## **COMMUNITY** RESOURCE GUIDE

Poudre School District 2017-2018 School Year

## INTRODUCTION

#### **ABOUT THIS GUIDE**

The many community partners that serve youth and families want to do their best to support Poudre School District (PSD) school leaders and staff by ensuring they can connect students and families to relevant support resources.

While there are resources in the community designed to inform school staff about services, there remains a gap in information. To help bridge this gap and meet an immediate, identified need, the following compilation of resources was created to help principals and school staff easily find information about community resources in three key domains (Social and Emotional Support, Enrichment Activities, and Basic Needs).

This guide:

- is designed for school principals and staff.
- provides links to currently available resources that provide services within the PSD boundary.
- builds on existing information already available.
- is focused on services for youth and families generally, unless specifically noted.
- provides resources as a public service only. PSD does not endorse or recommend one organization over another.

The guide is not a comprehensive list of resource in the community, but rather is designed to direct PSD principals and staff to resources that align with needs occurring in their schools. As this is a first iteration of this resource, feedback will be sought about how useful it was and ways it could be improved.

#### HOW TO USE THIS GUIDE

This document is interactive. Hyperlinks can be found throughout that will help to navigate within the document or access external web resources. This guide is organized into three main domains:

- Social and Emotional Support
- Enrichment Activities
- Basic Needs

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## SOCIAL AND EMOTIONAL DEVELOPMENT

Social and Emotional Development refers to the skills necessary to foster secure attachment with adults; maintain healthy relationships; regulate behavior and emotions; and develop a healthy concept of personal identity and executive functioning. Positive social and emotional development provides an important foundation for lifelong development and learning. Social and Emotional Development includes mental health, crisis counseling, physical/sexual abuse and neglect, LGBTQ resources, and diversity programs and services.

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## MENTAL HEALTH



The PSD Mental Health Team offers a comprehensive approach to serving students and families by blending school resources with community resources. School-based and school-linked programs provide students with early intervention, crisis intervention, prevention, and treatment to address their specific needs.

See www.psdschools.org/student-assistance-services for more information about the PSD mental health services.

The following are external resources that can be accessed directly.

SOCIAL AND EMOTIONAL DEVELOPMENT

#### Center for Family and Couple Therapy (CSU)

Services Provided: Therapy services to families, couples, individuals, adolescents, and children.

Sliding scale fees.

02

#### Website:

#### www.cfct.chhs.colostate.edu

#### Location: Colorado State University

Phone: 970-491-5991

502 West Lake Street Gifford Building, Room 119 Fort Collins, CO 80523

## Health District of Northern Larimer County - Mental Health Connections

Services Provided: Information on counseling and treatment options, referrals to local counsel- ors, treatment programs, classes, support groups and other services tied to mental health issues.	Website: www.healthdistrict.org/	services/mental-health-conr	nections
CAYAC (Child, Adolescent, and Young Adult Connections) is a community partnership for early identification of mental health and substance use disorders that affect health, happiness, family, and school. Services are free except for counseling, which is low-cost and based on ability to pay.	Location: 525 West Oak Street Fort Collins, CO 80521 Located inside SummitStone Health Partners	<b>Hours:</b> Monday – Friday, 8am – 5pm Walk in services: 8am – 4pm <b>Assistance by phone available</b> 24 hours.	<b>Phone:</b> 970-221-5551
Bilingual services available.	;		
Also see Substance Abuse and Health and Emergency Services.			
Mountain Crest Behavioral Health Center (UC Health)			

<b>Services Provided:</b> Comprehensive mental health assessments and treatment programs for adolescents, adults, senior citizens, and families. Inpatient and outpatient programs are available.		es/Services/Behavioral-Health/ ioral-Healthcare-Center-Programs	s.aspℝhone:
	<b>Location:</b> 4601 Corbett Drive	Hours:	970-207-4800
Also see <b>Substance Abuse</b> .	Fort Collins, CO 80528	Emergency assessments are available 24 hours a day.	

## MENTAL HEALTH



### Salud Family Health Center

Website: www.saludclinic.org		
<b>Two Locations:</b> 1635 Blue Spruce Drive	<b>Medical Hours:</b> Monday – Wednesday,	<b>Phone:</b> 970-484-0999
Fort Collins, CO 80524	7:30am – 7pm Thursday, Friday, 7:20am – Fam	24-hour access to a health provider
	·	by phone: 303-MYSALUD
	<b>Dental Hours:</b> Monday – Friday, 8am – 5pm	(697-2583)
1830 Laporte Avenue	Medical Hours:	<b>Phone:</b> 970-484-0999
For t Collins, CO 80321	7:30am - 5:00pm	24-hour access to a health provider
	Dental Hours:	by phone:
	Monday — Friday, 8:30am — 4:30pm	303-MYSALUD (697-2583)
£	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •
Website: http://summitstonehealth.or	g	
<b>Location:</b> Child and Family Services	Hours: Monday — Friday	<b>Phone:</b> 970-494-4200
2001 S. Shields Street Building K Fort Collins, CO 80526	8am – 5pm	770-171-1200
opment		
Website: www.turningpnt.org Location:	Hours:	<b>Phone:</b> 970-221-0999
1644 S. College Avenue	Monday — Friday,	
	www.saludclinic.org         Two Locations:         1635 Blue Spruce Drive         Fort Collins, CO 80524         1830 Laporte Avenue         Fort Collins, CO 80521         1830 Laporte Avenue         Fort Collins, CO 80521         Vebsite:         http://summitstonehealth.or         Location:         Child and Family Services         2001 S. Shields Street         Building K         Fort Collins, CO 80526         Doment         Website:         www.turningpnt.org         Location:	www.saludclinic.org         Two Locations:         1635 Blue Spruce Drive         Fort Collins, CO 80524         Monday – Wednesday,         7:30am – 7pm         Thursday, Friday,         7:30am – 5pm         Dental Hours:         Monday – Friday,         8am – 5pm         1830 Laporte Avenue         Fort Collins, CO 80521         Medical Hours:         Monday – Friday,         8am – 5pm         1830 Laporte Avenue         Fort Collins, CO 80521         Medical Hours:         Monday – Friday,         7:30am – 5:00pm         Dental Hours:         Monday – Friday,         8:30am – 4:30pm         Dental Hours:         Monday – Friday,         8:30am – 4:30pm         Dental Hours:         Monday – Friday,         8:30am – 4:30pm         Monday – Friday,         8:30am – 5pm         Building K         Fort Collins, CO 80526         Poment         Website:         www.turningpnt.org         Location:         Kebiste:         wwww.turningpnt.org         Location:

Also see Mentoring, Crisis Counseling, and Substance Abuse.

## **CRISIS COUNSELING**



#### Alliance for Suicide Prevention of Larimer County

Services Provided: Information about suicide prevention, lending library,		Websi
support group referral, community resources and free educational programs for		http://
adults and youth, through RAPP, a school-based suicide education and prevention program and grief support groups.	:	<b>Locati</b> 1100 P

Not a crisis center.

Website: http://allianceforsuicideprev	ention.org
<b>Location:</b> I 100 Poudre River Drive Suite B Fort Collins, CO 80525	<b>Phone:</b> 970-482-2209
Additional Crisis Resources: National Suicide Hotline: 1-800-2 Colorado Crisis Support: 1-844-4	

#### **Crossroads Safehouse**

**Services Provided:** Safe emergency housing for victims of domestic abuse, crisis intervention, legal assistance, transitional housing, education, information and referral services.

Free.

Bilingual services available.

Also see Physical/Sexual Abuse and Neglect and Legal Services.

Services Provided: Services to youth (ages 0-18) and their families including:

child protection screening and assessment, detention, early intervention services,

individual and/or family counseling, 24-hour assistance in investigating allegations

#### Website:

#### www.crossroadssafehouse.org

Location:
P.O. Box 993
Fort Collins, CO 80524

#### Hours: Monday - Frid:

Monday – Friday, 9am – 5pm Emergency shelter and assistance available 24 hours a day, seven days a week.

