INTRODUCTION

ABOUT THIS GUIDE
The many community partners that serve youth and families want to do their best to support Poudre School District (PSD) school leaders and staff by ensuring they can connect students and families to relevant support resources.

While there are resources in the community designed to inform school staff about services, there remains a gap in information. To help bridge this gap and meet an immediate, identified need, the following compilation of resources was created to help people to easily find information about community resources in three key categories (Social and Emotional Development, Enrichment Activities, and Basic Needs).

This guide:
• provides links to resources currently available within the PSD boundary.
• builds on existing information.
• is focused on services for youth and families, unless otherwise noted.
• provides resources as a public service only. PSD does not endorse or recommend one organization over another.

The guide is not a comprehensive list of resources in the community, but is designed to direct individuals to resources that align with needs occurring within schools. We will update this document, as needed, and welcome feedback for improvement.

HOW TO USE THIS GUIDE
This document is interactive. Hyperlinks can be found throughout that will help to navigate within the document or access external web resources. This guide is organized into three categories:
• Social and Emotional Development
• Enrichment Activities
• Basic Needs

Additional resources are listed in the back of this guide.

Poudre School District is sharing this guide as a community service; making it publicly available on PSD’s platforms does not constitute an endorsement of any one organization, business, or resource. As noted, it is not comprehensive of all services and resources in the Northern Colorado community.
SOCIAL AND EMOTIONAL DEVELOPMENT

Social and Emotional Development refers to the skills necessary to foster secure attachment with adults; maintain healthy relationships; regulate behavior and emotions; and develop a healthy concept of personal identity and executive functioning. Positive social and emotional development provides an important foundation for lifelong development and learning. Social and Emotional Development includes mental health, crisis counseling, substance use disorder, physical/sexual abuse and neglect, LGBTQ+ resources, and diversity programs and services.

02 Mental Health
04 Crisis Counseling
06 Substance Use Disorder
08 Physical / Sexual Abuse and Neglect
10 LGBTQ+ Resources
11 Diversity Programs and Services
MENTAL HEALTH

The PSD mental health services team offers a comprehensive approach to serving students and families by blending school resources with community resources. School-based and school-linked programs provide students with early intervention, crisis intervention, prevention, and treatment to address their specific needs.

See psdschools.org/student-assistance-services for information about the PSD mental health services. The following external resources can be accessed directly.

Center for Family and Couple Therapy (CSU)

**Services Provided:** Therapy for families, couples, individuals, adolescents, and children.

Sliding scale fees.

**Website:** cfct.chhs.colostate.edu

**Location:**
Colorado State University
502 W Lake St
Gifford Bldg, Rm 119
Fort Collins, CO 80523

**Phone:** 970-491-5991

**Email:** cfct@colostate.edu

Health District of Northern Larimer County—Mental Health Connections

**Services Provided:** Information on counseling and treatment options; referrals to local counselors; treatment programs; classes; support groups; and other mental health services.

CAYAC (Child, Adolescent, and Young Adult Connections) is a community partnership for early identification of mental health and substance use disorders that affect health, happiness, family, and school.

Services are free except for counseling, which is low-cost and based on ability to pay.

Bilingual (English, Spanish) services available.

Also see Substance Use Disorder and Health and Emergency Services.

Mountain Crest Behavioral Health Center (UCHealth)

**Services Provided:** Comprehensive mental health assessments and treatment programs for adolescents, adults, seniors, and families. Inpatient and outpatient programs are available.

Also see Substance Use Disorder.

**Website:** uchealth.org/locations/uchealth-mountain-crest-behavioral-health-center

**Location:**
4601 Corbett Dr
Fort Collins, CO 80528

**Hours:**
Emergency assessments available 24/7.

**Phone:** 970-207-4800
MENTAL HEALTH

Salud Family Health Center

Services Provided: Screening for stressors and immediate support and/or referrals. Provides outreach to migrant school-age children with immunization, dental care, and medical services. Mobile health unit provides comprehensive medical services.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Also see Health and Emergency Services.

SummitStone Health Partners

Services Provided: Counseling and family support services focused on mental and behavioral health issues and concerns.

Bilingual (English, Spanish) services available.

Also see Crisis Counseling.

UCHealth Family Medicine Center

Services Provided: Primary care clinic with integrated health care model. Minor consent and confidentiality laws apply.

Accepts most forms of health insurance, including Medicaid and OmniSalud.

Bilingual (English, Spanish) services available.
## Alliance for Suicide Prevention of Larimer County

**Services Provided:** Information about suicide prevention, lending library, support group referral, community resources, and free educational programs for adults and youth through grief support groups and RAPP, a school-based suicide education and prevention program.

- Not a crisis center.
- Free.

**Website:** allianceforsuicideprevention.org  
**Location:** 525 W Oak St Suite B10 Fort Collins, CO 80521  
**Phone:** 970-482-2209  
**Email:** info@suicideprevent.org

**Additional Crisis Resources:**  
National Suicide Hotline: 1-800-273-TALK (8255)  
Colorado Crisis Support: 1-844-493-TALK (8255)

## Crossroads Safehouse

**Services Provided:** Safe emergency housing for victims of domestic abuse; crisis intervention; legal assistance; transitional housing; education; information; and referral services.

- Free.
- Bilingual (English, Spanish) services available.
- Also see Physical/Sexual Abuse and Neglect and Legal Services.

**Website:** crossroadssafehouse.org  
**24/7 Crisis Line:** 970-482-3502  
**Toll-Free Crisis Line:** 1-888-541-SAFE (7233)

## Larimer County Children, Youth, and Family Services—The Hub

**Services Provided:** Services for youth ages 0-18 and their families including: child protection screening and assessment, detention, early intervention services, individual and/or family counseling, and 24/7 assistance in investigating allegations of child abuse and neglect.

- Free.
- Bilingual (English, Spanish) services available.

**Website:** larimer.org/humanservices/cyf/hub  
**Location:** 2555 Midpoint Drive Suite F Fort Collins, CO 80525  
**Hours:** Monday-Friday, 8am-4:30pm

- The Hub is staffed 24/7 by a team of intake specialists.
CRISIS COUNSELING

Sexual Assault Victim Advocate (SAVA) Center

**Services Provided:** Crisis hotline; direct services; medical and legal advocacy to help sexual assault survivors understand their rights. Weekly support groups for primary and secondary survivors. Prevention and education programs for youth and adults.

- Sliding scale fees.
- Bilingual (English, Spanish) services available.

Also see Physical/Sexual Abuse and Neglect.

**Website:** savacenter.org  
**Location:** 4812 S College Ave  
Fort Collins, CO 80524  
**Hours:** Monday-Friday, 8:30am-5pm  
**Phone:** 970-472-4204

**24/7 Rape Crisis Hotline:** 970-472-4200 or 877-352-7273

SummitStone Health Partners

**Services Provided:** Behavioral health crisis support for all ages. Walk-in availability with short-term respite or residential treatment when needed. Community Crisis Clinic for ages 18 years and older. Mobile crisis counselors available to travel throughout Larimer County for crisis intervention and deescalation. Follow-up care, assessment, and intervention.

- Free and sliding scale fees.
- Bilingual (English, Spanish) services available.

Also see Mental Health.

**Website:** summitstonehealth.org  
**Location:** 1217 Riverside Ave  
Fort Collins, CO 80524  
**Hours:** 8am-Midnight  
**Phone:** 970-494-4200

**Crisis Line:** 1-844-493-TALK (8255)

CSU Trauma and Resilience Assessment Center (CTRAC)

**Services Provided:** Resilience-based trauma assessments and recommendations that focus on helping individuals and families recognize, understand, and value their own strengths in responding to and healing from trauma. Training and consultation for professionals serving those impacted by trauma.

