

DAB Start Times Pros/Cons

Current	
PROS	CONS
Saves \$	Health impact for HS
Consistency (known/status quo)	Sleep catch-up on weekends impacts activities
Childcare	Social emotional impact
Sleep for little ones	Disciplinary action
Extra-curricular	Car accidents
Works for fieldtrips	All kids will be HS kids eventually
Works for athletics	HS not functioning at optimal
After school jobs (HS)	HS not able to learn at potential
Daylight savings (dark for sports)	
Budgeted known/funded	
Daylight savings safety for kids	
Absences due to e.c.s	

A	
PROS	CONS
Middle of the road	Minimal change
Not too late of a dismissal	Cost and # bus drivers needed
No impact on elementary	<i>Note: Cons can also be viewed as pros in comparison to other options</i>
Less impact on family dynamics	
Less of an impact on after-school activities	
Cost seems do-able	
Improved health	
Improved social-emotional	
Improved disciplinary action	
Less catch-up sleep on weekends	
Fewer car accidents	

B	
PROS	CONS
Improvement for MS & HS	Late release for after school athletics
Lowest costing change	Not all MSs were pushed back
Balanced approach	

C	
PROS	CONS
Meets AAPM recommendations for HS/MS age suggested start time	Added routes and drivers
Maximizes benefits, more long-term benefits	Not reflective of possible morning schedules/afternoon schedules for making bus pick up times and accommodating drop off times (still might have the morning and afternoon runaround for families to get kids to buses and off buses and to school)
Students can't wait to get into HS for later start times	\$\$\$ (work time effected)
Better for "some" families	Worse for "some" families
HS kids driving after elementary kids have walked to school	Earlier start times are not medically supported or unsupported by any published research for elementary age

Nov 5, 2018: Results from DAB voting on School Start Times

Vote #1: at start of meeting

Current	Scenario A	Scenario B	Scenario C
5	9	11	6

31 total votes

Comments from cards:

- B—ideally postpone for additional analysis
- B—(or A!)

Vote #2: at end of meeting

Current	Scenario A	Modified B	Scenario C
3	7	18	4

32 total votes

Comments from cards:

A—Changed from “no change.” It seems clear to me the Board is going to make a change, and I believe that is an ill advised opening of Pandora’s Box. Because the change seems inevitable, the change with the least potential unintended consequences is preferred. Also, lack of evidence on impact on younger children is disturbing.

Modified B—Changed from “current” to B because I liked the goals met and impact on elementary start/end times not much different.

Modified B—Changed from C due to earlier end time for HS Students with B.

Modified B—After discussion was made I changed mind because of all outcomes and it seems good for a large majority of people.

B—Did not change vote. Feel it is the most balanced for cost and improved health for H.S. and a positive impact for middle school start times. Love modified B.

Modified B—it's balanced. Feel bad you asked group C to process pro/con when you took it off the ballot.

Modified B—Changed from A to Modified B due to M.S. late start, too!

Modified B—End time is now a happy medium.

Modified B--@4pm

B—better end times now.

C—Keep Elementary before H.S. and M.S. Later time for M.S.

C—Still like the same (vote).