NORTHERN COLORADO COMMUNITY

RESOURCE GUIDE

Updated February 2023

INTRODUCTION

ABOUT THIS GUIDE

The many community partners that serve youth and families want to do their best to support Poudre School District (PSD) school leaders and staff by ensuring they can connect students and families to relevant support resources.

While there are resources in the community designed to inform school staff about services, there remains a gap in information. To help bridge this gap and meet an immediate, identified need, the following compilation of resources was created to help **people to** easily find information about community resources in three key categories (Social and Emotional Development, Enrichment Activities, and Basic Needs).

This guide:

- provides links to resources currently available within the PSD boundary.
- builds on existing information.
- is focused on services for youth and families, unless otherwise noted.
- provides resources as a public service only. PSD does not endorse or recommend one organization over another.

The guide is not a comprehensive list of resources in the community, but is designed to direct individuals to resources that align with needs occurring within schools. We will update this document, as needed, and welcome feedback for improvement.

HOW TO USE THIS GUIDE

This document is interactive. Hyperlinks can be found throughout that will help to navigate within the document or access external web resources. This guide is organized into three categories:

- Social and Emotional Development
- Enrichment Activities
- Basic Needs

Additional resources are listed in the back of this guide.

Poudre School District is sharing this guide as a community service; making it publicly available on PSD's platforms does not constitute an endorsement of any one organization, business, or resource. As noted, it is not comprehensive of all services and resources in the Northern Colorado community.

TABLE OF CONTENTS

01 SOCIAL AND EMOTIONAL DEVELOPMENT

02 Mental Health
04 Crisis Counseling
06 Substance Use Disorder
08 Physical / Sexual Abuse and Neglect
10 LGBTQ+ Resources
11 Diversity Programs and Services

12 ENRICHMENT ACTIVITIES

13 Mentoring
14 Arts and Culture
17 Summer and After-School Activities
21 Learning Opportunities

26 BASIC NEEDS

28 Food and Clothing
31 Housing Support
34 Health and Emergency Services
37 Transportation
39 Disability Services
40 Childcare
42 Legal Services
44 Assistance for Undocumented Families

45 ADDITIONAL RESOURCES

SOCIAL AND EMOTIONAL DEVELOPMENT

Social and Emotional Development refers to the skills necessary to foster secure attachment with adults; maintain healthy relationships; regulate behavior and emotions; and develop a healthy concept of personal identity and executive functioning. Positive social and emotional development provides an important foundation for lifelong development and learning. Social and Emotional Development includes mental health, crisis counseling, substance use disorder, physical/sexual abuse and neglect, LGBTQ+ resources, and diversity programs and services.

02 Mental Health

04 Crisis Counseling

06 Substance Use Disorder

08 Physical / Sexual Abuse and Neglect

10 LGBTQ+ Resources

11 Diversity Programs and Services

MENTAL HEALTH

TABLE OF CONTENTS

The PSD mental health services team offers a comprehensive approach to serving students and families by blending school resources with community resources. School-based and school-linked programs provide students with early intervention, crisis intervention, prevention, and treatment to address their specific needs.

See **psdschools.org/student-assistance-services** for information about the PSD mental health services. The following external resources can be accessed directly.

Center for Family and Couple Therapy (CSU)

Services Provided: Therapy for families, couples, individuals, adolescents, and children.

Sliding scale fees.

Website:
cfct.chhs.colostate.edu

Location:
Colorado State University
502 W Lake St
Gifford Bldg, Rm 119
Fort Collins, CO 80523

Phone:
970-491-5991

Email:
cfct@colostate.edu

Health District of Northern Larimer County—Mental Health Connections

Services Provided: Information on counseling and treatment options; referrals to local counselors; treatment programs; classes; support groups; and other mental health services.

CAYAC (Child, Adolescent, and Young Adult Connections) is a community partnership for early identification of mental health and substance use disorders that affect health, happiness, family, and school.

Services are free except for counseling, which is low-cost and based on ability to pay.

Bilingual (English, Spanish) services available.

Also see **Substance Use Disorder** and **Health and Emergency Services**.

Website:
healthdistrict.org/services/connections-adult-services

Location:
425 W Mulberry St
Ste 112
Fort Collins, CO 80524

Hours:
Monday-Friday, 8am-5pm

Walk-In Services 8am-4pm
Assistance by phone available 24/7.

Phone:
970-221-5551

Mountain Crest Behavioral Health Center (UCHealth)

Services Provided: Comprehensive mental health assessments and treatment programs for adolescents, adults, seniors, and families. Inpatient and outpatient programs are available.

Also see **Substance Use Disorder.**

Website:
uchealth.org/locations/uchealth-mountain-crest-behavioral-health-center

Location:
4601 Corbett Dr
Fort Collins, CO 80528

Hours:
Emergency assessments available 24/7.

Phone:
970-207-4800

Salud Family Health Center

Services Provided: Screening for stressors and immediate support and/or referrals. Provides outreach to migrant school-age children with immunization, dental care, and medical services. Mobile health unit provides comprehensive medical services.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Also see **Health and Emergency Services**.

Website:
saludclinic.org

Two Locations:
1635 Blue Spruce Dr
Fort Collins, CO 80524

Medical Hours:
Monday-Wednesday, 7:30am-7pm
Thursday-Friday, 7:30am-5pm

Dental Hours:
Monday-Friday, 8am-5pm

Phone:
970-484-0999

303-MYSALUD
(697-2583)
24/7 access to a health provider.

1830 Laporte Ave
Fort Collins, CO 80521

Medical Hours:
Monday-Friday, 7:30am-5pm

Dental Hours:
Monday-Friday, 8:30am-4:30pm

Phone:
970-484-0999

303-MYSALUD
(697-2583)
24/7 access to a health provider.

SummitStone Health Partners

Services Provided: Counseling and family support services focused on mental and behavioral health issues and concerns.

Bilingual (English, Spanish) services available.

Also see **Crisis Counseling**.

Website:
summitstonehealth.org

Location:
Adult, Children & Family Services
700 Centre Ave
Fort Collins, CO 80526

Hours:
Monday-Friday, 8am-5pm

Phone:
970-494-4200

UCHealth Family Medicine Center

Services Provided: Primary care clinic with integrated health care model. Minor consent and confidentiality laws apply.

Accepts most forms of health insurance, including Medicaid and OmniSalud.

Bilingual (English, Spanish) services available.

Website:
uchealth.org/locations/uchealth-family-medicine-center-fort-collins

Location:
1025 Pennock Pl
Ste 114
Fort Collins, CO 80523

Hours:
Monday-Friday, 8am-5pm

Phone:
970-491-5093

Email:
ctrac@colostate.edu

CRISIS COUNSELING

Alliance for Suicide Prevention of Larimer County

Services Provided: Information about suicide prevention, lending library, support group referral, community resources, and free educational programs for adults and youth through grief support groups and RAPP, a school-based suicide education and prevention program.

Not a crisis center.

Free.

Website:
allianceforsuicideprevention.org

Location:
525 W Oak St
Suite B10
Fort Collins, CO 80521

Phone:
970-482-2209

Email:
info@suicideprevent.org

Additional Crisis Resources:
National Suicide Hotline: 1-800-273-TALK (8255)
Colorado Crisis Support: 1-844-493-TALK (8255)

Crossroads Safehouse

Services Provided: Safe emergency housing for victims of domestic abuse; crisis intervention; legal assistance; transitional housing; education; information; and referral services.

Free.

Bilingual (English, Spanish) services available.

Also see **Physical/Sexual Abuse and Neglect** and **Legal Services**.

Website:
crossroadssafehouse.org

Hours:
Monday-Friday, 9am-5pm

Emergency shelter and assistance available 24/7.

