: Both help slow the spread of COVID-19

#### Quarantine: *stay home*

- For anyone who is a close contact of someone with COVID-19; health department issues legal orders
- **10 days** from last date of exposure in most instances
- **14 days** from last date of exposure if case involves a COVID-19 variant
- Cannot participate in PSD or non-PSD athletics, activities, etc.
- **New for second semester:** When PSD COVID-19 Response Teams conduct contact tracing investigations, they will submit names of all possible close contacts of a case to LCDHE. LCDHE will verify whether anyone on the list has been fully vaccinated. Those who have a verified vaccination status will not have to quarantine.

#### Isolation: *stay away from other people, including in your household*

- For anyone diagnosed with COVID-19; health department issues legal orders
- **10 days** from the date symptoms started until symptoms improve and at least **24 hours fever-free** without using fever-reducing medicines; can return to activities on **11th day**
- If no symptoms, isolate **10 days** from date you were tested, returning to activities on **11th day**
- Cannot participate in PSD or non-PSD athletics, activities, etc.
- Testing is not required or recommended to leave isolation because it is possible to test positive for up to 90 days after recovering, even though you are no longer able to spread the virus to others

## Poudre School District

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# PSD's new quarantine protocols

As allowed by [county](#) and state public health guidance effective March 22, asymptomatic staff and student close contacts can voluntarily end their quarantines early if they meet strict criteria and are approved by PSD COVID-19 Response Teams to do so.



## When asymptomatic close contacts *can* leave quarantine early

The [Centers for Disease Control and Prevention](#) accepts two alternative options for quarantine:

- **7-day option:** if no symptoms, a person may quarantine for 7 days and return to normal activities on day 8 if a negative test was collected within the previous 48 hours (on day 6 or later).
- **10-day option:** if it has been 10 days since a person was exposed and they do not have symptoms, they can return to normal activities on day 11 without a test.
- Test negative on any (PCR, BinaxNOW, Abbott ID NOW, etc.) COVID-19 test
- Start the process by contacting the respective department or school COVID-19 Response Team. Written documentation of negative test results is required
- Obtain approval from PSD COVID-19 Response Team before ending quarantine early and returning to school or work



*Note:* Symptomatic close contacts of a case must either isolate for 10 days from symptom onset (if they test negative after symptom onset) or quarantine for 14 days. Those with illness symptoms should follow [Colorado Department of Public Health and Environment \(CDPHE\) Return to Learn guidance](#) for schools.



## When asymptomatic close contacts *cannot* return early

The option to end quarantine and return to PSD classes and athletics/extracurricular activities early only applies to cases where a student may access a class and/or activity in-person.

- In elementary schools, all students in a classroom are shifted to remote education for 10 days from the last date of exposure to a COVID-19 case. During this time, the educational option is remote learning. **Students may not “test back” into class early because the classroom will remain closed to all until a date communicated by the school.**
- If an elementary classroom is open to in-person learning, an elementary student could be cleared to complete quarantine early and return to class. E.g. Student is identified as a close contact of a COVID-19 case in their household but there is no case at school, so the class isn't shifted to remote learning.
- If a case involves a COVID-19 variant (see Quarantine vs. Isolation for more).



PSD believes access to education is critical to student success. This change also aligns with the CDPHE's recent loosening of organized sports guidelines. Additionally, the [Larimer County Department of Health and Environment \(LCDHE\)](#) has reported that more students who test positive for COVID-19 but are asymptomatic have been discovered because they were tested as part of the process to end their quarantines early at other schools in the county that have already implemented this protocol.

**The 3 W's**  
to reduce risk of COVID-19  
3 medidas para reducir el riesgo de contraer la COVID-19

- WEAR a mask**  
USAR tapabocas
- WASH your hands**  
LAVARSE las manos
- WATCH your distance**  
MANTENER su distancia

**IMPORTANT!** If you have any symptoms related to COVID-19, please do not enter this building. **¡IMPORTANTE!** Si tiene algún síntoma relacionado con la COVID-19, no entre a este edificio.

Sources: [Larimer County Department of Health and Environment](#), [Colorado Department of Public Health and Environment](#), [Centers for Disease Control and Prevention](#)



## Vaccinations, PPE and quarantines

Vaccinated individuals will continue to follow all health and safety and personal protective equipment guidelines.

[LCDHE](#) is following CDC guidance for fully vaccinated individuals (14 days after final dose: Refrain from quarantine if not symptomatic). When there is a COVID-19 case, the respective PSD department or school COVID-19 Response Team (CRTs) will conduct a contact tracing investigation

with LCDHE. CRTs submit information to LCDHE for any one identified as a possible close contact of the case. LCDHE will verify state vaccination records to determine whether anyone on the list is fully vaccinated. If they are, that individual will not be quarantined.