- Assessments available for ages 4 years and older. Medicaid accepted (no private insurance).

**Website:** chhs.colostate.edu/ctrac  
**Location:** 502 W Lake St  
Fort Collins, CO 80523  
**Hours:** Monday-Friday, 9am-5pm  
**Phone:** 970-491-5093  
**Email:** ctrac@colostate.edu
**AL-ANON & ALATEEN**

**Services Provided:** Support and programming for anyone affected by a relative’s or friend’s drinking.

- Free.
- Bilingual (English, Spanish) services available.

**Website:**

- [al-anon-noco.org/index.html](http://al-anon-noco.org/index.html)
- [northcoloradoaa.org](http://northcoloradoaa.org)

**Location:**

- District 20 PO Box 1207
- Fort Collins, CO 80527

**Phone:**

- 970-488-1383

**24/7 Hotline:**

- 970-2AL-ANON (970-225-2666)

**Alcoholics Anonymous (AA)**

**Services Provided:** Support groups and programming for individuals with alcohol related problems.

- Literature translation services available.
- Spanish-speaking-only groups vary by region.

**Website:**

[al-anon-noco.org/index.html](http://al-anon-noco.org/index.html)

**Location:**

- 155 N College Ave #120
- Fort Collins, CO 80524

**Phone:**

- 970-224-3552

**24/7 Hotline:**

- 970-2AL-ANON (970-225-2666)

**Health District of Northern Colorado—Step Free From Tobacco Program**

**Services Provided:** Six-week class run by Tobacco Treatment Specialists. Free nicotine patches, gum, and lozenges. Individual, buddy, or group sessions available.

- Sliding scale fees.
- Bilingual (English, Spanish) services available.

**Also see Mental Health and Health and Emergency Services.**

**Website:**

[healthdistrict.org/services/quit-smoking](http://healthdistrict.org/services/quit-smoking)

**Location:**

- 120 Bristlecone Dr
- Fort Collins, CO 80524

**Hours:**

- Monday-Friday, 8am-5pm
- 24/7 Hotline:
- 970-224-5209

**Walk-In Hours:**

- Monday-Friday, 8am-4pm

**Email:**

- quitsmoking@healthdistrict.org
Larimer County Department of Health and Environment

**Services Provided:** Information and resources about tobacco education, prevention, policy, and cessation for youth and adult populations.

Free and sliding scale fees.

Bilingual (English, Spanish) services available.

**Website:** larimer.org/health/chronic-disease-and-injury-prevention/tobacco-prevention

**Location:**
1525 Blue Spruce Dr
Fort Collins, CO 80524

**Hours:** Monday-Friday, 8am-4:30pm

**Phone:** 970-498-6700

Mountain Crest Behavioral Health Center (UCHealth)

**Services Provided:** Chemical dependency intensive outpatient program that focuses on education, prevention of relapse, and effective ways to deal with life stress.

Also see Mental Health.

**Website:** uchealth.org/services/addiction-treatment

**Location:**
4601 Corbett Dr
Fort Collins, CO 80528

**Hours:** Emergency assessments available 24/7.

**Phone:** 970-207-4800

Narcotics Anonymous (NA)

**Services Provided:** Support groups for individuals with narcotics related problems.

**Website:** nacolorado.org/meetings

See website for meeting locations and information.

**Phone:** 970-282-8079

**Email:** nacolorado@nacolorado.org

The Center for Family Outreach

**Services Provided:** Substance use disorder prevention classes for youth. Education, intervention, and support for families who are challenged by the adolescent years.

Free and sliding scale fees.

Bilingual (English, Spanish) services available.

**Website:** tcffo.org

**Location:**
212 W Mountain Ave
Fort Collins, CO 80521

**Hours:** Monday-Friday, 8:30am-5pm

**Phone:** 970-495-0084
ChildSafe Colorado, Inc.

**Services Provided:** Treatment program for child and adult victims of childhood abuse (particularly child sexual abuse) and their non-offending family members.

Coordinates services with law enforcement, child protection agencies, schools, medical professionals, and other mental health providers.

Sliding scale fees.

Bilingual (English, Spanish) services available.

**Website:** childsafecolorado.org

**Location:**
2001 South Shields St
Bldg K
Fort Collins, CO 80526

**Hours:**
Monday-Thursday, 9am-7pm
Friday, 9am-3pm

**Phone:**
970-472-4133

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Crossroads Safehouse

**Services Provided:** Safe emergency housing available 24/7; crisis intervention; legal assistance; transitional housing; victim abuse education and information; and referral services.

Free.

Bilingual (English, Spanish) services available.

Also see Crisis Counseling and Legal Services.

**Website:** crossroadssafehouse.org

**24/7 Crisis Line:**
970-482-3502

**Toll-Free Crisis Line:**
1-888-541-SAFE (7233)

**Location:**
2555 Midpoint Dr
Ste F
Fort Collins, CO 80525

**Hours:**
Monday-Friday, 9am-5pm

**Email:**
mail@crossroadssafehouse.org

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Larimer County Children, Youth, and Family Services—Child Protection Services

**Services Provided:** Support for youth ages 0-17 years, and their families. 24/7 assistance in responding to allegations of child abuse and neglect. Response includes assessment of risk and safety, as well as support for families through the provision of early intervention, prevention, and trauma informed services.

Free.

Bilingual (English, Spanish) services available.

**Website:** larimer.org/humanservices/cyf/childprotection

**Location:**
2555 Midpoint Dr
Ste F
Fort Collins, CO 80525

**Hours:**
Monday-Friday, 8am-4:30pm

**Phone:**
970-498-6990

Staffed 24/7 by a team of intake specialists.

Report child abuse or neglect 24/7.
# Physical/Sexual Abuse and Neglect

## Sexual Assault Victim Advocate (SAVA) Center

**Services Provided:** Crisis hotline; direct services; medical and legal advocacy to help sexual assault survivors understand their rights. Weekly support groups for primary and secondary survivors. Prevention and education programs for youth and adults.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Also see [Crisis Counseling](#).

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<tr>
<th>Website: savacenter.org</th>
<th>Location: 4812 S College Ave, Fort Collins, CO 80524</th>
<th>Hours: Monday-Friday, 8:30am-5pm</th>
<th>Phone: 970-472-4204</th>
</tr>
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## Crawford Child Advocacy Center (formerly Voices Carry Child Advocacy Center)

**Services Provided:** Child abuse prevention, victim support, family advocacy, forensic interviews, crisis intervention, referrals (i.e. domestic violence shelters, parenting classes, restraining orders, housing, etc.). Information about victim rights and compensation, and the child protection and criminal justice systems.

Free.

Bilingual (English, Spanish) services available.

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<tr>
<th>Website: crawfordcac.org</th>
<th>Location: 5529 S Timberline Rd, Fort Collins, Colorado 80528</th>
<th>Phone: 970-407-9739</th>
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## LGBTQ+ Resources

### Northern Colorado Equality (NOCO Pride)

**Services Provided:** Support, resources, advocacy, and diversity education. Providing safe spaces, meetups, and workshops for youth, individuals, and families.

Free.

**Website:** northerncoloradopride.wordpress.com
**Phone:** 970-445-2863
**Hours:** 9am-9pm
**Email:** northerncoloradopride@gmail.com

### PFLAG Fort Collins / Northern Colorado

**Services Provided:** Support for families, allies, and people who are LGBTQ+. Education about unique issues and challenges facing people who are LGBTQ+. Advocacy through Safe Schools program.

Free.

**Website:** pflag.org/chapter/pflag-fort-collinsnorthern-colorado
**Phone:** 970-407-0300
**Email:** pflag.noco@gmail.com

### NoCoSafeSpace

**Services Provided:** Provides highly knowledgeable and professional facilitation and information to employers on LGBTQ+ issues.