24/7 Crisis Line:
970-482-3502

Toll-Free Crisis Line:
1-888-541-SAFE (7233)

Email:
mail@crossroadssafehouse.org

Larimer County Children, Youth, and Family Services—The Hub

Services Provided: Services for youth ages 0-18 and their families including: child protection screening and assessment, detention, early intervention services, individual and/or family counseling, and 24/7 assistance in investigating allegations of child abuse and neglect.

Free.

Bilingual (English, Spanish) services available.

Website:
larimer.org/humanservices/cyf/hub

Location:
2555 Midpoint Drive
Suite F
Fort Collins, CO 80525

Hours:
Monday-Friday, 8am-4:30pm

The Hub is staffed 24/7 by a team of intake specialists.

Child Protection Hotline:
970-498-6990

Sexual Assault Victim Advocate (SAVA) Center

Services Provided: Crisis hotline; direct services; medical and legal advocacy to help sexual assault survivors understand their rights. Weekly support groups for primary and secondary survivors. Prevention and education programs for youth and adults.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Also see **Physical/Sexual Abuse and Neglect**.

Website:
savacenter.org

Location:
4812 S College Ave
Fort Collins, CO 80524

Hours:
Monday-Friday, 8:30am-5pm

Phone:
970-472-4204

24/7 Rape Crisis Hotline:
970-472-4200 or
877-352-7273

SummitStone Health Partners

Services Provided: Behavioral health crisis support for all ages. Walk-in availability with short-term respite or residential treatment when needed. Community Crisis Clinic for ages 18 years and older. Mobile crisis counselors available to travel throughout Larimer County for crisis intervention and deescalation. Follow-up care, assessment, and intervention.

Free and sliding scale fees.

Bilingual (English, Spanish) services available.

Also see **Mental Health**.

Website:
summitstonehealth.org

Location:
1217 Riverside Ave
Fort Collins, CO 80524

Hours:
8am-Midnight

Phone:
970-494-4200

Crisis Line:
1-844-493-TALK (8255)

CSU Trauma and Resilience Assessment Center (CTRAC)

Services Provided: Resilience-based trauma assessments and recommendations that focus on helping individuals and families recognize, understand, and value their own strengths in responding to and healing from trauma. Training and consultation for professionals serving those impacted by trauma.

Assessments available for ages 4 years and older. Medicaid accepted (no private insurance).

Website:
chhs.colostate.edu/ctrac

Location:
502 W Lake St
Fort Collins, CO 80523

Hours:
Monday-Friday, 9am-5pm

Phone:
970-491-5093

Email:
ctrac@colostate.edu

AL-ANON & ALATEEN

Services Provided: Support and programming for anyone affected by a relative's or friend's drinking.

Free.

Bilingual (English, Spanish) services available.

Website:
al-anon-noco.org/index.html

Location:
District 20 PO Box 1207
Fort Collins, CO 80527

Phone:
970-488-1383

Email:
alanonfort@gmail.com

24/7 Hotline:
970-2AL-ANON (970-225-2666)

Alcoholics Anonymous (AA)

Services Provided: Support groups and programming for individuals with alcohol related problems.

Literature translation services available.
Spanish-speaking-only groups vary by region.

Website:
northcoloradoaa.org

Location:
155 N College Ave #120
Fort Collins, CO 80524

24/7 Hotline:
970-224-3552

Email:
officemanager@northcoloradoaa.org

Health District of Northern Colorado—Step Free From Tobacco Program

Services Provided: Six-week class run by Tobacco Treatment Specialists. Free nicotine patches, gum, and lozenges. Individual, buddy, or group sessions available.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Also see **Mental Health** and **Health and Emergency Services**.

Website:
healthdistrict.org/services/quit-smoking

Location:
120 Bristlecone Dr
Fort Collins, CO 80524

Hours:
Monday-Friday, 8am-5pm

Walk-In Hours:
Monday-Friday, 8am-4pm

24/7 Hotline:
970-224-5209

Email:
quitsmoking@healthdistrict.org

Larimer County Department of Health and Environment

Services Provided: Information and resources about tobacco education, prevention, policy, and cessation for youth and adult populations.

Free and sliding scale fees.

Bilingual (English, Spanish) services available.

Website:
larimer.org/health/chronic-disease-and-injury-prevention/tobacco-prevention

Location:
1525 Blue Spruce Dr
Fort Collins, CO 80524

Hours:
Monday-Friday, 8am-4:30pm

Phone:
970-498-6700

Mountain Crest Behavioral Health Center (UCHealth)

Services Provided: Chemical dependency intensive outpatient program that focuses on education, prevention of relapse, and effective ways to deal with life stress.

Also see **Mental Health**.

Website:
uchealth.org/services/addiction-treatment

Location:
4601 Corbett Dr
Fort Collins, CO 80528

Hours:
Emergency assessments available 24/7.

Phone:
970-207-4800

Narcotics Anonymous (NA)

Services Provided: Support groups for individuals with narcotics related problems.

Website:
nacolorado.org/meetings

See website for meeting locations and information.

Phone:
970-282-8079

Email:
nacolorado@nacolorado.org

The Center for Family Outreach

Services Provided: Substance use disorder prevention classes for youth. Education, intervention, and support for families who are challenged by the adolescent years.

Free and sliding scale fees.

Bilingual (English, Spanish) services available.

Website:
tcffo.org

Location:
212 W Mountain Ave
Fort Collins, CO 80521

Hours:
Monday-Friday, 8:30am-5pm

Phone:
970-495-0084

PHYSICAL/SEXUAL ABUSE AND NEGLECT

ChildSafe Colorado, Inc.

Services Provided: Treatment program for child and adult victims of childhood abuse (particularly child sexual abuse) and their non-offending family members.

Coordinates services with law enforcement, child protection agencies, schools, medical professionals, and other mental health providers.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Website:
childsafecolorado.org

Location:
2001 South Shields St
Bldg K
Fort Collins, CO 80526

Hours:
Monday-Thursday, 9am-7pm
Friday, 9am-3pm

Phone:
970-472-4133

Crossroads Safehouse

Services Provided: Safe emergency housing available 24/7; crisis intervention; legal assistance; transitional housing; victim abuse education and information; and referral services.

Free.

Bilingual (English, Spanish) services available.

Also see **Crisis Counseling** and **Legal Services**.

Website:
crossroadssafehouse.org

Hours:
Monday-Friday, 9am-5pm

Emergency shelter and assistance available 24/7.

24/7 Crisis Line:
970-482-3502

Toll-Free Crisis Line:
1-888-541-SAFE (7233)

Email:
mail@crossroadssafehouse.org

Larimer County Children, Youth, and Family Services—Child Protection Services

Services Provided: Support for youth ages 0-17 years, and their families. 24/7 assistance in responding to allegations of child abuse and neglect. Response includes assessment of risk and safety, as well as support for families through the provision of early intervention, prevention, and trauma informed services.

Free.

Bilingual (English, Spanish) services available.

Website:
larimer.org/humanservices/cyf/childprotection

Location:
2555 Midpoint Dr
Ste F
Fort Collins, CO 80525

Hours:
Monday-Friday, 8am-4:30pm

Staffed 24/7 by a team of intake specialists.

Phone:
970-498-6990

Report child abuse or neglect 24/7.

Sexual Assault Victim Advocate (SAVA) Center

Services Provided: Crisis hotline; direct services; medical and legal advocacy to help sexual assault survivors understand their rights. Weekly support groups for primary and secondary survivors. Prevention and education programs for youth and adults.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Also see **Crisis Counseling**.

Website:
savacenter.org

Location:
4812 S College Ave
Fort Collins, CO 80524

Hours:
Monday-Friday, 8:30am-5pm

Phone:
970-472-4204

24/7 Rape Crisis Hotline:
970-472-4200 or
877-352-7273

Crawford Child Advocacy Center (formerly Voices Carry Child Advocacy Center)

Services Provided: Child abuse prevention, victim support, family advocacy, forensic interviews, crisis intervention, referrals (i.e. domestic violence shelters, parenting classes, restraining orders, housing, etc.). Information about victim rights and compensation, and the child protection and criminal justice systems.