#### **24/7 Crisis/Info Line:** 970-482-3502

Toll-free Crisis Line: 1-888-541-SAFE (7233)

#### Larimer County Children, Youth and Family Services - The Hub

Website:

#### www.larimer.org/humanservices/hub/

#### Location: 2555 Midpoint Drive Suite F Fort Collins, CO 80525

#### Walk-in Hours: Monday – Thursday,

Friday, 8am – 5pm

of intake specialists.

The Hub is staffed 24-hours a

day, 7 days a week, by a team

8am – 9pm

**To report child abuse or neglect:** 970-498-6990

Free.

Bilingual services available.

of child abuse and neglect.

## **CRISIS COUNSELING**



#### Sexual Assault Victim Advocate (SAVA) Center

<b>Services Provided:</b> Crisis hotline, direct services, medical and legal advocacy to help sexual assault survivors understand their rights and options. Weekly support	Website: http://savacenter.org		<b>Phone:</b> 970-472-4204	
groups for primary and secondary survivors. Prevention and education programs for youth and adults.	<b>Location:</b> 4812 S. College Avenue	<b>Hours:</b> Monday – Friday,	24-Hour Rape	
Sliding scale fees.	Fort Collins, CO 80524	8:30am – 5pm	<b>Crisis Hotline:</b> 970-472-4200 or	
Bilingual services available.			877-352-7273	
Also see Physical/Sexual Abuse and Neglect.				

#### SummitStone Health Partners

**Services Provided:** Behavioral health crisis support for all ages. Walk-in availability with short-term respite or residential treatment when needed. 10-bed Community Crisis Clinic for up to 5 days (ages 18 and over). Mobile crisis counselors are available to travel throughout Larimer County. Immediate crisis intervention and de-escalation. Follow-up care, assessment, and intervention.

Free and sliding scale fees.

Bilingual services available.

Also see Mental Health.

#### **Turning Point Center for Youth & Family Development**

<b>Services Provided:</b> Individual counseling for teens, as well as family therapy dealing with mental health and substance abuse issues.	Website: www.turningpnt.org		••••••
Free and sliding scale fees.	Location:	Hours:	Phone:
	I 644 S. College Avenue	Monday — Friday,	970-221-0999
Bilingual services available.	Fort Collins, CO 80525	8:30am – 6:30pm	
			Turning Point
Also see Mental Health, Mentoring, and Substance Abuse.			Referral Line:
			970-567-6461

# Website: http://summitstonehealth.org Crisis Walk-In Location: Hours: Phone: 1217 Riverside Avenue Open 24 hours, 7 days a 970-494-4200 Fort Collins, CO 80524 week, 365 days a year. Crisis Line: 1-844-493-TALK (8255) 1-844-493-TALK

## SUBSTANCE ABUSE



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## **Services Provided:** Support and programming to anyone affected by a relative or friend's drinking.

Free.

Bilingual services available.

Website: http://al-anon-noco.org/ind	ex.html
Location: District 20 P.O. Box 1207 Fort Collins, CO 80527-1207	<b>Phone:</b> 970-488-1383
	<b>24-Hour Contact:</b> 970-2AL-ANON (970-225-2666)

#### **Alcoholics Anonymous**

**Services Provided:** Support groups and programming for individuals with alcohol related problems.

Literature translation services available. Spanish speaking only groups vary by region.

#### Website:

#### www.northcoloradoaa.org

Location: 155 N. College Avenue, #114 Fort Collins, CO 80524

**Hours:** Monday – Friday, 9am – 5pm

**24-Hour Contact:** 970-224-3552

#### Health District of Northern Colorado - Step Free From Tobacco program

<b>Services Provided:</b> Step Free From Tobacco Program, a six-week class run by Tobacco Treatment Specialists. Free nicotine patches, gum or lozenges. Individual, buddy or group sessions.	Website: www.healthdistrict.org/services/quit-smoking			
	Location:	Hours:	Phone:	
Sliding scale fees.	I 20 Bristlecone Drive	Monday — Friday,	970-224-5209	
5	Fort Collins, CO 80524	8am – 5pm	Phone support	
ilingual services available.			help available 24	
		Walk in services:	hours a day	
Also see Mental Health and Health and Emergency Services.		Monday — Friday,		
		8am – 4pm		
	•	·		

## SUBSTANCE ABUSE



#### Larimer County Department of Health & Environment

Services Provided: Information and resources about tobacco education, prevention, policy, and cessation for youth and adult populations.	Website: www.larimer.org/health/ch	ns/tobacco/	
Free and sliding scale fees.	Location: 1525 Blue Spruce Drive	<b>Hours:</b> Monday – Friday,	<b>Phone:</b> 970-498-6700
Bilingual services available.	Fort Collins, CO 80524	8am – 4:30pm	

#### Mountain Crest Behavioral Health Center (UC Health)

<b>Services Provided:</b> Chemical dependency intensive outpatient program, which focuses on education, prevention of relapse, and effective ways to deal with life stress.		/Services/Behavioral-Health/ oral-Healthcare-Center-Program	is.aspx
Also see <b>Mental Health</b> .	<b>Location:</b> 4601 Corbett Drive Fort Collins, CO 80528	<b>Hours:</b> Monday – Friday, 9am – 5pm <b>Emergency assessments are</b> <b>available 24 hours a day</b> .	<b>Phone:</b> 970-207-4800
Narcotics Anonymous			
Services Provided: Support groups for individuals with narcotics related problems.	Website: http://nacolorado.org/m See website for meeting locati	C	<b>Phone:</b> 970-282-8079
Team Wellness and Prevention			

Services Provided: Alcohol/drug, wellness and prevention education	Website:	• • • • • • • • • • • • • • • • • • • •	
programming to middle and high school students. Presentations for parents on topics related to youth substance use. Convenes community groups.	http://teamwandp.org		
Opportunities for youth activities in safe, substance-free environments.	Location: 201 S College Avenue	<b>Hours:</b> Monday – Friday,	<b>Phone:</b> 970-224-9931
Free.	Fort Collins, CO 80524	9am – 4pm	710 221 7751

## SUBSTANCE ABUSE



970-567-6461

### The Center for Family Outreach

<b>Services Provided:</b> Substance abuse prevention classes for youth, and education, intervention, and support for families who are challenged by the adolescent years. Free and sliding scale fees.	Website: www.tcffo.org Location: 1100 Poudre River Drive, Suite B	<b>Hours:</b> Monday – Friday, 8:30am – 5pm	<b>Phone:</b> 970-495-0084
Bilingual services available.	Fort Collins, CO 80524		
Turning Point Center for Youth & Family Develo	pment		
<b>Services Provided:</b> Short- and long-term substance abuse treatment options (day and residential), addiction education, counseling and therapy, and case management.	Website: www.turningpnt.org		
Free and sliding scale fees.	<b>Location:</b> 1644 S. College Avenue Fort Collins, CO 80525	<b>Hours:</b> Monday – Friday, 8:30am – 6:30pm	<b>Phone:</b> 970-221-0999
Bilingual services available.		0.50411 0.50p11	Turning Point Referral Line

Also see Mental Health, Crisis Counseling, and Mentoring.

## PHYSICAL/SEXUAL ABUSE AND NEGLECT



#### ChildSafe Colorado, Inc.

**Services Provided:** Treatment program for child and adult victims of childhood abuse, particularly child sexual abuse, and their non-offending family members.

Information and referral, support, education, and therapy.

Coordinates services with law enforcement, child protection agencies, schools, medical professionals, and other mental health providers.

Sliding scale fees.

Bilingual services available.