Low-cost.

**Website:** nocosafespace.com

### SPLASH (Support, Pride, Learning, and Social Happenings)

**Services Provided:** Provides activities to help peers learn transferable professional, leadership, and communication skills through a hands-on approach with often immediate feedback from peers, and guidance from experienced community leaders.

Free.

**Website:** splashnoco.org
**Phone:** 970-444-5423 (Text)
**Email:** focosplash@gmail.com
### DIVERSITY PROGRAMS AND SERVICES

#### Asian/Pacific American Cultural Center (A/PACC)
- **Website:** [apacc.colostate.edu](http://apacc.colostate.edu)
- **Location:** Colorado State University, 333 Lory Student Center
- **Phone:** 970-491-6154

#### Black/African American Cultural Center (B/AACC)
- **Website:** [baacc.colostate.edu](http://baacc.colostate.edu)
- **Location:** Colorado State University, 333 Lory Student Center
- **Phone:** 970-491-5781

#### El Centro
- **Website:** [elcentro.colostate.edu](http://elcentro.colostate.edu)
- **Location:** Colorado State University, 225 Lory Student Center
- **Phone:** 970-491-5722

#### Gay, Lesbian, Bisexual, Transgender, Queer, Questioning, and Ally Resource Center
- **Website:** [glbtrc.colostate.edu](http://glbtrc.colostate.edu)
- **Location:** Colorado State University, 232 Lory Student Center
- **Phone:** 970-491-4342

#### Native American Cultural Center (NACC)
- **Website:** [nacc.colostate.edu](http://nacc.colostate.edu)
- **Location:** Colorado State University, 327 Lory Student Center
- **Phone:** 970-491-1332

#### Student Disability Center
- **Website:** [disabilitycenter.colostate.edu](http://disabilitycenter.colostate.edu)
- **Location:** Colorado State University, TILT Building, room 121
- **Phone:** 970-491-6385

#### Women and Gender Advocacy Center
- **Website:** [wgac.colostate.edu](http://wgac.colostate.edu)
- **Location:** Colorado State University, 112 Student Services
- **Phone:** 970-491-6384

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Also see [Arts and Culture](#), [Summer and After-School Activities](#), and [Learning Opportunities](#).
ENRICHMENT ACTIVITIES

Enrichment refers to the many things that students do beyond their academic pursuits and the normal requirements of their school life. Enrichment activities could include physical activity to develop motor skills; social support in the school, home, or community; access to arts and culture; etc. Enrichment Activities include mentoring; arts and culture; summer and after-school activities; and learning opportunities.

13 Mentoring
14 Arts and Culture
17 Summer and After-School Activities
21 Learning Opportunities
MENTORING

Campus Connections

**Services Provided:** Campus-based mentoring program for youth, ages 10-18 years, who are at risk for not reaching their full potential.

School staff, parents/caregivers can refer youth directly to Campus Connections.

Free.

Bilingual (English, Spanish) services available.

Website: chhs.colostate.edu/cc/youth-involvement

Location: Colorado State University
502 W Lake St
Gifford Bldg, Rm 142
Fort Collins, CO 80523

Phone: 970-492-4004

Email: campusconnections@colostate.edu

The Matthews House

**Services Provided:** Coaching, tutoring, life-skills courses that support youth, ages 14-21 years, including education advancement, safe places, leadership, mentoring, job readiness, and experiential education activities.

Free.

Bilingual (English, Spanish) services available.

Website: thematthewshouse.org

Location: Youth and Family Center
415 Mason Ct #1
Fort Collins, CO 80524

Hours: Monday-Friday, 9am-5pm

Phone: 970-472-0609

Email: info@thematthewshouse.org

Larimer County Partners

**Services Provided:** Social, emotional, and academic support through school- and community-based mentoring programs matching at risk youth, ages 7-17 years, with adult volunteers for mentoring and life skill activities.

Referral from counselor or other professional who works with youth and families required.

Free.

Bilingual (English, Spanish) services available.

Website: poweredbypartners.org

Location: 530 South College Ave Unit 1
Fort Collins, CO 80524

Hours: Monday-Friday, 8:30am-5pm

Phone: 970-484-7123

Also see Summer and After-School Activities, Learning Opportunities, and Housing Support.
## ARTS AND CULTURE

### Blast N Scrap

**Services Provided:** Performance and workshop opportunities for young and emerging artists, with a focus on music. Programs include: Band BLAST OFF! (summer music instruction); Cape Pals (making capes to support good causes); Craft N Act (community theater for youth); Grrrls Scrap Back (safe space for femme/trans/nonbinary/gender queer creatives); Scrapped Magazine (community zine); Scrappy Tracking (mixing and recording); and Scrapyard Garb (sustainable screen printing).

Sliding scale fees.

| Website: | blastnscrap.org |
| Location: | Blast N Scrap currently operates as a pop-up. |
| Phone: | 973-525-7087 |
| Email: | info@blastnscrap.org |

### Colorado Youth Outdoors

**Services Provided:** After-school program for kids and their guardians to learn relationship building skills through outdoor recreation. Curriculums include fly tying, fly fishing, outdoor survival skills, archery, spin fishing, and shooting sports.

Full and sliding scale scholarships available.

Also see Summer and After-School Activities and Learning Opportunities.

| Website: | coloradoyo.org |
| Location: | 4927 E County Rd 36 Fort Collins, CO 80528 |
| Office Hours: | 8am-4:30pm |
| Class Hours: | 1:30-3:30pm or 5:30-7:30pm |
| Phone: | 970-663-0800 |
| Email: | info@coloradoyo.org |

### Cultural Enrichment Center of Fort Collins

**Services Provided:** After-school program for Black middle and high school students. Each day is focused on a different topic (e.g. music, art, video production, computer programming, Black history, etc.).

Free.

Also see Diversity Programs and Services, Summer and After-School Activities, and Learning Opportunities.

| Website: | fococecc.org |
| Location: | 2439 S College Ave Ste C Fort Collins, CO 80525 |
| Office Hours: | Tuesdays, Wednesdays, Thursdays 4-6:30 p.m. |
| Phone: | 970-342-5292 |
| Email: | cec.foco@gmail.com |
### Debut Theatre Company

**Services Provided:** Quality classical theater classes in the spring, summer and fall for ages 6-17 years. Theater performances for the entire family at the Lincoln Center in May and Oct.

Contact for pricing.

**Website:** [debuttheatre.org](http://debuttheatre.org)

**Location:**
- 827 Riverside Ave
- Fort Collins, CO 80524

**Office Hours:**
- Monday-Friday, 1-4 pm
- See website for class schedules.

**Phone:**
- 970-224-5774

**Email:** debuttheatre@gmail.com

### Foundation Music School

**Services Provided:** Music classes, music lessons, and music therapy for all ages and abilities. Ongoing programs, one-time classes, and school-out day camps also available.

Scholarships available.

Bilingual (English, Spanish) services available.

Also see [Learning Opportunities](#).

**Website:** [foundationmusicschool.org](http://foundationmusicschool.org)

**Location:**
- 3663 S College
- Unit 13
- Fort Collins, CO 80525

**Phone:**
- 970-407-9084

**Email:** info@foundationmusicschool.org

### Howdy Neighbor Events

**Services Provided:** Hosts Fort Collins Comic Con, a pop-culture, art, and creative expo; and Founded in FoCo, a week-long peer-to-peer educational event aimed at supporting small businesses, solopreneurs, and the startup community.

Fort Collins Comic Con: $20 for ages 13 and up. Volunteers attend for free. Founded in FoCo: Free.