Free.

Bilingual (English, Spanish) services available.

Website:
crawfordcac.org

Location:
5529 S Timberline Rd
Fort Collins, Colorado 80528

Phone:
970-407-9739

Northern Colorado Equality (NOCO Pride)

Services Provided: Support, resources, advocacy, and diversity education. Providing safe spaces, meetups and workshops for youth, individuals, and families.

Free.

Website:
northerncoloradopride.wordpress.com

Phone: 970-445-2863
Hours: 9am-9pm
Email: northerncoloradopride@gmail.com

PFLAG Fort Collins / Northern Colorado

Services Provided: Support for families, allies, and people who are LGBTQ+. Education about unique issues and challenges facing people who are LGBTQ+. Advocacy through Safe Schools program.

Free.

Website:
pflag.org/chapter/pflag-fort-collinsnorthern-colorado

Phone: 970-407-0300
Email: pflag.noco@gmail.com

NoCoSafeSpace

Services Provided: Provides highly knowledgeable and professional facilitation and information to employers on LGBTQ+ issues.

Low-cost.

Website:
nocosafespace.com

SPLASH (Support, Pride, Learning, and Social Happenings)

Services Provided: Provides activities to help peers learn transferable professional, leadership, and communication skills through a hands-on approach with often immediate feedback from peers, and guidance from experienced community leaders.

Free.

Website:
splashnoco.org

Phone: 970-444-5423 (Text)
Email: focosplash@gmail.com

DIVERSITY PROGRAMS AND SERVICES

Asian/Pacific American Cultural Center (A/PACC)

Website: apacc.colostate.edu

Location: Colorado State University, 333 Lory Student Center

Phone: 970-491-6154

Black/African American Cultural Center (B/AACC)

Website: baacc.colostate.edu

Location: Colorado State University, 333 Lory Student Center

Phone: 970-491-5781

Cultural Enrichment Center of Fort Collins

Website: fococec.org

Location: 2439 S College Ave, Ste C, Fort Collins, CO 80525

Phone: 970-342-5292

Email: cec.foco@gmail.com

Also see **Arts and Culture**, **Summer and After-School Activities,** and **Learning Opportunities.**

El Centro

Website: elcentro.colostate.edu

Location: Colorado State University, 225 Lory Student Center

Phone: 970-491-5722

Gay, Lesbian, Bisexual, Transgender, Queer, Questioning, and Ally Resource Center

Website: glbtrc.colostate.edu

Location: Colorado State University, 232 Lory Student Center

Phone: 970-491-4342

Native American Cultural Center (NACC)

Website: nacc.colostate.edu

Location: Colorado State University, 327 Lory Student Center

Phone: 970-491-1332

Student Disability Center

Website: disabilitycenter.colostate.edu

Location: Colorado State University, TILT Building, room 121

Phone: 970-491-6385

Women and Gender Advocacy Center

Website: wgac.colostate.edu

Location: Colorado State University, 112 Student Services

Phone: 970-491-6384

ENRICHMENT ACTIVITIES

Enrichment refers to the many things that students do beyond their academic pursuits and the normal requirements of their school life. Enrichment activities could include physical activity to develop motor skills; social support in the school, home, or community; access to arts and culture; etc. Enrichment Activities include mentoring; arts and culture; summer and after school activities; and learning opportunities.

13 Mentoring

14 Arts and Culture

17 Summer and After-School Activities

21 Learning Opportunities

MENTORING

Campus Connections

Services Provided: Campus-based mentoring program for youth, ages 10-18 years, who are at risk for not reaching their full potential.

School staff, parents/caregivers can refer youth directly to **Campus Connections**.

Free.

Bilingual (English, Spanish) services available.

Website:
chhs.colostate.edu/cc/youth-involvement

Location:
Colorado State University
502 W Lake St
Gifford Bldg, Rm 142
Fort Collins, CO 80523

Phone:
970-492-4004

Email:
campusconnections@colostate.edu

The Matthews House

Services Provided: Coaching, tutoring, life-skills courses that support youth, ages 14-21 years, including education advancement, safe places, leadership, mentoring, job readiness, and experiential education activities.

Free.

Bilingual (English, Spanish) services available.

Also see **Summer and After-School Activities**, **Learning Opportunities**, and **Housing Support.**

Website:
thematthewshouse.org

Location:
Youth and Family Center
415 Mason Ct #1
Fort Collins, CO 80524

Hours:
Monday-Friday, 9am-5pm

Phone:
970-472-0609

Email:
info@thematthewshouse.org

Larimer County Partners

Services Provided: Social, emotional, and academic support through school- and community-based mentoring programs matching at risk youth, ages 7-17 years, with adult volunteers for mentoring and life skill activities.

Referral from counselor or other professional who works with youth and families required.

Free.

Bilingual (English, Spanish) services available.

Website:
poweredbypartners.org

Location:
530 South College Ave Unit 1
Fort Collins, CO 80524

Hours:
Monday-Friday, 8:30am-5pm

Phone:
970-484-7123

Blast N Scrap

Services Provided: Performance and workshop opportunities for young and emerging artists, with a focus on music. Programs include: Band BLAST OFF! (summer music instruction); Cape Pals (making capes to support good causes); Craft N Act (community theater for youth); Grrrls Scrap Back (safe space for femme/trans/nonbinary/gender queer creatives); Scrapped Magazine (community zine); Scrappy Tracking (mixing and recording); and Scrapyard Garb (sustainable screen printing).

Sliding scale fees.

Website:
blastnscrap.org

Location:
Blast N Scrap currently operates as a pop-up.

Current programs are delivered out of The Art Lab, Cultural Enrichment Center, Funktional, and other spaces.

Phone:
973-525-7087

Email:
info@blastnscrap.org

Colorado Youth Outdoors

Services Provided: After-school program for kids and their guardians to learn relationship building skills through outdoor recreation. Curriculums include fly tying, fly fishing, outdoor survival skills, archery, spin fishing, and shooting sports.

Full and sliding scale scholarships available.

Also see **Summer and After-School Activities** and **Learning Opportunities**.

Website:
coloradoyo.org

Location:
4927 E County Rd 36
Fort Collins, CO 80528

Office Hours:
8am-4:30pm

Class Hours:
1:30-3:30pm or 5:30-7:30pm

Phone:
970-663-0800

Email:
info@coloradoyo.org

Cultural Enrichment Center of Fort Collins

Services Provided: After-school program for Black middle and high school students. Each day is focused on a different topic (e.g. music, art, video production, computer programming, Black history, etc.).

Free.

Also see **Diversity Programs and Services, Summer and After-School Activities,** and **Learning Opportunities.**

Website:
fococec.org

Location:
2439 S College Ave
Ste C
Fort Collins, CO 80525

Office Hours:
Tuesdays, Wednesdays, Thursdays
4-6:30 p.m.

Phone:
970-342-5292

Email:
cec.foco@gmail.com

Debut Theatre Company

Services Provided: Quality classical theater classes in the spring, summer and fall for ages 6-17 years. Theater performances for the entire family at the Lincoln Center in May and Oct.

Contact for pricing.

Website:
debuttheatre.org

Location:
827 Riverside Ave
Fort Collins, CO 80524

Office Hours:
Monday-Friday, 1-4 pm
See website for class schedules.

Phone:
970-224-5774

Email:
debuttheatre@gmail.com

Foundation Music School

Services Provided: Music classes, music lessons, and music therapy for all ages and abilities. Ongoing programs, one-time classes, and school-out day camps also available.

Scholarships available.

Bilingual (English, Spanish) services available.

Also see **Learning Opportunities**.