#### **Crossroads Safehouse**

**Services Provided:** Safe emergency housing, 24 hours a day, 7 days a week, crisis intervention, legal assistance, transitional housing, victim abuse education and information, and referral services.

Free.

Bilingual services available.

Also see Crisis Counseling and Legal Services.

#### Website: www.childsafecolorado.org

#### Location: 1148 East Elizabeth Street Fort Collins, CO 80521

O 80521 8

#### Hours: Monday – Thursday, 8am – 7:30pm Friday, 8am – 2pm

**Phone:** 970-472-4133

**24-Hour Hotline:** 970-498-6990

Website:		
www.crossroadssafehous	e.org	
<b>Location:</b> P.O. Box 993 Fort Collins, CO 80524	<b>Hours:</b> Monday – Friday, 9am – 5pm	<b>24/7 Crisis/Info</b> Line: 970-482-3502
	Safehouse is open 24 hours a day, seven days a week to those	Toll-free Crisis
	needing shelter and assistance.	1-888-541-SAFE (7233)

#### Larimer County Children, Youth and Family Services - Child Protection Services

**Services Provided:** Services to youth (ages 0-18) and their families including: child protection screening and assessment, detention, early intervention services, individual and/or family counseling, 24-hour assistance in investigating allegations of child abuse and neglect.

Free.

Bilingual services available.

#### Website:

#### www.larimer.org/humanservices/cyf/childprotection.htm

•

#### Location: 2555 Midpoint Drive, Suite F Fort Collins, CO 80525

#### Hours: Monday – Friday, 8am – 5pm Intake specialist available 24 hours a day / 7 days a week.

#### Phone:

970-498-6990 Report child abuse or neglect, 24 hours a day / 7 days a week.

## PHYSICAL/SEXUAL ABUSE AND NEGLECT



#### Sexual Assault Victim Advocate (SAVA) Center

Services Provided: Crisis hotline, direct services, medical and legal advocacy to help sexual assault survivors understand their rights and options. Weekly support groups for primary and secondary survivors. Prevention and education programs for youth and adults. Sliding scale fees.	Website: http://savacenter.org Location: 4812 S. College Avenue Fort Collins, CO 80524	<b>Hours:</b> Monday – Friday, 8:30am – 5pm	Phone: 970-472-4204 <b>24-Hour Rape</b> Crisis Hotline: 970-472-4200 or 877-252-7072
Bilingual services available.	•		877-352-7273

#### Also see **Crisis Counseling**.

#### Voices Carry Child Advocacy Center (formerly Larimer County Child Advocacy Center)

**Services Provided:** Child abuse prevention, victim support, family advocacy, forensic interviews, crisis intervention, follow-up support, referrals (i.e. domestic violence shelters, parenting classes, restraining orders, housing, etc.). Information about victim rights and compensation, and the child protection and criminal justice systems.

-	-	
Website: www.voicescarrycac.org		
Location:	Phone:	
5529 S.Timberline Road	970-407-9739	
Fort Collins Colorado 80528		

Free.

Bilingual services available.

## LGBTQ RESOURCES



#### Northern Colorado Equality (NOCO Pride)

**Services Provided:** Support, resources, advocacy, and diversity education. Providing safe spaces, meetups and workshops for youth, individuals, and families.

Free.

#### PFLAG Fort Collins/Northern Colorado

**Services Provided:** Support for families, allies, and people who are LGBTQ. Education about unique issues and challenges facing people who are LGBTQ. Advocacy through Safe Schools program.

Free.

#### **NoCoSafeSpace**

**Services Provided:** Provides highly knowledgeable and professional facilitation and information to employers on LGBTQ issues and awareness.

Website: https://northerncoloradopride.wordpress.com Phone: 970-445-2863

970-445-286

Website: http://pflagftcollins.org	
Location:	Phone:
305 W Magnolia, #117	970-407-0300
Fort Collins, CO 80521	

Website: https://nocosafespace.com

Low-cost fee.

#### SPLASH (Support, Pride, Learning and Social Happenings)

**Services Provided:** A youth ran program that provides activities for peer support. to help peers learn transferable professional, leadership and communication skills through a hands on approach with often immediate feedback from peers and guidance from experiences community leaders.

•	
	Website:

Free.

## DIVERSITY PROGRAMS AND SERVICES



Colorado State University (CSU) offers many diversity programs and services to both CSU and the broader community. If you are interested in more detail about the programming or their knowledge of other relevant community resources, please contact the centers directly at **http://studentdiversity.colostate.edu**.

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**MISSION** The mission of all CSU Student Diversity Programs and Services is to enhance all student learning experiences by supporting recruitment and providing retention activities, a sense of shared community, cultural education, leadership opportunities, and fostering efforts to promote social justice as members of a global society.

#### Asian/Pacific American Cultural Center (A/PACC)

Website: www.apacc.colostate.ed	u
<b>Location:</b>	<b>Phone:</b>
333 Lory Student Center	970-491-6154

#### Black/African American Cultural Center (B/AACC)

## Website:<br/>http://baacc.colostate.eduLocation:Phone:<br/>970-491-5781

### **El Centro**

Website:www.elcentro.colostate.eduLocation:Phone:225 Lory Student Center970-491-5722

#### Gay, Lesbian, Bisexual & Transgender, Queer, Questioning, and Ally Resource Center (GLBTQ<sup>2</sup>A)

Website: www.glbtrc.colostate.ed	łu
<b>Location:</b> 232 Lory Student Center	<b>Phone:</b> 970-491-4342
••••••	••••••

#### Native American Cultural Center (NACC)

Website: www.nacc.colostate.edu	
Location:	Phone:
327 Lory Student Center	970-491-1332

## **ENRICHMENT ACTIVITIES**

Enrichment refers to the many things that students do beyond their academic pursuits and the normal requirements of their school life. Enrichment activities could include physical activity to develop motor skills, social support in the school, home, or community, access to arts and culture, etc. Enrichment Activities include mentoring, summer and after school activities and learning opportunities.

- 14 Mentoring
- 16 Summer and After-School Activities
- 20 Learning Op





#### Campus Connections (formerly Campus Corps)

**Services Provided:** Utilizes CSU undergraduate students to serve as mentors to youth. Students work one-on-one with youth ranging in age from 11-18. Mentors/program provides academic support and career planning, encourages positive social skills development, assists with goal setting, and implements wellness programming.

Referral from counselor or other professional working with youth and families, or direct referral from a family member.

Free.

Bilingual services available.

# Website: www.hdfs.chhs.colostate.edu/students/undergraduate/ campusconnections Location: Phone: Colorado State University 970-492-4004 502 W. Lake Street

Gifford Building, Room 142 Fort Collins, CO 80523

#### Larimer County Children, Youth and Family Services - Oasis Mentoring Program

 Services Provided: Utilizes adult mentors as positive role models for schoolaged youth who are engaging in risky behaviors and who may have experienced abuse and neglect.
 Website: www.co.larimer.co.us/humanservices/volunteer/mentor.htm

 Free.
 Location:
 Hours:
 Phone:

 2555 Midpoint Drive
 Monday – Friday,
 970-980-2239

 Suites E and F
 8am – 4:30pm

 Fort Collins, CO 80525
 Suites E

#### The Matthews House

Services Provided: Mentoring, tutoring, life-skills courses that support youth, ages 14-21, including education advancement, safe places, leadership, mentoring	Website: http://thematthewshouse	.org/youth	
job readiness, and experiential education activities.	Location:	Hours:	Phone:
Free.	Youth and Family Center 415 Mason Court., #1	Monday — Friday, 9am — 5pm	970-472-0609
Bilingual services available.	Fort Collins, CO 80524		

Also see Summer and After-School Activities, Learning Opportunities, and Housing/Shelter.

## MENTORING



#### **Partners Mentoring Youth**

**Services Provided:** Social, emotional and academic support through schoolbased and community-based mentoring programs matching at risk youth ages 7-17 with adult volunteers for mentoring and life skill activities.