**Website:** [howdyneighbor.events](http://howdyneighbor.events)

**Location:**
- 2519 S Shields St
- Ste 1K, Box 154
- Fort Collins, CO 80526

**Phone:**
- 970-581-3036

**Email:** nick@howdyneighbor.events
## ARTS AND CULTURE

### Off the Hook Arts

**Services Provided:** Enriches children's lives through free group music lessons and instruments. Enhances the diversity of music performances in our community through intimate concerts of classical, jazz, and world music.

Free and low cost programs available.

Also see [Learning Opportunities](#).

| Website: | [offthehookarts.org](http://offthehookarts.org) |
| Location: | 1001-A E Harmony Rd #260, Fort Collins, CO 80525 |
| Phone: | 970-305-2261 |
| Email: | jephtabernstein@gmail.com |

### Wild Roots Studio

**Services Provided:** Offers soulful nature-based crafting and art skills workshops for all ages with the intention of seeking ways to tap into our wild creativity and strengthen our connection to nature.

Scholarships available.

Also see [Learning Opportunities](#).

| Website: | [wildrootsstudio.com](http://wildrootsstudio.com) |
| Location: | 444 N Sunset St, Fort Collins, CO 80521 |
| Phone: | 970-412-4523 |
| Email: | alie@wildrootsstudio.com |
Boys & Girls Clubs of Larimer County

**Services Provided:** Onsite recreational, educational, and life skill programming for youth, ages 6-18 years. Personal and career counseling, leadership training, character development, space for homework, one-on-one tutoring, college and vocational preparation, and access to computer lab. Programs include health and hygiene; bullying prevention; drug, tobacco, and alcohol prevention; teen pregnancy prevention; conflict and anger management; and peer mediation.

Sliding scale fees. Membership is $10/year.

Bilingual (English, Spanish) services available.

Also see [Learning Opportunities](#).

**Website:** begreatlarimer.org

**Program Support Office:**
103 Smokey St
Fort Collins, CO 80525

*Clubhouses are located in Fort Collins, Wellington, Estes Park and Loveland.*

**Phone:** 970-223-1709

**School Day Hours:**
Monday-Friday, 2:30-7pm

**Out of School Day Hours:**
Monday-Friday, 7:30am-6pm

**Summer Programs:**
Monday-Friday, 7:30am-6pm

Colorado State University Youth Sports Camps

**Services Provided:** Variety of summer camp programs, ranging from specific sport training camps (baseball camps, basketball camps, inline hockey camps, lacrosse camps, soccer camps, softball camps, tennis camps, and volleyball camps) to multi-activity camps like music and movement (dance, martial arts, aerobics, and gymnastics camps), Super Sport (swim lessons, field trips, and health sport-specific programming), FunLIFE (health and nutrition camps), and Sport Science.

Fee-based. Scholarships available.

**Website:** chhs.colostate.edu/hes-youth-sport-camps

**Location:**
186 Moby Complex B
951 Plum St
Fort Collins, CO 80523

**Phone:** 970-491-6318

**Email:** ysc@colostate.edu

Colorado Youth Outdoors

**Services Provided:** After-school program for kids and their guardians to learn relationship building skills through outdoor recreation. Curriculums include fly tying, fly fishing, outdoor survival skills, archery, spin fishing, and shooting sports.

Full and sliding scale scholarships available.

Also see [Arts and Culture](#) and [Learning Opportunities](#).

**Website:** coloradoyo.org

**Location:**
4927 E County Rd 36
Fort Collins, CO 80528

**Office Hours:**
8am-4:30pm

**Class Hours:**
1:30-3:30pm or 5:30-7:30pm

**Phone:** 970-663-0800

**Email:** info@coloradoyo.org
Cultural Enrichment Center of Fort Collins

**Services Provided:** After-school program for Black middle and high school students. Each day is focused on a different topic (e.g. music, art, video production, computer programming, Black history, etc.).

Free.

Also see Diversity Programs and Services, Arts and Culture, and Learning Opportunities.

The Family Center / La Familia

**Services Provided:** Services and advocacy to strengthen and stabilize families with children. Homework assistance program for K-12 students. Sliding scale fees. Bilingual (English, Spanish) services available.

Also see Childcare.

Fort Collins Museum of Discovery

**Services Provided:** Programs and events ranging from musical performances and lectures to stargazing and hands-on science labs, as well as youth summer programs. Opportunity Program offers free memberships to Head Start students and their families. Covers the admission fees for free and reduced lunch students visiting on school field trips; provides a limited number of scholarships for summer programs; and supports FCMOD's quarterly free days.

Some programs fee-based, others are free.

Bilingual (English, Spanish) services available.
SUMMER AND AFTER-SCHOOL ACTIVITIES

The Fort Collins Recreation Department / The Recreator

**Services Provided:** Comprehensive community resource with information about the City of Fort Collins Recreation facilities, programs, events, and activities. Published quarterly and available throughout the community and online.

Free. (Programs are free and low-cost.)

Friends of the Gardens on Spring Creek

**Services Provided:** Variety of youth programs, classes, and special events to introduce and engage children to the wonders of the natural world.

Ongoing programs, one-time classes, and spring break and summer camps are developed with all age groups in mind, including toddlers and preschoolers. Many parent and child opportunities exist in addition to several experiential opportunities.

Low cost. Scholarships available.

Bilingual (English, Spanish) services available.

The Matthews House

**Services Provided:** Various family and youth programing opportunities for children, adults, and families, including dance programs, Zumba, pickup basketball, parenting classes, job readiness and one-on-one transition facilitation for families. Adult education programs as well as after school programming for elementary and middle school students.

Free.

Bilingual (English, Spanish) services available.

Also see Mentoring, Learning Opportunities, and Housing Support.
Northside Aztlan Community Center

**Services Provided:** Fitness and events facility with a variety of activities, classes, programs, sports, and special events.

Organized activities are designed for ages 12-18 years, but all ages are welcome.

Some programs are fee-based, others are free.

Bilingual (English, Spanish) services available.

**Website:** [fegov.com/recreation/north-aztlan.php](http://fegov.com/recreation/north-aztlan.php)

**Location:**
112 E Willow St
Fort Collins, CO 80524

**Hours:**
- Monday-Friday, 6am-9pm
- Saturday, 8am-5pm
- Sunday, 9am-5pm

**Phone:** 970-221-6256

**Youth Nights:**
Thursday, 3-9pm
Free for ages 12-18.

Organized activities take place from 6-8pm.
# Boys & Girls Clubs of Larimer County

**Services Provided:** Onsite recreational, educational, and life skill programming for youth, ages 6-18 years. Personal and career counseling, leadership training, character development, space for homework, one-on-one tutoring, college and vocational preparation, and access to computer lab. Programs include health and hygiene; bullying prevention; drug, tobacco, and alcohol prevention; teen pregnancy prevention; conflict and anger management; and peer mediation.

Sliding scale fees. Membership is $10/year.

Bilingual (English, Spanish) services available.

Also see [Summer and After-School Activities](#).

**Website:** [begreatlarimer.org](http://begreatlarimer.org)

**Program Support Office:**
103 Smokey St
Fort Collins, CO 80525

**School Day Hours:**
Monday-Friday, 2:30-7pm

**Out of School Day Hours:**
Monday-Friday, 7:30am-6pm

**Summer Programs:**
Monday-Friday, 7:30am-6pm

**Phone:** 970-223-1709

Programming occurs when schools are closed, winter and spring breaks and during the summer months.

Email: info@bgclarimer.org

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# Center for Community Literacy

**Services Provided:** Alternative literacy opportunities designed to educate and empower underserved populations (e.g. incarcerated juveniles and adults, adult learners, women, at-risk youth, English Language Learners) and to support university-community literacy outreach programs.

Free.