Website:
foundationmusicschool.org

Location:
3663 S College
Unit 13
Fort Collins, CO 80525

Phone:
970-407-9084

Email:
info@foundationmusicschool.org

Howdy Neighbor Events

Services Provided: Hosts Fort Collins Comic Con, a pop-culture, art, and creative expo; and Founded in FoCo, a week-long peer-to-peer educational event aimed at supporting small businesses, solopreneurs, and the startup community.

Fort Collins Comic Con: $20 for ages 13 and up. Volunteers attend for free.
Founded in FoCo: Free.

Website:
howdyneighbor.events

Location:
2519 S Shields St
Ste 1K, Box 154
Fort Collins, CO 80526

Phone:
970-581-3036

Email:
nick@howdyneighbor.events

Off the Hook Arts

Services Provided: Enriches children's lives through free group music lessons and instruments. Enhances the diversity of music performances in our community through intimate concerts of classical, jazz, and world music.

Free and low cost programs available.

Also see **Learning Opportunities**.

Website:
offthehookarts.org

Location:
1001-A E Harmony Rd
#260
Fort Collins, CO 80525

Phone:
970-305-2261

Email:
jephtabernstein@gmail.com

Wild Roots Studio

Services Provided: Offers soulful nature-based crafting and art skills workshops for all ages with the intention of seeking ways to tap into our wild creativity and strengthen our connection to nature.

Scholarships available.

Also see **Learning Opportunities**.

Website:
wildrootsstudio.com

Location:
444 N Sunset St
Fort Collins, CO 80521

Phone:
970-412-4523

Email:
alie@wildrootsstudio.com

Boys & Girls Clubs of Larimer County

Services Provided: Onsite recreational, educational, and life skill programming for youth, ages 6-18 years. Personal and career counseling, leadership training, character development, space for homework, one-on-one tutoring, college and vocational preparation, and access to computer lab. Programs include health and hygiene; bullying prevention; drug, tobacco, and alcohol prevention; teen pregnancy prevention; conflict and anger management; and peer mediation.

Sliding scale fees. Membership is $10/year.

Bilingual (English, Spanish) services available.

Also see **Learning Opportunities**.

Website:
begreatlarimer.org

Program Support Office:
103 Smokey St
Fort Collins, CO 80525

Clubhouses are located in Fort Collins, Wellington, Estes Park and Loveland.

School Day Hours:
Monday-Friday, 2:30-7pm

Out of School Day Hours:
Monday-Friday, 7:30am-6pm

Summer Programs:
Monday-Friday, 7:30am-6pm

Phone:
970-223-1709

Programming occurs when schools are closed, winter and spring breaks, and during the summer months.

Email:
info@bgclarimer.org

Colorado State University Youth Sports Camps

Services Provided: Variety of summer camp programs, ranging from specific sport training camps (baseball camps, basketball camps, inline hockey camps, lacrosse camps, soccer camps, softball camps, tennis camps, and volleyball camps) to multi-activity camps like music and movement (dance, martial arts, aerobics, and gymnastics camps), Super Sport (swim lessons, field trips, and health sport-specific programming), FunLIFE (health and nutrition camps), and Sport Science.

Fee-based. Scholarships available.

Website:
chhs.colostate.edu/hes-youth-sport-camps

Location:
186 Moby Complex B
951 Plum St
Fort Collins, CO 80523

Phone:
970-491-6318

Email:
ysc@colostate.edu

Colorado Youth Outdoors

Services Provided: After-school program for kids and their guardians to learn relationship building skills through outdoor recreation. Curriculums include fly tying, fly fishing, outdoor survival skills, archery, spin fishing, and shooting sports.

Full and sliding scale scholarships available.

Also see **Arts and Culture** and **Learning Opportunities**.

Website:
coloradoyo.org

Location:
4927 E County Rd 36
Fort Collins, CO 80528

Office Hours:
8am-4:30pm

Class Hours:
1:30-3:30pm or 5:30-7:30pm

Phone:
970-663-0800

Email:
info@coloradoyo.org

Cultural Enrichment Center of Fort Collins

Services Provided: After-school program for Black middle and high school students. Each day is focused on a different topic (e.g. music, art, video production, computer programming, Black history, etc.).

Free.

Also see **Diversity Programs and Services**, **Arts and Culture**, and **Learning Opportunities.**

Website:
fococec.org

Location:
2439 S College Ave
Ste C
Fort Collins, CO 80525

Office Hours:
Tuesdays, Wednesdays, Thursdays
4-6:30 p.m.

Phone:
970-342-5292

Email:
cec.foco@gmail.com

The Family Center / La Familia

Services Provided: Services and advocacy to strengthen and stabilize families with children. Homework assistance program for K-12 students.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Also see **Childcare**.

Website:
thefamilycenterfc.org

Location:
309 Hickory St #5
Fort Collins, CO 80524

Hours:
Monday-Friday, 8am-5pm

Early Childhood Center
(El Nidito):
Monday-Friday, 6:30am-6pm

Phone:
970-221-1615

Email:
info@thefamilycenterfc.org

Fort Collins Museum of Discovery

Services Provided: Programs and events ranging from musical performances and lectures to stargazing and hands-on science labs, as well as youth summer programs.

Opportunity Program offers free memberships to Head Start students and their families. Covers the admission fees for free and reduced lunch students visiting on school field trips; provides a limited number of scholarships for summer programs; and supports FCMOD's quarterly free days.

Some programs fee-based, others are free.

Bilingual (English, Spanish) services available.

Website:
fcmod.org

Location:
408 Mason Ct
Fort Collins, CO 80524

Hours:
Tuesday-Sunday, 10am-5pm
Thursday, 10am-8pm

Phone:
970-221-6738

The Fort Collins Recreation Department / The Recreator

Services Provided: Comprehensive community resource with information about the City of Fort Collins Recreation facilities, programs, events, and activities. Published quarterly and available throughout the community and online.

Free. (Programs are free and low-cost.)

Website:
fcgov.com/recreator

Phone:
970-221-6655

Friends of the Gardens on Spring Creek

Services Provided: Variety of youth programs, classes, and special events to introduce and engage children to the wonders of the natural world.

Ongoing programs, one-time classes, and spring break and summer camps are developed with all age groups in mind, including toddlers and preschoolers. Many parent and child opportunities exist in addition to several experiential opportunities.

Low cost. Scholarships available.

Bilingual (English, Spanish) services available.

Website:
fcgov.com/gardens

Location:
2145 Centre Ave
Fort Collins, CO 80526

Hours:
May 1-Sept. 30
Thursday-Tuesday, 10am-5pm
Wednesday, 10am-8pm

Oct. 1–Apr. 30
10am-5pm

Phone:
970-416-2486

Email:
gardens@fcgov.com

The Matthews House

Services Provided: Various family and youth programing opportunities for children, adults, and families, including dance programs, Zumba, pickup basketball, parenting classes, job readiness and one-on-one transition facilitation for families. Adult education programs as well as after school programming for elementary and middle school students.

Free.

Bilingual (English, Spanish) services available.

Also see **Mentoring**, **Learning Opportunities**, and **Housing Support.**

Website:
thematthewshouse.org

Two Locations:
Community Life Center @ First Pres.
531 S College Ave
Fort Collins, CO 80524

Hours:
Monday-Thursday, 9am-6pm
Friday, 9am-5pm

Community Life Center at Genesis Project
400 S Link Ln
Fort Collins, CO 80524

Hours:
Monday-Friday
By Appointment.

Phone:
970-449-5191

Email:
info@thematthewshouse.org

Northside Aztlan Community Center

Services Provided: Fitness and events facility with a variety of activities, classes, programs, sports, and special events.

Organized activities are designed for ages 12-18 years, but all ages are welcome.

Some programs are fee-based, others are free.

Bilingual (English, Spanish) services available.