Referral from counselor or other professional who works with youth and families needed.

Free.

Bilingual services available.

Website: http://partnersmentoringy	outh.org		
<b>Location:</b> 530 South College Avenue, Unit I Fort Collins, CO 80524	<b>Hours:</b> Monday – Friday, 8:30am – 5pm	<b>Phone:</b> 970-484-7123	

#### **Turning Point Center for Youth & Family Development**

<b>Services Provided:</b> Mentoring for elementary, middle, and high school students. Services include pro-social recreational and leisure activities, life skills development,	Website: www.turningpnt.org		
social skills development, transportation, connections to community activities, help with homework and tutoring, and assistance with education and employment applications and interviews.	<b>Location:</b> 1644 S. College Avenue Fort Collins, CO 80525	<b>Hours:</b> Monday — Friday, 8:30am — 6:30pm	<b>Phone:</b> 970-221-0999
Free and sliding scale fees.		'	Turning Point Referral Line:
Bilingual services available.			970-567-6461

Also see Mental Health, Crisis Counseling, and Substance Abuse.



#### B.A.S.E. Camp, Inc.

**Services Provided:** Affordable, accessible, and safe year-round before and after school activities for youth, pre-school through 7th grade (ages 3 to 14), that support classroom learning, provide help with homework, include snacks, arts and crafts, sports, science, and music activities along with summer camp learning.

Sliding scale fees.

Bilingual services available.

Also see Learning Opportunities and Childcare.

#### Boys & Girls Club of Larimer County

**Services Provided:** Onsite recreational, educational, and life skill programming for youth, ages 6-18. Personal and career counseling, leadership training, character development, space for homework, one-on-one tutoring, college and vocational preparation, and access to computer lab. Programs include health and hygiene; bullying prevention; drug, tobacco, and alcohol prevention; teen pregnancy prevention; conflict and anger management; and peer mediation.

Sliding scale fees. Membership is \$10/year.

Bilingual services available.

Also see Learning Opportunities.

#### **Colorado State University Youth Sports Camps**

**Services Provided:** Variety of summer camp programs throughout the summer, ranging from specific sport training camps (such as baseball camps, basketball camps, inline hockey camps, lacrosse camps, soccer camps, softball camps, tennis camps, and volleyball camps) to multi-activity camps like music and movement (dance, martial arts, aerobics, and gymnastics camps), Super Sport (swim lessons, field trips, and health sport-specific programming), FunLIFE (health and nutrition camps), and Sport Science.

Fee-based. Scholarships available.

#### Website: http://mybasecampkids.org Location: Hours: F

1224 E. Elizabeth Street Fort Collins, CO 80524 Hours: Monday – Friday, 8am – 5pm **Phone:** 970-266-1734

Phone:

970-484-5198

#### Website:

#### www.begreatlarimer.org

Program Support Office: 103 Smokey Street Fort Collins, CO 80525 Clubhouses are located in Fort Collins, Wellington, Estes Park and Loveland, find locations here:

www.begreatlarimer. org/Pages/Contact.php

#### School Day Hours: Monday – Friday, 2:30pm – 7pm

**Out of School Day Hours:** Monday - Friday, 7:30am - 6:00pm

Summer Programs: Monday – Friday, 7:30am – 6pm Programming occurs when schools are closed, winter and spring breaks, and during the summer months.

Website:www.hes.chhs.colostate.edu/outreach/yscLocation:Phone:Department of Health and Exercise Science970-491-6318Room B220 Moby Complex, B Wing951 Plum St. (Auditorium Gymnasium)Fort Collins, CO 80523-1582

**16 ENRICHMENT ACTIVITIES** 

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#### The Family Center/La Familia

**Services Provided:** Services and advocacy for families, with the primary goal to strengthen and stabilize families with children.

The After-School Program is a homework assistance program for students, grades K-12. The program provides afternoon snack, homework/reading help, fun activities, and positive mentoring relationships to support social and academic success.

The Family Center offers an 8-week summer program, Monday – Friday, 9am – 3pm.

Sliding scale fees.

Bilingual services available.

#### Also see Childcare.

#### Fort Collins Museum of Discovery

**Services Provided:** Programs and events ranging from musical performances and lectures to stargazing and hands-on science labs, as well as youth summer programs.

Opportunity Program offers free memberships to Head Start students and their families; covers the admission fees for Free and Reduced Lunch students visiting on school field trips; provides a limited number of scholarships for summer programs; and supports FCMOD's quarterly free days.

Some programs fee-based, others are free.

Bilingual services available.

#### The Fort Collins Recreation Department / The Recreator

**Services Provided:** The Recreator is a comprehensive community resource that includes information on City of Fort Collins Recreation facilities, programs, events and activities. The Recreator features a diverse collection of community-wide opportunities for all ages and abilities. The Recreator is published quarterly and available throughout the community and online.

Location:	Hours:	Phone:
309 Hickory Street, #5	Monday — Friday,	970-221-1615
Fort Collins, CO 80524	8am – 5pm	
	Early Childhood Center	
	(El Nidito):	
	Monday – Friday,	
	6:30am – 6pm	

s r	Website: http://fcmod.org		
heir ing	<b>Location:</b> 408 Mason Court Fort Collins, CO 80524	<b>Hours:</b> Tuesday – Sunday, 10am – 5pm Thursday, 10am – 8pm <i>Closed Mondays and Holidays</i>	<b>Phone:</b> 970-221-6738

Website:	Phone:	•••••
www.fcgov.com/recreator	970-221-6655	



#### Friends of the Gardens on Spring Creek

**Services Provided:** Variety of youth programs, classes, and special events to introduce and engage children to the wonders of the natural world.

Ongoing programs, one-time classes, and spring break and summer camps are developed with all age groups in mind, including toddlers and preschoolers. Many parent and child opportunities exist in addition to several experiential opportunities.

Low cost and scholarships for youth specific classes and programs to income-qualifying families.

Bilingual services available.

#### Website: www.fcgov.com/gardens

Location: 2145 Centre Avenue Fort Collins, CO 80526 Hours May I – Sept. 30: Monday – Friday, 9am – 5pm Saturday, 9am – 4pm Sunday, 12pm – 5pm **Phone:** 970-416-2486

Hours Oct. 1–Apr. 30 Monday – Friday, 9am – 5pm Saturday, 9am – 4pm (closed Sunday)

#### The Matthews House

**Services Provided:** Various family and youth programing opportunities to children, adults and families such as dance programs, Zumba, pickup basketball, parenting classes, Homework Helpers, job readiness and one-on-one Transition Facilitation for families. Adulteducation programs as well as after school programming for elementary and middle school youth.

Open to the public and free.

Bilingual services available.

Also see Mentoring, Learning Opportunities, and Housing/Shelter.

#### Website: http://thematthewshouse.org/community-center Hours: Two Locations: Phone for both Monday – Friday, Community Life Center at centers: 9am – 7pm Fullana Community Center 970-449-5191 Saturday, 12pm – 5pm 220 N. Grant Avenue Fort Collins, CO 80521 Entrance/parking off Loomis Community Life Center at Hours: Genesis Project Monday – Friday, 400 S. Link Lane 9am – 7pm Fort Collins, CO 80524 Saturday, 12pm – 5pm



#### Northside Aztlan Community Center

<b>Services Provided:</b> Fitness and events facility with a variety of activities, classes, programs, sports, and special events.	Website: www.fcgov.com/recreation/north-aztlan.php		
Partnership with Vida Sana provides discounted access to the center and programs. Some programs are fee-based, others are free.	<b>Location:</b> 112 E.Willow Street Fort Collins, CO 80524	<b>Hours:</b> Monday – Friday, 6am – 9pm Saturday, 8am – 5pm	<b>Phone:</b> 970-491-6318
Bilingual services available.		Sunday, 9am – 5pm <b>Youth Nights:</b> Thursday, 3pm – 9pm <b>Free for ages: 12-18</b>	
	Organized activities are desig activities take place from 6pr	med for ages 12 – 18 years, but	all ages are welcome. Organized

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## LEARNING OPPORTUNITIES



#### B.A.S.E. Camp, Inc.

Services Provided: Affordable, accessible, and safe year-round before and after school activities for youth, pre-school through 7th grade (ages 3 to 14), that support classroom learning, provide help with homework, include snacks, arts & crafts, sports, science and music activities along with summer camp learning.