**Location:**
Colorado State University
346A Eddy Hall
Fort Collins, CO 80523

**Phone:** 970-491-7251

**Website:** [literacy.colostate.edu](http://literacy.colostate.edu)

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# Children's Speech and Reading Center

**Services Provided:** Free screenings and professional, affordable treatment and therapy services for children, ages 0-12 years, with speech, language, or reading delays.

Free.

Bilingual (English, Spanish) services available.

**Location:**
1302 S Shield St
Unit A1-3
Fort Collins, CO 80521

**Hours:**
Monday-Friday, 8am-5pm

**Phone:** 970-419-0486

**Website:** [csrckids.org](http://csrckids.org)

---

**Email:** info@csrckids.org
## Colorado Youth Outdoors

**Services Provided:** After-school program for kids and their guardians to learn relationship building skills through outdoor recreation. Curriculums include fly tying, fly fishing, outdoor survival skills, archery, spin fishing, and shooting sports.

Full and sliding scale scholarships available.

Also see **Summer and After-School Activities** and **Arts and Culture**.

### Location:
4927 E County Rd 36
Fort Collins, CO 80528

### Website:
[coloradoyo.org](http://coloradoyo.org)

### Office Hours:
8am-4:30pm

### Class Hours:
1:30-3:30pm or 5:30-7:30pm

### Phone:
970-663-0800

### Email:
info@coloradoyo.org

## Cultural Enrichment Center of Fort Collins

**Services Provided:** After-school program for Black middle and high school students. Each day is focused on a different topic (e.g. music, art, video production, computer programming, Black history, etc.).

Free.

Also see **Diversity Programs and Services, Arts and Culture**, and **Summer and After-School Activities**.

### Location:
2439 S College Ave
Ste C
Fort Collins, CO 80525

### Website:
[fococecc.org](http://fococecc.org)

### Office Hours:
Tuesdays, Wednesdays, Thursdays
4-6:30 p.m.

### Phone:
970-342-5292

### Email:
cec.foco@gmail.com

## Foundation Music School

**Services Provided:** Music classes, music lessons, and music therapy for all ages and abilities. Ongoing programs, one-time classes, and school-out day camps also available.

Scholarships available. See website for details.

Bilingual (English, Spanish) services available.

Also see **Arts and Culture**.

### Location:
3663 S College
Unit 13
Fort Collins, CO 80525

### Website:
[foundationmusicschool.org](http://foundationmusicschool.org)

### Phone:
970-407-9084

### Email:
info@foundationmusicschool.org
LEARNING OPPORTUNITIES

The Matthews House—Homework Helpers

Services Provided: After-school program for students, ages 8-14 years, to receive homework help, make new friends, and engage in fun activities. Adult volunteers help with academic work and serve as mentors.

Free for families with children ages 18 years and younger.

Bilingual (English, Spanish) services available.

Also see Mentoring, Summer and After-School Activities, and Housing Support.

Website:
themathewshouse.org

Three Locations:

Community Life Center at First Presbyterian Church
531 S College Ave
Fort Collins, CO 80524

Hours: Monday-Friday, 9am-7pm
Saturday, 12-5pm

Phone: 970-449-5191
Email: info@thematthewshouse.org

Community Life Center at Genesis Project
400 S Link Ln
Fort Collins, CO 80524

Phone: 970-449-5191

Youth and Family Center
415 Mason Ct #1
Fort Collins, CO 80524

Hours: Monday-Friday, 9am-5pm

Phone: 970-472-0609

Off the Hook Arts

Services Provided: Enriches children’s lives through free group music lessons and instruments. Enhances the diversity of music performances in our community through intimate concerts of classical, jazz, and world music.

Free and low cost programs available.

Also see Arts and Culture.

Website:
offthehookarts.org

Location:
1001-A E Harmony Rd
#260
Fort Collins, CO 80525

Phone: 970-305-2261
Email: jephtabernstein@gmail.com
LEARNING OPPORTUNITIES

Poudre River Public Library District

**Services Provided:** Various family, youth, and adult learning opportunities and resources, including print and digital materials (books, eBooks, audiobooks, movies, music, magazines, newspapers, etc.); homework and test prep help; subject-area research databases; language learning; study rooms; public computers; and other technology. Free printing, copying, and scanning available to library cardholders.

Ongoing programs at the libraries and in the community include bilingual storytimes, STEAM activities, book clubs, out-of-school and afterschool activities, arts and crafts, and more. Adult and teen education and job preparation programs are also available. Monthly events calendar available online.

Free.

Bilingual (English, Spanish) services available.

<table>
<thead>
<tr>
<th>Three Locations</th>
<th>Hours</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Old Town Library</td>
<td>Monday-Thursday, 9am-8pm&lt;br&gt;Friday, 9am-6pm&lt;br&gt;Saturday 9am-5pm&lt;br&gt;Sunday, 12-5pm</td>
<td>970-221-6740</td>
</tr>
<tr>
<td>Harmony Library</td>
<td>Monday-Thursday, 9am-8pm&lt;br&gt;Friday, 9am-6pm&lt;br&gt;Saturday, 9am-5pm&lt;br&gt;Sunday, 12-5pm</td>
<td>970-221-6740</td>
</tr>
<tr>
<td>Council Tree Library</td>
<td>Monday-Saturday, 9am-8pm&lt;br&gt;Sunday, 12-6pm</td>
<td>970-221-6740</td>
</tr>
</tbody>
</table>

Website: [poudrelibraries.org](http://poudrelibraries.org)

Poudre School District—Early Childhood Education

**Services Provided:** Quality early care and education for families and children ages 0-5 years. Children ages 0-36 months have two options: a center-based care approach or home visiting approach. For children ages 3-5 years, there are preschool options in 21 local elementary schools with many ways to qualify for reduced, free, or sliding scale options. In addition to care and education, developmental screenings, health screenings, community referrals, child socialization, and family/parenting education are also available.

Tuition slots available. Apply online or in person.

Bilingual (English, Spanish) services provided. Additional languages upon request.

Also see Childcare.

Website: [psdschools.org/department/early-childhood](http://psdschools.org/department/early-childhood)

Phone: 970-490-3204
LEARNING OPPORTUNITIES

Vroom

**Services Provided:** Helps parents boost their child’s learning during the time they already spend together. Vroom meets parents where they are, through the people they already trust and the places they already go.

Free.

Bilingual (English, Spanish) services available.

Website: vroom.org

Wild Roots Studio

**Services Provided:** Offers soulful nature-based crafting and art skills workshops for all ages with the intention of seeking ways to tap into our wild creativity and strengthen our connection to nature.

Scholarships available.

Also see Arts and Culture.

Website: wildrootsstudio.com

Location:
444 N Sunset St
Fort Collins, CO 80521

Phone: 970-412-4523

Email: alie@wildrootsstudio.com
Basic Needs refers to fundamental requirements that serve as the foundation for survival. Access to the basic needs of life is necessary for the development of a strong community and a necessary precursor to individual self-sufficiency. Basic Needs include food and clothing, housing support, health and emergency services, transportation, disability services, childcare, and legal services.

28 Food and Clothing
31 Housing Support
34 Health and Emergency Services
37 Transportation
39 Disability Services
40 Childcare
42 Legal Services
44 Assistance for Undocumented Families
**INCOME ELIGIBILITY** There are a number of agencies listed in this Basic Needs domain that have income eligibility requirements for services. Individuals should inquire about eligibility. Please reference the table below for guidance on common income eligibility guidelines.