Website:
fcgov.com/recreation/north-aztlan.php

Location:
112 E Willow St
Fort Collins, CO 80524

Hours:
Monday-Friday, 6am-9pm
Saturday, 8am-5pm
Sunday, 9am-5pm

Youth Nights:
Thursday, 3-9pm
Free for ages 12-18.

Organized activities take place from 6-8pm.

Phone:
970-221-6256

Boys & Girls Clubs of Larimer County

Services Provided: Onsite recreational, educational, and life skill programming for youth, ages 6-18 years. Personal and career counseling, leadership training, character development, space for homework, one-on-one tutoring, college and vocational preparation, and access to computer lab. Programs include health and hygiene; bullying prevention; drug, tobacco, and alcohol prevention; teen pregnancy prevention; conflict and anger management; and peer mediation.

Sliding scale fees. Membership is $10/year.

Bilingual (English, Spanish) services available.

Also see **Summer and After-School Activities**.

Website:
begreatlarimer.org

Program Support Office:
103 Smokey St
Fort Collins, CO 80525

Clubhouses are located in Fort Collins, Wellington, Estes Park and Loveland.

School Day Hours:
Monday-Friday, 2:30-7pm

Out of School Day Hours:
Monday-Friday, 7:30am-6pm

Summer Programs:
Monday-Friday, 7:30am-6pm

Phone:
970-223-1709

Programming occurs when schools are closed, winter and spring breaks and during the summer months.

Email:
info@bgclarimer.org

Center for Community Literacy

Services Provided: Alternative literacy opportunities designed to educate and empower underserved populations (e.g. incarcerated juveniles and adults, adult learners, women, at-risk youth, English Language Learners) and to support university-community literacy outreach programs.

Free.

Website:
literacy.colostate.edu

Location:
Colorado State University
346A Eddy Hall
Fort Collins, CO 80523

Phone:
970-491-7251

Email:
clc@colostate.edu

Children's Speech and Reading Center

Services Provided: Free screenings and professional, affordable treatment and therapy services for children, ages 0-12 years, with speech, language, or reading delays.

Free.

Bilingual (English, Spanish) services available.

Website:
csrckids.org

Location:
1302 S Shield St
Unit A1-3
Fort Collins, CO 80521

Hours:
Monday-Friday, 8am-5pm

Phone:
970-419-0486

Email:
info@csrckids.org

Colorado Youth Outdoors

Services Provided: After-school program for kids and their guardians to learn relationship building skills through outdoor recreation. Curriculums include fly tying, fly fishing, outdoor survival skills, archery, spin fishing, and shooting sports.

Full and sliding scale scholarships available.

Also see **Summer and After-School Activities** and **Arts and Culture**.

Website:
coloradoyo.org

Location:
4927 E County Rd 36
Fort Collins, CO 80528

Office Hours:
8am-4:30pm

Class Hours:
1:30-3:30pm or 5:30-7:30pm

Phone:
970-663-0800

Email:
info@coloradoyo.org

Cultural Enrichment Center of Fort Collins

Services Provided: After-school program for Black middle and high school students. Each day is focused on a different topic (e.g. music, art, video production, computer programming, Black history, etc.).

Free.

Also see **Diversity Programs and Services**, **Arts and Culture**, and **Summer and After-School Activities.**

Website:
fococec.org

Location:
2439 S College Ave
Ste C
Fort Collins, CO 80525

Office Hours:
Tuesdays, Wednesdays, Thursdays
4-6:30 p.m.

Phone:
970-342-5292

Email:
cec.foco@gmail.com

Foundation Music School

Services Provided: Music classes, music lessons, and music therapy for all ages and abilities. Ongoing programs, one-time classes, and school-out day camps also available.

Scholarships available. See website for details.

Bilingual (English, Spanish) services available.

Also see **Arts and Culture.**

Website:
foundationmusicschool.org

Location:
3663 S College
Unit 13
Fort Collins, CO 80525

Phone:
970-407-9084

Email:
info@foundationmusicschool.org

The Matthews House—Homework Helpers

Services Provided: After-school program for students, ages 8-14 years, to receive homework help, make new friends, and engage in fun activities. Adult volunteers help with academic work and serve as mentors.

Free for families with children ages 18 years and younger.

Bilingual (English, Spanish) services available.

Also see **Mentoring**, **Summer and After-School Activities**, and **Housing Support.**

Website:
thematthewshouse.org

Three Locations:
Community Life Center at
First Presbyterian Church
531 S College Ave
Fort Collins, CO 80524

Hours:
Monday-Friday, 9am-7pm
Saturday, 12-5pm

Phone:
970-449-5191

Email:
info@thematthewshouse.org

Community Life Center at
Genesis Project
400 S Link Ln
Fort Collins, CO 80524

Phone:
970-449-5191

Youth and Family Center
415 Mason Ct #1
Fort Collins, CO 80524

Hours:
Monday-Friday, 9am-5pm

Phone:
970-472-0609

Off the Hook Arts

Services Provided: Enriches children's lives through free group music lessons and instruments. Enhances the diversity of music performances in our community through intimate concerts of classical, jazz, and world music.

Free and low cost programs available.

Also see **Arts and Culture.**

Website:
offthehookarts.org

Location:
1001-A E Harmony Rd
#260
Fort Collins, CO 80525

Phone:
970-305-2261

Email:
jephtabernstein@gmail.com

Poudre River Public Library District

Services Provided: Various family, youth, and adult learning opportunities and resources, including print and digital materials (books, eBooks, audiobooks, movies, music, magazines, newspapers, etc.); homework and test prep help; subject-area research databases; language learning; study rooms; public computers; and other technology. Free printing, copying, and scanning available to library cardholders.

Ongoing programs at the libraries and in the community include bilingual storytimes, STEAM activities, book clubs, out-of-school and afterschool activities, arts and crafts, and more. Adult and teen education and job preparation programs are also available. Monthly events calendar available online.

Free.

Bilingual (English, Spanish) services available.

Website:
poudrelibraries.org

Three Locations: Old Town Library 201 Petersons St Fort Collins, CO 80521	**Hours:** Monday-Thursday, 9am-8pm Friday, 9am-6pm Saturday 9am-5pm Sunday, 12-5pm	**Phone:** 970-221-6740
Harmony Library 4616 S Shields St Fort Collins, CO 80526	**Hours:** Monday-Thursday, 9am-8pm Friday, 9am-6pm Saturday, 9am-5pm Sunday, 12-5pm	**Phone:** 970-221-6740
Council Tree Library 2733 Council Tree Ave #200 Fort Collins, CO 80525	**Hours:** Monday-Saturday, 9am-8pm Sunday, 12-6pm	**Phone:** 970-221-6740

Poudre School District—Early Childhood Education

Services Provided: Quality early care and education for families and children ages 0-5 years. Children ages 0-36 months have two options: a center-based care approach or home visiting approach. For children ages 3-5 years, there are preschool options in 21 local elementary schools with many ways to qualify for reduced, free, or sliding scale options. In addition to care and education, developmental screenings, health screenings, community referrals, child socialization, and family/parenting education are also available.

Tuition slots available. Apply online or in person.

Bilingual (English, Spanish) services provided. Additional languages upon request.

Also see **Childcare**.

Website:
psdschools.org/department/early-childhood

Location: Fullana Learning Center 220 N Grant Ave Fort Collins, CO 80521	**Phone:** 970-490-3204

Vroom

Services Provided: Helps parents boost their child's learning during the time they already spend together. Vroom meets parents where they are, through the people they already trust and the places they already go.

Free.

Bilingual (English, Spanish) services available.

Website:
vroom.org

Wild Roots Studio

Services Provided: Offers soulful nature-based crafting and art skills workshops for all ages with the intention of seeking ways to tap into our wild creativity and strengthen our connection to nature.

Scholarships available.