Sliding scale fees.

Bilingual services available.

Also see Summer and After-School Activities and Childcare.

#### **Boys & Girls Club of Larimer County**

Services Provided: Onsite recreational, educational, and life skill programming for youth, ages 6-18. Personal and career counseling, leadership training, character development, space for homework, one-on-one tutoring, college and vocational preparation, and access to computer lab. Programs include health and hygiene; bullying prevention; drug, tobacco, and alcohol prevention; teen pregnancy prevention; conflict and anger management; and peer mediation.

Sliding scale fees. Membership is \$10/year.

Bilingual services available.

Also see Summer and After-School Activities.

#### Website: http://mybasecampkids.org Location: Hours: Phone: 1224 E. Elizabeth Street Monday – Friday, 970-266-1734

8am – 5pm

#### Website:

Fort Collins, CO 80524

#### www.begreatlarimer.org

**Program Support Office:** 

103 Smokey Street Fort Collins, CO 80525 Clubhouses are located in Fort Collins, Wellington, Estes Park and Loveland, find locations here:

www.begreatlarimer. org/Pages/Contact.php

#### **School Day Hours:** Monday – Friday, 2:30pm - 7pm

Summer Programs:

Monday – Friday, 7:30am – 6pm

**Out of School Day Hours:** Monday - Friday, 7:30am - 6:00pm

Programming occurs when schools are closed. winter and spring

breaks and during the

summer months.

Phone:

970-484-5198

#### **Center for Community Literacy**

Services Provided: Alternative literacy opportunities designed to educate and empower underserved populations (e.g. incarcerated juveniles and adults, adult learners, women, at risk youth, English Language Learners) and to support university-community literacy outreach programs.

#### Website:

http://literacy.colostate.edu

#### Location:

Colorado State University 346A Eddy Hall Fort Collins, CO 80523

Phone: 970-491-7251

Free.

## LEARNING OPPORTUNITIES



#### **Children's Speech & Reading Center**

**Services Provided:** Free screenings and professional and affordable treatment and therapy services to children (birth-12 years old) with speech, language, or reading delays.

Free.

Bilingual services available.

#### The Matthews House

**Services Provided:** Various family and youth programing opportunities to children, adults and families such as dance programs, Zumba, pickup basketball, parenting classes, Homework Helpers, job readiness and one-on-one Transition Facilitation for families. Adult education programs as well as after school programming for elementary and middle school youth.

Open to the public and free.

Bilingual services available.

Also see **Mentoring**, **Summer and After-School Activities**, and **Housing/Shelter**.

#### Website: www.csrckids.org

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Locatior	n:	

1330 Oakridge Drive,	
Suite #10	
Fort Collins, CO 80525	

**Hours:** Monday – Friday, 8am – 5pm

**Phone:** 970-419-0486

Website: http://thematthewshouse.org/community-center/			
<b>Three Locations:</b> Community Life Center at Fullana Community Center 220 N. Grant Avenue Fort Collins, CO 80521 <i>Entrance/parking off Loomis</i>	<b>Hours:</b> Monday – Friday, 9am – 7pm Saturday, 12pm – 5pm	<b>Phone:</b> 970-449-5191	
Community Life Center at Genesis Project 400 S. Link Lane Fort Collins, CO 80524	<b>Hours:</b> Monday – Friday, 9am – 7pm Saturday, 12pm – 5pm	<b>Phone:</b> 970-449-5191	
Youth and Family Center 415 Mason Court, #1 Fort Collins, CO 80524	<b>Hours:</b> Monday – Friday, 9am – 5pm	<b>Phone:</b> 970-472-0609	

## LEARNING OPPORTUNITIES

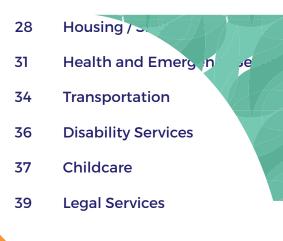


### Poudre River Public Library District

<b>Services Provided:</b> Community resources for youth and adult education, and a variety of programming and classes focused on learning.	Website: www.poudrelibraries.org		
Free. Bilingual services available.	<b>Three Locations:</b> Fort Collins Library 201 Petersons Street Fort Collins, CO 80521	<b>Hours:</b> Monday - Thursday, 9am - 9pm Friday, 9am - 6pm Sat.urday 9am - 5pm Sunday, 12 - 5pm	<b>Phone:</b> 970-206-8204
	Harmony Library 4616 S Shields Street Fort Collins, CO 80526	<b>Hours:</b> Monday - Thursday. 9am - 9pm Friday, 9am - 6pm Saturday, 9am - 5pm Sunday, 12 - 5pm	<b>Phone:</b> 970-204-8206
	Council Tree Library 2733 Council Tree Avenue, #200 Fort Collins, CO 80525	<b>Hours:</b> Monday - Saturday, 9am - 9pm Sunday, 12 - 6pm	<b>Phone:</b> 970-221-6740

## **BASIC NEEDS**

Basic Needs refers to fundamental requirements that serve as the foundation for survival. Access to the basic needs of life is necessary to the development of a strong community and a necessary precursor to individual self-sufficiency. Basic Needs include food and clothing, housing/shelter, health and emergency services, childcare, transportation, disability services, and legal services.



#### 25 Food and Clothing

## INTRODUCTION



**INCOME ELIGIBILITY** There are a number of agencies listed in this Basic Needs domain that have income eligibility requirements for services. Individuals should inquire about eligibility.

Please reference the table for guidance on common income eligibility guidelines.

	100 % FPL	I 30% FPL Free Lunch	185% FPL Reduced Lunch, Food Bank Eligibility
3-Member Household	\$20,090	\$26,117	\$37,167
4-Member Household	\$24,250	\$31,525	\$44,863

## FOOD AND CLOTHING



#### **Christ Center Church**

**Services Provided:** Food, clothing, and household items. Clients must live in the Poudre School District, and present social security cards for each person in the household and proof of income sources.

Eligible clients may receive food and clothing once a month for three months.

Free.

#### Food Bank for Larimer County

## **Services Provided:** Emergency food for low income families and individuals and provides hunger-relief and nutrition programs.

Free.

Bilingual services available.

#### Website: www.christcenter.cc/ministry\_outreach\_center.htm

**Location:** 2700 South Lemay Avenue Fort Collins, CO 80525

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**Outreach Center Hours:** Monday – Thursday, 8:30am – 11:15am **Phone:** 970-224-4442

Website: www.foodbanklarimer.or	g	
<b>Location:</b> 1301 Blue Spruce Drive Fort Collins, CO 80524	<b>Business Office Hours:</b> Monday – Friday, 8am – 4:30pm	<b>Phone:</b> 970-493-4477
	Food Share Hours:	

#### Fort Collins Rescue Mission

**Services Provided:** Overnight shelter, a day center, meals, clothing and help to homeless men and women. Christian, secular, and family oriented programs are offered.

Free.

Bilingual services available.

Also see Housing/Shelter.