<table>
<thead>
<tr>
<th>Household Size</th>
<th>100% FPL</th>
<th>130% FPL Free Lunch</th>
<th>185% FPL Reduced Lunch, Food Bank Eligibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-Member Household</td>
<td>$24,860</td>
<td>$32,318</td>
<td>$45,991</td>
</tr>
<tr>
<td>4-Member Household</td>
<td>$30,000</td>
<td>$39,000</td>
<td>$55,000</td>
</tr>
</tbody>
</table>

*Data as of 2023 (aspe.hhs.gov).*
## Food Bank for Larimer County

**Services Provided:** Emergency food for low-income families and individuals. Provides hunger-relief and nutrition programs.

For more information about locations, including mobile food pantries, visit foodbanklarimer.org/where_do_i_go.

Free.

Bilingual (English, Spanish) services available.

**Website:** foodbanklarimer.org

**Location:**
1301 Blue Spruce Dr
Fort Collins, CO 80524

**Office Hours:**
Monday-Friday, 8am-4:30pm

**Food Share Hours:**
Monday-Friday, 1-6 pm

**Phone:** 970-493-4477

**Email:** info@foodbanklarimer.org

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## Homeward Alliance

**Services Provided:** Housing-focused support to help families escape and, once housed, prevent homelessness. Family Services is divided into two main program areas: Family Housing Navigation (also called the Camino a Casa Collective) and Family Resources (Family Food and Child/Teen Clothing Closet and Quarterly Family Resource Fairs).

Free.

Bilingual (English, Spanish) services available.

**Website:** homewardalliance.org

**Location:**
242 Conifer St
Fort Collins, CO 80524

**Hours:**
Monday-Friday, 8am-5pm

**Phone:** 970-658-9878

**Email:** info@homewardalliance.org

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## Kids Closet—First United Methodist Church

**Services Provided:** Gently used clothing for children, ages 0-16 years.

Free.

**Website:** fcfumc.net/outreach/kidscloset

**Location:**
1005 Stover St
Fort Collins, 80524

Located in the basement of the church, administrative wing.

**Hours:**
Wednesdays, 3-6pm
Saturdays, 9am-12pm

**Phone:** 970-482-2436
FOOD AND CLOTHING

Larimer County Department of Health and Environment—WIC (Women Infants Children)

**Services Provided:** Support to low-income pregnant women or women with children 5 years and younger. Special supplemental nutrition program for women, infants, and children. Provides nutritious foods and nutrition education to pregnant, breastfeeding, and postpartum women.

Free.

Bilingual (English, Spanish) services available.

**Website:** larimer.org/health/maternal-child-and-family-health/wic

**Location:**
1525 Blue Spruce Dr
Fort Collins, CO 80524

**Hours:**
Monday-Friday, 8am-5:30pm
Closed on the first Wednesday of each month.

**Phone:**
970-498-6720

Larimer County Public Benefits

**Services Provided:** A variety of benefits to assist individuals and families, including food, cash, medical, or child care assistance, as well as other specialized programs.

Free.

Bilingual (English, Spanish) services available.

**Website:** larimer.gov/humanservices/public-benefits

**Location:**
200 Peridot Ave
Loveland, CO 80537

**Hours:**
Monday-Friday, 8am-5pm

**Phone:**
970-498-6300

Meals on Wheels

**Services Provided:** Meals delivered to homebound seniors, individuals with disabilities, or adults who are recovering from illness or surgery and are unable to prepare meals for themselves.

Free.

Bilingual (English, Spanish) services available.

**Website:** fcmow.org

**Location:**
1217 E Elizabeth St, Unit 11
Fort Collins, CO 80524

**Hours:**
Monday-Friday, 8:30am-2pm

**Phone:**
970-484-6325

**Email:**
info@mealsonwheelsfc.org
FOOD AND CLOTHING

No Kid Hungry

Services Provided: Information for educators and families about school breakfast, afterschool meals, summer meals, and SNAP.

Text “FOOD” (or “COMIDA”) to 877877 to find a location near you.

Free.

Bilingual (English, Spanish) services available.

Services Provided:
Information for educators and families about school breakfast, afterschool meals, summer meals, and SNAP.

Website:

nokidhungry.org/find-meal-sites

bestpractices.nokidhungry.org/resource-center

Phone:

800-969-4767

Salvation Army

Services Provided: Food pantry provides free, fresh produce and canned goods.

Food box program provides food, including baby and pet items, twice a month.
Meal programs provide sit-down community meals and mobile meals delivered to those who cannot reach a food distribution center.

Free.

Bilingual (English, Spanish) services available.

Services Provided: Food pantry provides free, fresh produce and canned goods.

Food box program provides food, including baby and pet items, twice a month.
Meal programs provide sit-down community meals and mobile meals delivered to those who cannot reach a food distribution center.

Free.

Bilingual (English, Spanish) services available.

Website:

fortcollins.salvationarmy.org

Location:
3901 S Mason St
Fort Collins, CO, 80525

Phone:
970-207-4473

Hours:
Monday, Wednesday, 10am-12pm

Breakfast:
Monday-Friday, 8am-2pm

To-Go Lunches:
Monday-Friday, 11am-4pm
**Catholic Charities—The Mission**

**Services Provided:** Shelter and housing programming.

- Free.
- Bilingual (English, Spanish) services available.

Also see [Health and Emergency Services](#) and [Legal Services](#).

**Family Housing Network**

**Services Provided:** Emergency and stabilizing services for parents and children. Shelters and feeds families through overnight shelter program (limited space), case management services, day center, and transitional housing.

- Free.

**Housing Catalyst**

**Services Provided:** Develops affordable housing properties, administers rental assistance vouchers, and manages affordable apartment communities.

- Contact property management team about availability in rental communities. Eligible community members can apply for housing voucher waiting lists.
- Eligibility varies by community and program. Most leases and housing assistance programs have income criteria.
- Translation services are available in Spanish and other languages upon request.

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**Website:** [ccdenver.org/homeless-shelters/the-mission](ccdenver.org/homeless-shelters/the-mission)

**Location:**
460 Linden Center Dr
Fort Collins, CO 80524

**Phone:** 970-484-5010

**Website:** [faithfamilyhospitality.org](faithfamilyhospitality.org)

**Location:**
1606 S Lemay Ave
Ste 103
Fort Collins, CO 80525

**Hours:**
Monday, Tuesday, Thursday, 9am-6pm
Wednesday, Friday, 9am-5pm
Saturday, 9am-4pm

**Phone:** 970-484-3342

**Website:** [housingcatalyst.com](housingcatalyst.com)

**Location:**
1715 W Mountain Ave
Fort Collins, CO 80521

**Hours:**
Monday-Friday, 8am-4pm

**Phone:** 970-416-2910

**Email:** info@housingcatalyst.com
### Homeward Alliance—Family Services Program

**Services Provided:** Housing-focused support and resources to help families escape or prevent homelessness. Hosts Family Food & Children/Teen Clothing Closet and quarterly Family Resource Fairs.  

- Free.  
- Bilingual (Spanish) services available.

**Website:** [homewardalliance.org/hwa/family-services](http://homewardalliance.org/hwa/family-services)  
**Location:**  
1606 S Lemay Ave  
Ste 105  
Fort Collins, CO 80525  
**Hours:** Monday-Friday, 8am-5pm  
**Phone:** 970-430-6513  
**Email:** info@homewardalliance.org

### Larimer County Food, Medical, and Financial Assistance—LEAP

**Services Provided:** Financial assistance to help low income households with winter home heating costs.  

- Free.  
- Bilingual (English, Spanish) services available.

**Website:** [larimer.org/humanservices/assistance/leap](http://larimer.org/humanservices/assistance/leap)  
**Location:**  
1501 Blue Spruce Dr  
Fort Collins, CO 80524  
**Hours:** Monday-Friday, 8am-4:30pm  
**Phone:** 970-498-6300  
**Email:** LEAPHELP@discovermygoodwill.org

### The Matthews House—Housing Opportunities Supporting Transition (HOST) Program

**Services Provided:** Temporary housing through volunteer HOST families for children, youth, and families who are in a crisis situation.  