Also see **Arts and Culture.**

Website:
wildrootsstudio.com

Location:
444 N Sunset St
Fort Collins, CO 80521

Phone:
970-412-4523

Email:
alie@wildrootsstudio.com

BASIC NEEDS

Basic Needs refers to fundamental requirements that serve as the foundation for survival. Access to the basic needs of life is necessary for the development of a strong community and a necessary precursor to individual self-sufficiency. Basic Needs include food and clothing, housing support, health and emergency services, transportation, disability services, childcare, and legal services.

28 Food and Clothing

31 Housing Support

34 Health and Emergency Services

37 Transportation

39 Disability Services

40 Childcare

42 Legal Services

44 Assistance for Undocumented Families

INTRODUCTION

TABLE OF CONTENTS

INCOME ELIGIBILITY There are a number of agencies listed in this Basic Needs domain that have income eligibility requirements for services. Individuals should inquire about eligibility. Please reference the table below for guidance on common income eligibility guidelines.

	100 % FPL	130% FPL Free Lunch	185% FPL Reduced Lunch, Food Bank Eligibility
3-Member Household	$24,860	$32,318	$45,991
4-Member Household	$30,000	$39,000	$55,000

Data as of 2023 (aspe.hhs.gov).

FOOD AND CLOTHING

Food Bank for Larimer County

Services Provided: Emergency food for low-income families and individuals. Provides hunger-relief and nutrition programs.

For more information about locations, including mobile food pantries, visit **foodbanklarimer.org/where_do_i_go**.

Free.

Bilingual (English, Spanish) services available.

Website:
foodbanklarimer.org

Location:
1301 Blue Spruce Dr
Fort Collins, CO 80524

Office Hours:
Monday-Friday, 8am-4:30pm

Food Share Hours:
Monday-Friday, 1-6 pm

Phone:
970-493-4477

Email:
info@foodbanklarimer.org

Homeward Alliance

Services Provided: Housing-focused support to help families escape and, once housed, prevent homelessness. Family Services is divided into two main program areas: Family Housing Navigation (also called the Camino a Casa Collective) and Family Resources (Family Food and Child/Teen Clothing Closet and Quarterly Family Resource Fairs).

Free.

Bilingual (English, Spanish) services available.

Website:
homewardalliance.org

Location:
242 Conifer St
Fort Collins, CO 80524

Hours:
Monday-Friday, 8am-5pm

Phone:
970-658-9878

Email:
info@homewardalliance.org

Kids Closet—First United Methodist Church

Services Provided: Gently used clothing for children, ages 0-16 years.

Free.

Website:
fcfumc.net/outreach/kidscloset

Location:
1005 Stover St
Fort Collins, 80524
Located in the basement of the church, administrative wing.

Hours:
Wednesdays, 3-6pm
Saturdays, 9am-12pm

Phone:
970-482-2436

Larimer County Department of Health and Environment—WIC (Women Infants Children)

Services Provided: Support to low-income pregnant women or women with children 5 years and younger. Special supplemental nutrition program for women, infants, and children. Provides nutritious foods and nutrition education to pregnant, breastfeeding, and postpartum women.

Free.

Bilingual (English, Spanish) services available.

Website:
larimer.org/health/maternal-child-and-family-health/wic

Location:
1525 Blue Spruce Dr
Fort Collins, CO 80524

Hours:
Monday-Friday, 8am-5:30pm
Closed on the first Wednesday of each month.

Phone:
970-498-6720

Larimer County Public Benefits

Services Provided: A variety of benefits to assist individuals and families, including food, cash, medical, or child care assistance, as well as other specialized programs.

Free.

Bilingual (English, Spanish) services available.

Website:
larimer.gov/humanservices/public-benefits

Location:
200 Peridot Ave
Loveland, CO 80537

Hours:
Monday-Friday, 8am-5pm

Phone:
970-498-6300

Meals on Wheels

Services Provided: Meals delivered to homebound seniors, individuals with disabilities, or adults who are recovering from illness or surgery and are unable to prepare meals for themselves.

Free.

Bilingual (English, Spanish) services available.

Website:
fcmow.org

Location:
1217 E Elizabeth St, Unit 11
Fort Collins, CO 80524

Hours:
Monday-Friday, 8:30am-2pm

Phone:
970-484-6325

Email:
info@mealsonwheelsfc.org

No Kid Hungry

Services Provided: Information for educators and families about school breafast, afterschool meals, summer meals, and SNAP.

Text "FOOD" (or "COMIDA") to 877877 to find a location near you.

Free.

Bilingual (English, Spanish) services available.

Website:
nokidhungry.org/find-meal-sites

bestpractices.nokidhungry.org/resource-center

Phone:
800-969-4767

Salvation Army

Services Provided: Food pantry provides free, fresh produce and canned goods.

Food box program provides food, including baby and pet items, twice a month. Meal programs provide sit-down community meals and mobile meals delivered to those who cannot reach a food distribution center.

Free.

Bilingual (English, Spanish) services available.

Website:
fortcollins.salvationarmy.org

Location:
3901 S Mason St
Fort Collins, CO, 80525

Phone:
970-207-4473

Hours:
Monday, Wednesday, 10am-12pm

Breakfast:
Monday-Friday, 8am-2pm

To-Go Lunches:
Monday-Friday, 11am-4pm

Catholic Charities—The Mission

Services Provided: Shelter and housing programming.

Free.

Bilingual (English, Spanish) services available.

Also see **Health and Emergency Services** and **Legal Services**.

Website:
ccdenver.org/homeless-shelters/the-mission

Location:
460 Linden Center Dr
Fort Collins, CO 80524

Phone:
970-484-5010

Family Housing Network

Services Provided: Emergency and stabilizing services for parents and children. Shelters and feeds families through overnight shelter program (limited space), case management services, day center, and transitional housing.

Free.

Website:
faithfamilyhospitality.org

Location:
1606 S Lemay Ave
Ste 103
Fort Collins, CO 80525

Hours:
Monday, Tuesday, Thursday, 9am-6pm
Wednesday, Friday, 9am-5pm
Saturday, 9am-4pm

Phone:
970-484-3342

Housing Catalyst

Services Provided: Develops affordable housing properties, administers rental assistance vouchers, and manages affordable apartment communities.

Contact property management team about availability in rental communities. Eligible community members can apply for housing voucher waiting lists.

Eligibility varies by community and program. Most leases and housing assistance programs have income criteria.

Translation services are available in Spanish and other languages upon request.

Website:
housingcatalyst.com

Location:
1715 W Mountain Ave
Fort Collins, CO 80521

Hours:
Monday-Friday, 8am-4pm

Phone:
970-416-2910

Email:
info@housingcatalyst.com

Homeward Alliance—Family Services Program

Services Provided: Housing-focused support and resources to help families escape or prevent homelessness. Hosts Family Food & Children/Teen Clothing Closet and quarterly Family Resource Fairs.

Free.

Bilingual (Spanish) services available.

Website:
homewardalliance.org/hwa/family-services

Location:
1606 S Lemay Ave
Ste 105
Fort Collins, CO 80525

Hours:
Monday-Friday, 8am-5pm

Phone:
970-430-6513

Email:
info@homewardalliance.org

Larimer County Food, Medical, and Financial Assistance—LEAP

Services Provided: Financial assistance to help low income households with winter home heating costs.

Free.

Bilingual (English, Spanish) services available.

Website:
larimer.org/humanservices/assistance/leap

Location:
1501 Blue Spruce Dr
Fort Collins, CO 80524

Hours:
Monday-Friday, 8am-4:30pm

Phone:
970-498-6300

Email:
LEAPHELP@discovermygoodwill.org

The Matthews House—Housing Opportunities Supporting Transition (HOST) Program

Services Provided: Temporary housing through volunteer HOST families for children, youth, and families who are in a crisis situation.

Free.

Bilingual (English, Spanish) services available.

Also see **Mentoring**, **Summer and After-School Activities**, and **Learning Opportunities**.