#### to Website: re www.fortcollinsrescuemission.org Location: Hours (7 days a week): Phone: 316 Jefferson St. Day Center: 8am – 4:30pm 970-224-4302 Fort Collins, CO 80524 Overnight Check-In: 6pm – 7pm

Monday – Friday, Ipm – 6 pm

## FOOD AND CLOTHING



Phone:

970-658-9878

#### Homeless Gear (housed in The Murphy Center)

**Services Provided:** Clothing and non-perishable food, periodic distribution of clothing for children, street outreach to the homeless, support to help families access benefits, job counseling, and a One Village One Family program that provides support for families in need of stable housing.

Free.

Bilingual services available.

#### Kids Closet - First United Methodist Church

Services Provided: Gently used clothing for children sizes newborn - 16.

Free.

Website: http://fcfumc.net/outreac	n/kidscloset	••••••
Location:	Hours:	Phone:
1005 Stover Street	The Kids' Closet is open	970-482-2436 or
Fort Collins, 80524	Wednesdays 3pm – 6pm,	970-482-7365
Located in the basement of the	Saturdays 9am – 12pm or by	
church, Administrative wing.	appointment.	

Hours:

8am – 5pm

Monday – Friday,

#### Larimer County Department of Health and Environment - WIC (Women Infants Children)

<b>Services Provided:</b> Support to pregnant women or women with children under 5 in a low income bracket. Special supplemental nutrition program for women, infants, and children. Provides nutritious foods and nutrition education to pregnant,	Website: www.larimer.org/health/c	hs/wic.asp	
breastfeeding, and postpartum women.	Location: 1525 Blue Spruce Drive	<b>Hours:</b> Monday — Friday,	<b>Phone:</b> 970-498-6720
Free.	Fort Collins, CO 80524	8:30am – 4:30pm	

Website:

Location:

242 Conifer Street

Fort Collins, CO 80524

http://homelessgear.org

Bilingual services available.

#### Larimer County - Food, Medical, and Financial Assistance

<b>Services Provided:</b> Food stamps (SNAP), nutrition education programs, and food safety information.	Website: www.larimer.org/huma	anservices/assistance	
Free.	<b>Location:</b> 1501 Blue Spruce Drive Fort Collins, CO 80524	<b>Hours:</b> Monday – Friday, 8am – 4:30pm	<b>Phone:</b> 970-498-6300
Bilingual services available.		Benefits Information Center eligibility technicians are not available on Wednes	days.

## FOOD AND CLOTHING



#### **Meals on Wheels**

**Services Provided:** Meals to homebound seniors, individuals with disabilities or adults who are recovering from illness or surgery and are unable to prepare meals for themselves.

Free.

Bilingual services available.

# Website:<br/>www.fcmow.orgHours:Phone:Location:Hours:Phone:1217 E. Elizabeth Street, Unit 11Monday – Friday,970-484-6325Fort Collins, CO 805248:30am – 1:30pm

To-go lunches: Monday – Friday, I I am – 4pm

#### Saint Joseph Catholic Church's - Mary's Closet Clothing Bank

<b>Services Provided:</b> Free store for those in need including clothing and footwear, sample-sized toiletries, toys, and books.	Website: www.stjosephfc.org/marys	-closet	
Free shopping visits to Mary's Closet are limited on a per year basis. A valid ID is required.	<b>Location:</b> 101 North Howes Street Fort Collins, CO 80521	<b>Hours:</b> Tuesday, Wednesday, Thursday,	<b>Phone:</b> 970-482-4148
Free.	Located in the basement of parish offices.	9am – 1:45pm	
Salvation Army			
<b>Services Provided:</b> Food Pantry provides free, fresh produce and canned goods.	Website: http://fortcollins.salvationa	ırmy.org	
Food box program provides food, including baby and pet needs twice a month. Meal Programs provide sit-down community meals and, mobile meals delivered to those who cannot reach a food distribution center.	<b>Location:</b> 3901 S. Mason Street Fort Collins, CO, 80525	<b>Hours:</b> For information: Monday or Wednesday, 10am – 12pm	<b>Phone:</b> 970-207-4473
Free.		Breakfast:	
Bilingual services available.		Monday — Friday, 8am — 12pm	

## HOUSING/SHELTER



#### **Catholic Charities - The Mission**

ing.	Website: http://ccdenver.org/home	Website: http://ccdenver.org/homeless-shelters/the-mission/		
	<b>Location:</b> 460 Linden Center Drive Fort Collins, CO 80524	<b>Phone:</b> 970-484-5010		
Legal Services.	•		•••••	

#### Services Provided: Shelter and housing programming.

Free.

Bilingual services available.

Also see Health and Emergency Services and Legal Services.

#### Faith Family Hospitality

**Services Provided:** Emergency and stabilizing services needed for parents and children. Shelters and feeds families in overnight shelter program (limited space), case management services, day center, and transitional housing.

Free.

Website: http://www.faithfamilyhos	pitality.org	
Location:	Hours:	<b>Phone:</b>
300 East Oak Street Fort Collins, CO 80524	Monday, Tuesday, Thursday, 9am – 6pm	970-484-3342
	Wednesday, Friday,	
	9am – 5pm	
	Saturday, 9am – 4pm	

#### Fort Collins Housing Catalyst (formerly Fort Collins Housing Authority)

<b>Services Provided:</b> Safe and affordable housing, through offering multiple solutions to affordable housing, administers Public Housing and Housing Choice Voucher (HCV) programs.	Website: https://housingcatalyst.con	n	
	Location:	Hours:	Phone:
Free.	1715 W. Mountain Avenue Fort Collins, CO 80521	Monday — Friday, 8am —5pm	970-416-2910
Bilingual services available.	•	•••••••••••••••••	• • • • • • • • • • • • • • • • • • • •





#### **Fort Collins Rescue Mission**

**Services Provided:** Overnight shelter, a day center, meals, clothing and help to homeless men and women. Christian, Secular, and Family oriented programs are offered.

Website: www.fortcollinsrescuer	nission.org	
Location:	Hours (7 days a week):	Phone:
316 Jefferson Street	Day Center: 8am – 4:30pm	970-224-4302
Fort Collins, CO 80524	Overnight Check-In: 6pm – 7pm	

Free.

Bilingual services available.

Also see Food and Clothing.

#### Larimer County - Food, Medical, and Financial Assistance - LEAP

<b>Services Provided:</b> Financial assistance to help low income households with winter home heating costs.	Website: www.larimer.org/humanservices/assistance/leap.htm		
Free.	<b>Location:</b> 1501 Blue Spruce Drive	<b>Hours:</b> Monday – Friday,	<b>Phone:</b> 970-498-6300
Bilingual services available.	Fort Collins, CO 80524	8am – 4:30pm	

#### The Matthews House - The HOST Program (Housing Opportunities Supporting Transition)

<b>Services Provided:</b> Temporary home for children, youth, and families who are in a crisis situation, through volunteer HOST families.	Website: http://thematthewshouse.	org/host/	
Free. Bilingual services available.	<b>Location:</b> Youth and Family Center 415 Mason Court., #1 Fort Collins, CO 80524	<b>Hours:</b> Monday – Friday, 9am – 5pm	<b>Phone:</b> 970-472-0609

Also see Mentoring, Summer and After-School Activities, and Learning Opportunities.

## HOUSING/SHELTER



#### **Murphy Center for Hope**

Services Provided: Both a core service provider and a collaborative of agencies assembled under one roof to serve anyone who is homeless or at risk of becoming homeless. Facilitates 10 core services in addition to the wide array of programs and services offered by 4 core agencies and 11 participating agencies, mail, lockers, shower and hygiene supplies, laundry, computers & Wi-Fi, bus passes, telephones/long distance calling.

Free.

Bilingual services available.

Also see Transportation and Legal Services.

#### Neighbor to Neighbor

Merged with Homelessness Prevention Initiative in November 2016.

Services Provided: Housing services including assistance in finding housing, counseling for homeowners, and rent assistance.

Free.

Bilingual services available.

#### Website:

http://murphycenter.org/our-services/service-providers/

\*Visit the website for a full list of partner agencies located at the Murphy Center.