- Free.  
- Bilingual (English, Spanish) services available.  

Also see [Mentoring, Summer and After-School Activities](#), and [Learning Opportunities](#).
HOUSING SUPPORT

**Murphy Center for Hope**

**Services Provided:** A core service provider and a collaborative of agencies assembled under one roof to serve anyone who is homeless or at risk of becoming homeless. Provides mail services; lockers; shower and hygiene supplies; laundry facilities; computers and Wi-Fi; bus passes; telephones and long distance calling.

Free.

Bilingual (English, Spanish) services available.

Also see **Transportation** and **Legal Services**.

**Website:** murphycenter.org/our-services/service-providers

*Visit the website for a full list of partner agencies located at the Murphy Center.*

**Location:**
242 Conifer St
Fort Collins, CO 80524

**Hours:**
Monday-Friday, 8am-5pm

**Phone:**
970-494-9940

Some services require appointment. Calling ahead is recommended.

**Neighbor to Neighbor**

**Services Provided:** Housing services including assistance in finding housing, counseling for homeowners, and rental assistance.

Free.

Bilingual (English, Spanish) services available.

**Website:** n2n.org

**Location:**
1550 Blue Spruce Dr
Fort Collins, CO 80524

**Hours:**
Monday-Thursday, 8am-5pm
Friday, 8am-12pm
Closed Daily 12-1pm

**Phone:**
970-484-7498

**Email:** contact@n2n.org
## HEALTH AND EMERGENCY SERVICES

### Banner Health

**Services Provided:** Full-service, acute-care hospital offering emergency care, orthopedics, general surgery, women's health, labor and delivery, gastroenterology, urology, pulmonology, intensive care, and other medical and surgical services.

Sliding scale fees.

Bilingual (English, Spanish) services available.

**Website:** [bannerhealth.com/locations/fort-collins/banner-fort-collins-medical-center](http://bannerhealth.com/locations/fort-collins/banner-fort-collins-medical-center)

<table>
<thead>
<tr>
<th>Location</th>
<th>Hours</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>4700 Lady Moon Dr</td>
<td>24/7</td>
<td>970-821-4000</td>
</tr>
</tbody>
</table>

### Catholic Charities

**Services Provided:** Emergency assistance program, food boxes, emergency shelter; help completing benefits forms.

Free.

Bilingual (English, Spanish) services available.

Also see Housing Support and Legal Services.

**Website:** [ccdenver.org/larimer-county-services](http://ccdenver.org/larimer-county-services)

<table>
<thead>
<tr>
<th>Location</th>
<th>Hours</th>
<th>Phone</th>
<th>Emergency Assistance</th>
</tr>
</thead>
<tbody>
<tr>
<td>460 Linden Center Dr</td>
<td>Monday-Friday, 8:30am-5pm</td>
<td>970-484-5010</td>
<td>970- 484-5010</td>
</tr>
</tbody>
</table>

### Health District of Northern Larimer County—Family Dental Clinic

**Services Provided:** Prescription assistance, mental health, dental, preventive care, and health planning services.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Also see Mental Health and Substance Use Disorder.

**Website:** [healthdistrict.org/services/family-dental-clinic](http://healthdistrict.org/services/family-dental-clinic)

<table>
<thead>
<tr>
<th>Location</th>
<th>Hours</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>202 Bristlecone Dr</td>
<td>Monday-Thursday, 7am-6pm</td>
<td>970-416-5331</td>
</tr>
<tr>
<td></td>
<td>Friday, 7am-5pm</td>
<td></td>
</tr>
</tbody>
</table>

Appointments required.
Larimer County Health and Environment

**Services Provided:** Health and family planning, preventive care services, immunizations, and special programs for all ages.

Free and sliding scale fees.

Bilingual (English, Spanish) services available.

**Poudre Valley Hospital**

**Services Provided:** Full-service hospital offering emergency services, health treatments, surgeries, and diagnostic tests in more than three dozen medical specialties.

Sliding scale fees.

Bilingual (English, Spanish) services available.

**Salud Family Health Center**

**Services Provided:** Screening for stressors and immediate support and/or referrals. Provides outreach to migrant school-age children with immunization, dental care, and medical services. Mobile health unit provides comprehensive medical services.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Also see Mental Health.

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**Website:** larimer.org/humanservices/assistance

**Location:**

1525 Blue Spruce Dr
Fort Collins, CO 80524

**Hours:**

Monday-Friday, 8am-4:30pm

**Phone:** 970-498-6700

**Website:** uchealth.org/locations/uchealth-poudre-valley-hospital

**Location:**

1024 S Lemay Ave
Fort Collins, CO 80524

**Hours:**

24/7

**Phone:** 970-495-7000

**Website:** saludclinic.org

**Two Locations:**

1635 Blue Spruce Dr
Fort Collins, CO 80524

**Medical Hours:**

Monday-Wednesday, 7:30am-7pm
Thursday-Friday, 7:30am-5pm

**Phone:** 970-484-0999

303-MYSALUD
(697-2583)

**Dental Hours:**

Monday-Thursday, 8am-5pm

24/7 access to a health provider.

1830 Laporte Ave
Fort Collins, CO 80521

**Medical Hours:**

Monday-Friday, 7:30am-5pm

**Dental Hours:**

Monday-Friday, 8:30am-4:30pm
## The Youth Clinic

**Services Provided:** Medical services for infants, children, and young adults, along with prevention and wellness programs.

- Sliding scale fees.
- Bilingual (English, Spanish) services available.

<table>
<thead>
<tr>
<th>Location</th>
<th>Hours</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>1200 E Elizabeth St, Fort Collins, CO 80524</td>
<td>Monday-Friday, 9am-3pm</td>
<td>970-267-9510</td>
</tr>
<tr>
<td>1214 Oak Park Dr, Fort Collins, CO 80525</td>
<td>Monday-Friday, 9am-3pm</td>
<td>970-267-9510</td>
</tr>
<tr>
<td>Medical Center of the Rockies, 2500 Rocky Mountain Ave Ste 260, Loveland, CO 80538</td>
<td>Monday-Friday, 9am-3pm</td>
<td>970-267-9510</td>
</tr>
<tr>
<td>4845 Weitzel St Ste 101, Timnath, CO 80547</td>
<td>Monday-Friday, 9am-3pm</td>
<td>970-267-9510</td>
</tr>
</tbody>
</table>

For a complete list of Larimer County health care providers, visit: larimer.org/health/maternal-child-and-family-health/healthy-communities.
TRANSPORTATION

Dial-a-Ride

**Services Provided:** Dial-a-Taxi provides transportation for passengers with a disability that prevents them from using the fixed route bus service. Provides round-trip transportation throughout Fort Collins.

$2.50 per one-way trip.

Bilingual (English, Spanish) services available.

Website: ridetransfort.com/schedules/dial-a-ride

Typical Service Hours: Monday-Saturday, 6am-11pm

Phone: 970-224-6066

For information about additional complimentary paratransit services, contact Dial-A-Ride.

Murphy Center for Hope

**Services Provided:** Provides a number of basic needs services, including transportation assistance.

Free.

Bilingual (English, Spanish) services available.

Also see Housing Support and Legal Services.

Website: murphycenter.org/our-services/service-providers

*Visit the website for a full list of partner agencies located at the Murphy Center.

SAINT Care-A-Van

**Services Provided:** Personal transportation to people ages 60 years and older, and people with disabilities that prevent them from driving.

Free.

Bilingual (English, Spanish) services available.