Website:
thematthewshouse.org/host

Location:
Youth and Family Center
415 Mason Ct #1
Fort Collins, CO 80524

Hours:
Monday-Friday, 9am-5pm

Phone:
970-472-0609

Email:
info@thematthewshouse.org

HOUSING SUPPORT

Murphy Center for Hope

Services Provided: A core service provider and a collaborative of agencies assembled under one roof to serve anyone who is homeless or at risk of becoming homeless. Provides mail services; lockers; shower and hygiene supplies; laundry facilities; computers and Wi-Fi; bus passes; telephones and long distance calling.

Free.

Bilingual (English, Spanish) services available.

Also see **Transportation** and **Legal Services**.

Website:
murphycenter.org/our-services/service-providers

**Visit the website for a full list of partner agencies located at the Murphy Center.*

Location:
242 Conifer St
Fort Collins, CO 80524

Hours:
Monday-Friday, 8am-5pm

Phone:
970-494-9940

Some services require appointment. Calling ahead is recommended.

Neighbor to Neighbor

Services Provided: Housing services including assistance in finding housing, counseling for homeowners, and rental assistance.

Free.

Bilingual (English, Spanish) services available.

Website:
n2n.org

Location:
1550 Blue Spruce Dr
Fort Collins, CO 80524

Hours:
Monday-Thursday, 8am-5pm
Friday, 8am-12pm
Closed Daily 12-1pm

Phone:
970-484-7498

Email:
contact@n2n.org

HEALTH AND EMERGENCY SERVICES

Banner Health

Services Provided: Full-service, acute-care hospital offering emergency care, orthopedics, general surgery, women's health, labor and delivery, gastroenterology, urology, pulmonology, intensive care, and other medical and surgical services.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Website:
bannerhealth.com/locations/fort-collins/banner-fort-collins-medical-center

Location:
4700 Lady Moon Dr
Fort Collins, CO 80528

Hours:
24/7

Phone:
970-821-4000

Catholic Charities

Services Provided: Emergency assistance program, food boxes, emergency shelter, help completing benefits forms.

Free.

Bilingual (English, Spanish) services available.

Also see **Housing Support** and **Legal Services**.

Website:
ccdenver.org/larimer-county-services

Location:
460 Linden Center Dr
Fort Collins, CO 80524

Hours:
Monday-Friday, 8:30am-5pm

Appointment required for emergency utility assistance, transportation assistance and government ID assistance.

Phone:
970-484-5010

Emergency Assistance:
970- 484-5010

Health District of Northern Larimer County—Family Dental Clinic

Services Provided: Prescription assistance, mental health, dental, preventive care, and health planning services.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Also see **Mental Health** and **Substance Use Disorder**.

Website:
healthdistrict.org/services/family-dental-clinic

Location:
202 Bristlecone Dr
Fort Collins, CO 80524

Hours:
Monday-Thursday, 7am-6pm
Friday, 7am-5pm

Appointments required.

Phone:
970-416-5331

HEALTH AND EMERGENCY SERVICES

Larimer County Health and Environment

Services Provided: Health and family planning, preventive care services, immunizations, and special programs for all ages.

Free and sliding scale fees.

Bilingual (English, Spanish) services available.

Website:
larimer.org/humanservices/assistance

Location:
1525 Blue Spruce Dr
Fort Collins, CO 80524

Hours:
Monday-Friday, 8am-4:30pm

Phone:
970-498-6700

Poudre Valley Hospital

Services Provided: Full-service hospital offering emergency services, health treatments, surgeries, and diagnostic tests in more than three dozen medical specialties.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Website:
uchealth.org/locations/uchealth-poudre-valley-hospital

Location:
1024 S Lemay Ave
Fort Collins, CO 80524

Hours:
24/7

Phone:
970-495-7000

Salud Family Health Center

Services Provided: Screening for stressors and immediate support and/or referrals. Provides outreach to migrant school-age children with immunization, dental care, and medical services. Mobile health unit provides comprehensive medical services.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Also see **Mental Health**.

Website:
saludclinic.org

Two Locations:
1635 Blue Spruce Dr
Fort Collins, CO 80524

Medical Hours:
Monday-Wednesday, 7:30am-7pm
Thursday-Friday, 7:30am-5pm

Dental Hours:
Monday-Friday, 8am-5pm

Phone:
970-484-0999

303-MYSALUD
(697-2583)

24/7 access to a health provider.

1830 Laporte Ave
Fort Collins, CO 80521

Medical Hours:
Monday-Friday, 7:30am-5pm

Dental Hours:
Monday-Friday, 8:30am-4:30pm

The Youth Clinic

Services Provided: Medical services for infants, children, and young adults, along with prevention and wellness programs.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Website:
youthclinic.com

Four Locations: 1200 E Elizabeth St Fort Collins, CO 80524	**Hours:** Monday-Friday, 9am-3pm	**Phone:** 970-267-9510
1214 Oak Park Dr Fort Collins, CO 80525	**Hours:** Monday-Friday, 9am-3pm	**Phone:** 970-267-9510
Medical Center of the Rockies 2500 Rocky Mountain Ave Ste 260 Loveland, CO 80538	**Hours:** Monday-Friday, 9am-3pm	**Phone:** 970-267-9510
4845 Weitzel St Ste 101 Timnath, CO 80547	**Hours:** Monday-Friday, 9am-3pm	**Phone:** 970-267-9510

Pediatric Urgent Care
Website:
pediatricurgentcareofnortherncolorado.com

Location: 4845 Weitzel St Ste 101 Timnath, CO 80547	**Hours:** Monday-Friday, 9am-9pm Weekends & Holidays 10am-4pm	**Phone:** 970-494-2626

For a complete list of Larimer County health care providers, visit: larimer.org/health/maternal-child-and-family-health/healthy-communities.

TRANSPORTATION

Dial-a-Ride

Services Provided: Dial-a-Taxi provides transportation for passengers with a disability that prevents them from using the fixed route bus service. Provides round-trip transportation throughout Fort Collins.

$2.50 per one-way trip.

Bilingual (English, Spanish) services available.

Website:
ridetransfort.com/schedules/dial-a-ride

Typical Service Hours:
Monday-Saturday, 6am-11pm

Phone:
970-224-6066
For information about additional complimentary paratransit services, contact Dial-A-Ride.

Murphy Center for Hope

Services Provided: Provides a number of basic needs services, including transportation assistance.

Free.

Bilingual (English, Spanish) services available.

Also see **Housing Support** and **Legal Services**.

Website:
murphycenter.org/our-services/service-providers

**Visit the website for a full list of partner agencies located at the Murphy Center.*

Location:
242 Conifer St
Fort Collins, CO 80524

Hours:
Monday-Friday, 8am-5pm

Phone:
970-494-9940

Some services require appointment. Calling ahead is recommended.

SAINT Care-A-Van

Services Provided: Personal transportation to people ages 60 years and older, and people with disabilities that prevent them from driving.

Free.

Bilingual (English, Spanish) services available.

Website:
saintvolunteertransportation.org

Location:
333 W Drake Rd
Suite 42
Fort Collins, CO 80526

Hours:
Monday-Friday, 8:15am-4pm

Phone:
970-223-8604
Must schedule in advance.

Transfort

Services Provided: Free transportation throughout Fort Collins city area via buses and the MAX transit line.

Free.

Bilingual (English, Spanish) services available.

Website:
ridetransfort.com

Location:
250 N Mason St
Fort Collins, CO 80524

Phone:
970-221-6620

DISABILITY SERVICES

Disabled Resource Services

Services Provided: Assists individuals of all ages with disabilities set their own goals and achieve them.

Bilingual (English, Spanish, ASL) services available.