Location: 242 Conifer Street Fort Collins, CO 80524

Hours: Monday – Friday, 8am – 5pm

Phone: 970-494-9940

Some services require appointment, calling ahead is recommended.

#### Website: http://n2n.org Location: Hours: Phone:

1550 Blue Spruce Drive Fort Collins, CO 80524

Monday – Thursday, 8am –5pm Closed daily 12pm – 1pm Friday, 8am – 12pm

970-484-7498

## HEALTH AND EMERGENCY SERVICES



#### **Banner Health**

**Services Provided:** Full-service, acute-care hospital offering emergency care, orthopedics, general surgery, women's health, labor and delivery, gastroenterology, urology, pulmonology, intensive care and other medical and surgical services.

Sliding scale fees.

Bilingual services available.

Website: www.bannerhealth.com banner-fort-collins-med			•••
Location:	Hours:	Phone:	
4700 Lady Moon Drive	24/7, various clinics	970-821-4000	

#### **Catholic Charities**

**Services Provided:** Emergency assistance program, food boxes, emergency shelter, help completing benefits forms.

Free.

Bilingual services available.

Also see Housing/Shelter and Legal Services.

#### http://ccdenver.org/larimer-county-services/

Fort Collins, CO 80528

Location:	Hours:	Phone:
460 Linden Center Drive	Monday — Thursday,	970-484-5010
Fort Collins, CO 80524	lpm – 4pm	
	By appointment for	Emergency Assistance:
	emergency utility assistance,	970- 484-5010
	transportation assistance and	
	government ID assistance.	

#### Health District of Northern Larimer County - Family Dental Clinic

<b>Services Provided:</b> Prescription assistance, mental health, dental, preventive, and health planning services to our community.	Website: www.healthdistrict.org/se	ervices/dental-services	
Sliding scale fees.	<b>Location:</b> 202 Bristlecone Drive	<b>Hours:</b> Monday – Friday,	<b>Phone:</b> 970-416-5331
Bilingual services available.	Fort Collins, CO 80524	8am – 5pm <b>Appointments are required.</b>	
Also see Mental Health and Substance Abuse.	•	••••••	

Website:

## HEALTH AND EMERGENCY SERVICES



#### Larimer County Health and Environment

**Services Provided:** Health and family planning, preventive services, immunizations, and special programs for all ages.

Free and sliding scale fees.

Bilingual services available.

#### Poudre Valley Hospital

**Services Provided:** Full-service hospital offering emergency services, health treatments, surgeries, and diagnostic tests in more than three dozen medical specialties.

Sliding scale fees.

Bilingual services available.

#### Salud Family Health Center

## **Services Provided:** Screening for stressors and immediate support and/or referrals as necessary. Mobile health unit provides comprehensive medical services. Also provides outreach to migrant school age children with immunization, dental care, and medical services.

Sliding scale fees.

Bilingual services available.

Also see Mental Health.

Website: www.larimer.org/humanso	ervices/assistance	
Location:	Hours:	Phone:
1525 Blue Spruce Drive	Monday — Friday,	970-498-6700
Fort Collins, CO 80524	8am – 4:30pm	

Website: www.uchealth.org/Pages/	Home.aspx	• • • • • • • • • • • • • • • • • • • •
<b>Location:</b> 1024 S. Lemay Avenue Fort Collins, CO 80524	Hours: 24/7, various clinics, see website for locations	<b>Phone:</b> 970-495-7000

Website: www.saludclinic.org		
Two Locations:	Medical Hours:	Phone (for both
1635 Blue Spruce Drive	Monday – Wednesday,	locations):
Fort Collins, CO 80524	7:30am – 7pm	970-484-0999
	Thursday – Friday,	24-hour access to
	7:30am – 5pm	a health provider by phone:
	Dental Hours:	303-MYSALUD
	Monday – Friday,	(697-2583)
	8am – 5pm	(
1830 Laporte Avenue	Medical Hours:	
Fort Collins, CO 80521	Monday — Friday,	
	7:30am - 5:00pm	
	Dental Hours:	
	Monday — Friday,	
	8:30am – 4:30pm	

## HEALTH AND EMERGENCY SERVICES



#### **The Youth Clinic**

**Services Provided:** Medical services to infants, children and young adults, along with prevention and wellness programs.

Sliding scale fees.

Bilingual services available.

Website: http://youthclinic.com/	•••••••	
Four Locations: 1200 East Elizabeth Street Fort Collins, CO 80524	<b>Hours:</b> Monday – Friday, 8am – 4:30pm	<b>Phone:</b> 970-267-9510
1214 Oak Park Drive Fort Collins, CO 80525	<b>Hours:</b> Monday – Friday, 8am – 5pm	<b>Phone:</b> 970-267-9510
Medical Center of the Rockies 2500 Rocky Mountain Ave, Ste 260 Loveland, CO 80538	<b>Hours:</b> Monday – Friday, 8am – 4:30pm	<b>Phone:</b> 970-267-9510
4845 Weitzel St, Ste 101 Timnath, CO 80547	<b>Hours:</b> Monday – Friday, 8am – 3:30pm	<b>Phone:</b> 970-267-9510

For a complete list of Larimer County health care providers, please visit: www.larimer.org/health/maternal-child-and-family-health/healthy-communities

#### **Project Smile**

<b>Services Provided:</b> Provides dental and vision care for school children.	Website:
Free.	https://projectsmilefc.org
Bilingual services available.	<b>Mailing Address:</b> PO Box 272122 Fort Collins, CO, 80527-2122

## TRANSPORTATION



#### **Dial a Ride**

Services Provided: Dial-A-Taxi provides transportation for passengers with a disability that prevents them from using the fixed route bus service. Provides round-trip transportation throughout Fort Collins.

\$2.50 per one-way trip.

Bilingual services available.

#### **Murphy Center for Hope**

Website: www.ridetransfort.com/schedules/dial-a-ride **Typical Service Hours:** Phone: Monday – Saturday, 970-224-6066 6am – 11pm, For information about additional complimentary paratransit Except published holidays

services, contact Dial-A-Ride

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Services Provided: Provides a number of basic needs services including transportation assistance, and bus passes.

Free.

Bilingual services available.

Also see Housing/Shelter and Legal Services.

Website: http://murphycenter	org/our-services/service-provi	ders/
	full list of partner agencies located	
Location:	Hours:	Phone:
242 Conifer Street	Monday – Friday,	970-494-9940

8am – 5pm

Some services require appointment, calling ahead is recommended.

#### **SAINT** Care-A-Van

Services Provided: Personal transportation to people sixty years old and older, and people with disabilities that prevent them from driving.

Free.

Some bilingual services available.

#### Website:

Fort Collins, CO 80524

#### www.saintvolunteertransportation.org

Location: 333 West Drake Road. Suite 42 Fort Collins, CO 80526

Hours: Monday – Friday, 8:15am – 4pm

Phone: 970-223-8604 Must pre-schedule ride

## TRANSPORTATION



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fare with Transfort.

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#### Transfort

Services Provided: Bus transportation throughout Fort Collins city area.

Youth 17 and under or students enrolled in high school are able to ride on th Transfort bus system for free if they have a photo ID.

Bilingual services available.

	Website: www.ridetransfort.com		
the	Location:	Phone:	NOTE: Many agencies in this
	250 N. Mason Street	Information and	Resource Guide are able to
	Fort Collins, CO 80524	Customer Service	offer free bus passes/reduced

970-221-6620

## DISABILITY SERVICES



#### **Disabled Resource Services**

**Services Provided:** Independent living skills training, assistive technology training, budget counseling, peer support, employment assistance, Social Security assistance, nursing home transitions, home accessibility enhancements, advocacy and information and referral services.

Equipment loan of durable medical items. Free/low cost.

Bilingual services available.