Website: saintvolunteertransportation.org

Location: 333 W Drake Rd
Suite 42
Fort Collins, CO 80526

Hours: Monday-Friday, 8:15am-4pm

Phone: 970-223-8604

Must schedule in advance.

Some services require appointment. Calling ahead is recommended.
TRANSPORTATION

Transfort

**Services Provided:** Free transportation throughout Fort Collins city area via buses and the MAX transit line.

Free.

Bilingual (English, Spanish) services available.

**Website:**
ridetransfort.com

**Location:**
250 N Mason St
Fort Collins, CO 80524

**Phone:**
970-221-6620
Disabled Resource Services

Services Provided: Assists individuals of all ages with disabilities set their own goals and achieve them.

Bilingual (English, Spanish, ASL) services available.

Foothills Gateway

Services Provided: Services for Larimer County residents who are eligible for services through the cognitive disabilities system. Assistance is given to individuals and their families through direct services or by purchasing services from other agencies.

Free and sliding scale fees.

Bilingual (English, Spanish, ASL) services available.

Respite Care, Inc.

Services Provided: Short-term, quality care for children with developmental disabilities and respite to their families, enabling them to enhance their quality of life. Serves children ages 6 weeks-18 years. Offers facility-based early childhood and school-age programs. Provides child (day) care, before and after school care, evenings, weekends, and overnight care.

Not able to provide care for children with extreme, aggressive behaviors, or children with tracheostomies or who require injections.

Sliding scale fees.

Interpretation available. No bilingual staff.
Early Childhood Council of Larimer County

Services Provided: Childcare referrals.

- Sliding scale fees.
- Bilingual (English, Spanish) services available.

Website: [ecclc.org](http://ecclc.org) (general information) OR [larimerchildcare.org/welcome](http://larimerchildcare.org/welcome) (referrals)

Location: 2850 McClelland Dr
Suite 3400
Fort Collins, CO 80525

Hours: Monday-Friday, 8am-4:30pm
Phone: 970-377-3388

The Family Center/La Familia

Services Provided: Childcare services and advocacy with the goal of strengthening and stabilizing families with children. Includes El Nidito, Early Headstart, experiential play, and summer programming.

- Sliding scale.
- Bilingual (English, Spanish) services available.

Also see Summer and After-School Activities.

Website: [thefamilycenterfc.org](http://thefamilycenterfc.org)

Location: 309 Hickory St #5
Fort Collins, CO 80524

Business Hours: Monday-Friday, 8am-5pm
Phone: 970-221-1615

Early Childhood Center (El Nidito) Hours: Monday-Friday, 6:30am-6pm
Email: info@thefamilycenterfc.org

Larimer County Children, Youth and Family Services—Childcare Assistance Program (CCAP)

Services Provided: Financial assistance for childcare services to families who meet the income guidelines and who are in an eligible activity.

- Sliding scale fees.
- Bilingual (English, Spanish) services available.

Website: [co.larimer.co.us/humanservices/assistance/ccap.htm](http://co.larimer.co.us/humanservices/assistance/ccap.htm)

Location: 1501 Blue Spruce Dr
Fort Collins, CO 80524

Hours: Monday, Tuesday, Thursday, Friday, 8am-3pm
Phone: 970-498-6300
Poudre School District—Early Childhood Education

Services Provided: Quality early care and education for prenatal families and children ages 0-5 years. Children ages 0-36 months have two options: a center-based care approach or home visiting approach. For children ages 3-5 years, there are preschool options in 21 local elementary schools with many ways to qualify for reduced, free, sliding scale options. In addition to care and education, developmental screenings, health screenings, community referrals, child socialization and family/parenting education are also available.

Some tuition slots available. Apply online or in person.

Bilingual (English, Spanish) services provided. Additional languages upon request.

Also see Learning Opportunities.

Teaching Tree Early Childhood Learning Center

Services Provided: Affordable, quality early childhood and educational programs for infants, toddlers, and pre-school youth.

Sliding scale fees.

Bilingual (English, Spanish) services available.

Website: teaching-tree.org
Location: 424 Pine St
Fort Collins, CO 80524

Hours: Monday-Friday, 6:30am-6pm
Phone: 970-493-2628
Alianza NORCO

**Services Provided:** Information and workshops for immigrants, including help obtaining drivers licenses.

Bilingual (English, Spanish) services available.

Website: alianzantorco.org

Catholic Charities

**Services Provided:** Emergency assistance programs, legal support, help filling out forms, etc. Appointment required for emergency utility, transportation, and government ID assistance.

Free.

Bilingual (English, Spanish) services available.

Also see Housing Support and Health and Emergency Services.

Website: ccdenver.org/larimer-county-services

Colorado Legal Services

**Services Provided:** Access to civil legal services for low-income individuals and members of vulnerable populations.

Must meet financial and citizen or eligible-non-citizen requirements. Some offices also assist seniors ages 60 and older, regardless of income, in certain civil legal matters.

Free.

Bilingual (English, Spanish) services available.

Website: coloradolegalservices.org

Colorado Poverty Law Project

**Services Provided:** Free housing-related legal services for low-income households.

Website: copovertylawproject.org
Crossroads Safehouse

**Services Provided:** Legal assistance via the Bringing Justice Home Project that assists low-income domestic violence, sexual assault, dating violence, and stalking survivors by providing legal representation in a wide range of legal matters including, but not limited to, civil protection orders, divorce, and custody cases.

Free.

Bilingual (English, Spanish) services available.

Also see Physical/Sexual Abuse and Neglect and Crisis Counseling.

| Website: crossroadssafehouse.org |
| Office Hours: Monday-Friday, 9am-5pm |
| 24/7 Crisis/Info Line: 970-482-3502 |
| Toll-free Crisis Line: 1-888-541-SAFE (7233) |

Fuerza Latina

**Services Provided:** This organization of immigrants and allies is dedicated to educating, informing, organizing, and promoting change to facilitate an improved quality of life for immigrants in our community.

Bilingual (English, Spanish) services available.

Website: fccan.org/affiliates/fuerza-latina/

| Email: info@fccan.org |
| Phone: 970-419-8944 |

Immigrant Assistance Hotine: 970-472-1501

Murphy Center for Hope

**Services Provided:** Legal services including benefits enrollment, Colorado ID Voucher, driver’s license vouchers, and social security disability benefits applications.

Free.

Bilingual (English, Spanish) services available.

Also see Housing Support and Transportation.

Website: murphycenter.org/our-services/service-providers

| Location: 242 Conifer St |
| Phone: 970-494-9940 |

Location: Fort Collins, CO 80524

Hours: Monday-Friday, 8am-5pm

Some services require appointment. Calling ahead is recommended.
Assistance for Undocumented Families

Community DREAMer Fund

**Services Provided:** An assistance fund for collegiate and high school DREAMer students in the Fort Collins area.

**Website:** [sojournmennonite.org/give/dreamers](sojournmennonite.org/give/dreamers)

**Phone:** 970-658-0026

**Email:** sojournmennonite@gmail.com

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Northern Colorado Emergency Immigration Fund

**Services Provided:** Provides emergency financial support for immigrants who have experienced a crisis and are not eligible for other forms of support.

**Website:** [foothillsuu.org/our-partners-and-impact](foothillsuu.org/our-partners-and-impact)
This guide is not comprehensive of all resources in our community that support youth and families. Below are just a few additional resources.

**BizWest Community Giving Guide**
Directory of nonprofits serving Boulder, Broomfield, Larimer, and Weld counties.

**Homeless Resource Guide—Fort Collins**
Directory of resources for people experiencing homelessness.

**Larimer County Resource Guide**
Directory of Larimer County resources.

**United Way of Larimer County 2-1-1**
Referral specialists provide information about community services.

**Macaroni KID**
Database of local events, activities, and resources for parents, kids, and families.