Website:
disabledresourceservices.org

Location:
1017 Robertson St
Unit B
Fort Collins, CO 80524-3915

Hours:
Monday-Friday, 8:30am-4:30pm
Closed Daily 12-1pm

Phone:
970-482-2700

Foothills Gateway

Services Provided: Services for Larimer County residents who are eligible for services through the cognitive disabilities system. Assistance is given to individuals and their families through direct services or by purchasing services from other agencies.

Free and sliding scale fees.

Bilingual (English, Spanish, ASL) services available.

Website:
foothillsgateway.org

Location:
301 W Skyway Dr
Fort Collins, CO 80526

Hours:
Monday-Friday, 8am-4:30pm

Email:
info@foothillsgateway.org

Phone:
970-226-2345

After-Hours Emergency:
970-226-2345

Respite Care, Inc.

Services Provided: Short-term, quality care for children with developmental disabilities and respite to their families, enabling them to enhance their quality of life. Serves children ages 6 weeks-18 years. Offers facility-based early childhood and school-age programs. Provides child (day) care, before and after school care, evenings, weekends, and overnight care.

Not able to provide care for children with extreme, aggressive behaviors, or children with tracheostomies or who require injections.

Sliding scale fees.

Interpretation available. No bilingual staff.

Website:
respitecareinc.org

Location:
6203 S Lemay Ave
Fort Collins, CO 80525

Hours:
Sunday-Thursday, 6:30am-10pm
Friday-Saturday, 7am-11pm

Phone:
970-207-9435

Email:
info@respitecareinc.org

CHILDCARE

Early Childhood Council of Larimer County

Services Provided: Childcare referrals.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Website:
ecclc.org (general information) **OR larimerchildcare.org/welcome** (refferals)

Location:
2850 McClelland Dr
Suite 3400
Fort Collins, CO 80525

Hours:
Monday-Friday, 8am-4:30pm

Phone:
970-377-3388

The Family Center/La Familia

Services Provided: Childcare services and advocacy with the goal of strengthening and stabilizing families with children. Includes El Nidito, Early Headstart, experiential play, and summer programming.

Sliding scale.

Bilingual (English, Spanish) services available.

Also see **Summer and After-School Activities**.

Website:
thefamilycenterfc.org

Location:
309 Hickory St #5
Fort Collins, CO 80524

Business Hours:
Monday-Friday, 8am-5pm

Early Childhood Center (El Nidito) Hours:
Monday-Friday, 6:30am-6pm

Phone:
970-221-1615

Email:
info@thefamilycenterfc.org

Larimer County Children, Youth and Family Services—Childcare Assistance Program (CCAP)

Services Provided: Financial assistance for childcare services to families who meet the income guidelines and who are in an eligible activity.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Website:
co.larimer.co.us/humanservices/assistance/ccap.htm

Location:
1501 Blue Spruce Dr
Fort Collins, CO 80524

Hours:
Monday, Tuesday, Thursday, Friday, 8am-3pm

Phone:
970-498-6300

Poudre School District—Early Childhood Education

Services Provided: Quality early care and education for prenatal families and children ages 0-5 years. Children ages 0-36 months have two options: a center-based care approach or home visiting approach. For children ages 3-5 years, there are preschool options in 21 local elementary schools with many ways to qualify for reduced, free, sliding scale options. In addition to care and education, developmental screenings, health screenings, community referrals, child socialization and family/parenting education are also available.

Some tuition slots available. Apply online or in person.

Bilingual (English, Spanish) services provided. Additional languages upon request.

Also see **Learning Opportunities**.

Website:
psdschools.org/department/early-childhood

Location:
Fullana Learning Center
220 N Grant Ave
Fort Collins, CO 80521

Phone:
970-490-3204

Teaching Tree Early Childhood Learning Center

Services Provided: Affordable, quality early childhood and educational programs for infants, toddlers, and pre-school youth.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Website:
teaching-tree.org

Location:
424 Pine St
Fort Collins, CO 80524

Hours:
Monday-Friday, 6:30am-6pm

Phone:
970-493-2628

Alianza NORCO

Services Provided: Information and workshops for immigrants, including help obrtaining drivers licenses.

Bilingual (English, Spanish) services available.

Website:
alianzanorco.org

Catholic Charities

Services Provided: Emergency assistance programs, legal support, help filling out forms, etc. Appointment required for emergency utility, transportation, and government ID assistance.

Free.

Bilingual (English, Spanish) services available.

Also see **Housing Support** and **Health and Emergency Services**.

Website:
ccdenver.org/larimer-county-services

Location:
460 Linden Center Dr
Fort Collins, CO 80524

Hours:
Monday-Thursday, 8:30am-5pm

Phone:
970-484-5010

Emergency Assistance:
970-484-5010

Colorado Legal Services

Services Provided: Access to civil legal services for low-income individuals and members of vulnerable populations.

Must meet financial and citizen or eligible-non-citizen requirements. Some offices also assist seniors ages 60 and older, regardless of income, in certain civil legal matters.

Free.

Bilingual (English, Spanish) services available.

Website:
coloradolegalservices.org

Locations:
211 W Magnolia St
Fort Collins, CO 80521

Office Hours:
Monday-Friday, 8:30am-4pm
Closed Daily 12-1pm

Phone:
970-493-2891

Colorado Poverty Law Project

Services Provided: Free housing-related legal services for low-income households.

Website:
copovertylawproject.org

Crossroads Safehouse

Services Provided: Legal assistance via the Bringing Justice Home Project that assists low-income domestic violence, sexual assault, dating violence, and stalking survivors by providing legal representation in a wide range of legal matters including, but not limited to, civil protection orders, divorce, and custody cases.

Free.

Bilingual (English, Spanish) services available.

Also see **Physical/Sexual Abuse and Neglect** and **Crisis Counseling**.

Website:
crossroadssafehouse.org

Email:
mail@crossroadssafehouse.org

Office Hours:
Monday-Friday, 9am-5pm

24/7 Crisis/Info Line:
970-482-3502

Toll-free Crisis Line:
1-888-541-SAFE (7233)

Fuerza Latina

Services Provided: This organization of immigrants and allies is dedicated to educating, informing, organizing, and promoting change to facilitate an improved quality of life for immigrants in our community.

Bilingual (English, Spanish) services available.

Website:
fccan.org/affiliates/fuerza-latina/

Email:
info@fccan.org

Phone:
970-419-8944

Immigrant Assistance Hotine:
970-472-1501

Murphy Center for Hope

Services Provided: Legal services including benefits enrollment, Colorado ID Voucher, driver's license vouchers, and social security disability benefits applications.

Free.

Bilingual (English, Spanish) services available.

Also see **Housing Support** and **Transportation**.

Website:
murphycenter.org/our-services/service-providers

Location:
242 Conifer St
Fort Collins, CO 80524

Hours:
Monday-Friday, 8am-5pm

Phone:
970-494-9940

Some services require appointment. Calling ahead is recommended.

Assistance for Undocumented Families

Community DREAMer Fund

Services Provided: An assistance fund for collegiate and high school DREAMer students in the Fort Collins area.

Website:
sojournmennonite.org/give/dreamers

Phone:
970-658-0026

Email:
sojournmennonite@gmail.com

Northern Colorado Emergency Immigration Fund

Services Provided: Provides emergency financial support for immigrants who have experienced a crisis and are not eligible for other forms of support.

Website:
foothillsuu.org/our-partners-and-impact

ADDITIONAL RESOURCES

TABLE OF CONTENTS

This guide is not comprehensive of all resources in our community that support youth and families. Below are just a few additional resources.

BizWest Community Giving Guide

Directory of nonprofits serving Boulder, Broomfield, Larimer, and Weld counties.

Homeless Resource Guide—Fort Collins

Directory of resources for people experiencing homelessness.

Larimer County Resource Guide

Directory of Larimer County resources.

United Way of Larimer County 2-1-1

Referral specialists provide information about community services.

Macaroni KID

Database of local events, activities, and resources for parents, kids, and families.