#### **Foothills Gateway**

**Services Provided:** Services and supports for Larimer County residents who are determined eligible for services through the cognitive disabilities system. Assistance is given to individuals and their families either through direct services or by purchasing services from other service agencies.

Free and sliding scale fees.

Bilingual services available.

#### Respite Care, Inc.

**Services Provided:** Short-term care to children with developmental disabilities and respite care to their families.

Sliding scale fees (based on income tax forms).

Bilingual services available.

,	Website: http://disabledresourceservi	ces.org	••••••
•	<b>Location:</b> 1017 Robertson Street, Unit B Fort Collins, CO 80524-3915	<b>Hours:</b> Monday – Friday, 8:30am – 4:30pm Closed daily 12pm – 1pm	<b>Phone:</b> 970-482-2700

#### Website: www.foothillsgateway.org

Location:	Hours:	
301 W. Skyway Drive	Monday — Friday,	
Fort Collins, CO 80526	8am – 4:30pm	

**Phone:** 970-226-2345

**After Hours Emergency:** 970-226-2345

S	Website: http://respitecareinc.org		
	Location:	Hours:	Phone:
	6203 S. Lemay Avenue	Monday — Friday,	970-207-9435
	Fort Collins, CO 80525	8am – 5pm	





Phone:

970-266-1734

#### B.A.S.E. Camp, Inc.

**Services Provided:** Affordable, accessible, and safe year-round before and after school activities for youth, pre-school through 7th grade (ages 3 to 14), that support classroom learning, provide help with homework, include snacks, arts & crafts, sports, science, and music activities along with summer camp learning.

Sliding scale fees.

Bilingual services available.

Also see Learning Opportunities and Summer and After-School Activities.

#### Early Childhood Council of Larimer County

Services Provided: Childcare referrals.	Website: www.ecclc.org/families/child-care-referrals			
Sliding scale fees.	Location:	Hours:	Phone:	
Bilingual services available.	1730 S. College Avenue, Ste. 200 Fort Collins, CO 80525	Monday — Friday, 8am — 4:30pm	970-377-3388	

Website:

Location:

http://mybasecampkids.org

1224 E. Elizabeth Street

Fort Collins, CO 80524

#### The Family Center/La Familia

Services Provided: Childcare services and advocacy with the primary goal of strengthening and stabilizing families with children. Includes El Nidito, Early Headstart, experiential play, and summer programming.

Sliding scale.

Bilingual services available.

Also see Summer and After-School Activities.

al of Head-	Website: http://thefamilycenterfc.org/		
	<b>Location:</b> 309 Hickory Street, #5 Fort Collins, CO 80524	<b>Business Hours:</b> Monday – Friday, 8am – 5pm	<b>Phone:</b> 970-221-1615
		<b>Early Childhood Center (El Nidito) Hours:</b> Monday – Friday, 6:30am – 6pm	

\_\_\_\_\_\_

Monday – Friday,

8am – 5pm

Hours:



#### Larimer County Children, Youth and Family Services - Childcare Assistance Program (CCAP)

Services Provided: Financial assistance for childcare services to families who meet the income guidelines and who are in an eligible activity. Assistance to families enrolled in the Colorado Works program who need childcare services to support their efforts towards self-sufficiency.

Sliding scale fees, both no cost and tuition based.

Bilingual services available.

As of October 2016 applicants are being placed on a waiting list.

#### Poudre School District - Early Childhood Education

Services Provided: Quality preschool available through the Early Childhood Program for children birth to 5 years old. Also prenatal, infant, and toddler offerings, preschool offerings, student developmental and health screenings, referrals and family and parenting education. Early Head Start program includes center-based and home-visitation options. Pre-School programs are in PSD and community center sites.

Sliding scale fees. Services and support to families who meet the Early Head Start eligibility requirements.

Bilingual services available.

#### **Teaching Tree Early Childhood Learning Center**

Website: www.co.larimer.co.us/hu	manservices/assistance/ccap.h	tm
Location:	Hours:	Phone:
501 Blue Spruce Drive	Monday, Tuesday, Thursday,	970-498-6990
ort Collins, CO 80524	Friday,	
	8am – 3pm	

#### Website: www.psdschools.org/department/early-childhood Location: Phone:

Fullana Learning Center 220 N. Grant Avenue Fort Collins, CO 80521

970-490-3134

<b>Services Provided:</b> Affordable, quality early childhood and educational programs for infants, toddler and pre-school youth.	Website: www.teaching-tree.org		
Sliding scale fees.	<b>Location:</b> 424 Pine Street, #100	<b>Hours:</b> Monday – Friday,	<b>Phone:</b> 970-493-2628
Bilingual services available.	Fort Collins, CO 80524	6:30am – 6pm	



#### **Catholic Charities**

<b>Services Provided:</b> Emergency assistance program, legal support, help filling out forms, etc.	Website: http://ccdenver.org/larimer-county-services/		
Free.	<b>Location:</b> 460 Linden Center Drive Fort Collins, CO 80524	<b>Hours:</b> Monday – Thursday, I pm –4pm	<b>Phone:</b> 970-484-5010
Bilingual services available. Also see <b>Housing/Shelter</b> and <b>Health and Emergency Services</b> .		By appointment for emergency utility transportation and government ID assistance.	<b>Emergency Assistance:</b> 970-484-5010
Colorado Legal Services			
<b>Services Provided:</b> Access to civil legal services for low-income persons and members of vulnerable populations.	Website: https://coloradolegalservices.org		
Must meet financial and citizen/eligible non-citizen eligibility requirements. Some offices also assist seniors age 60 and over, regardless of income, in certain civil legal	<b>Locations:</b> 211 West Magnolia Street	<b>Office Hours:</b> Monday – Friday,	<b>Phone:</b> 970-493-2891
matters.	Fort Collins, CO 80521	8:30am  – 4pm Closed daily 12pm – 1pm	
	Fort Collins, CO 80521		

#### **Crossroads Safehouse**

**Services Provided:** Legal assistance via the Bringing Justice Home Project that assists low-income domestic violence, sexual assault, dating violence and stalking survivors by providing legal representation in a wide range of legal matters including, but not limited to, civil protection orders, divorce, and custody cases.

Free.

Bilingual services available.

Also see Physical/Sexual Abuse and Neglect and Crisis Counseling.

www.crossroadssafehouse.org

Mailing Address: P.O. Box 993 Fort Collins, CO

Website:

**Office Hours:** Monday – Friday, 9am – 5pm

**24/7 Crisis/Info Line:** 970- 482-3502

**Toll-free Crisis Line:** P: 1-888-541-SAFE (7233)



## Murphy Center for Hope (through core agency partners)

<b>Services Provided:</b> Legal services including benefits enrollment, Colorado ID Voucher, driver's license vouchers, and social security disability benefits	Website: http://murphycenter.org/our-services/service-providers/				
applications.	Location:	Hours:	Phone:		
Free.	242 Conifer Street Fort Collins, CO 80524	Monday – Friday, 8am – 5pm	970-494-9940		
Bilingual services available.	Some services require appointment, calling ahead is recommended.				
Also see Housing/Shelter and Transportation.					

## ADDITIONAL RESOURCES



As noted earlier, this guide is not meant to be comprehensive of all resources in our community that support youth and families. Below are just a few additional resources that may provide further support.

United Way of Larimer County 2-1-1

www.uwaylc.org/get-help

Partnership for Healthy Youth

http://cophy.org/co-health-resource-guide

#### **Biz West Community Giving Guide**

Directory of nonprofits serving Boulder, Broomfield, Larimer, and Weld counties. http://bizwest.com/bw\_2016\_nc\_giving\_guide\_flyp

#### Larimer County Resource Guide

http://larimerresource.blogspot.com









Questions or feedback about this guide? Please contact: Jodie Riesenberger Bohemian Foundation 970.221.2636 jodie@bohemianfoundation.org