

# Take Action for School Health

Be an advocate on your  
School Wellness Team

**A wellness team is  
a committee that  
leads wellness  
initiates & activities  
at each school.**

## What do we do?

- Develop the vision and goals for your school, support overall wellness and development of School Health Improvement Plans
- Lead in the creation of a healthy school environment
- Assist with policy development or revision to support a healthy school environment at school and district level
- Promote parent, community, & professional involvement in developing a healthier school environment
- Advocate for school health programs and policies within the broader school community
- Plan and implement programs for students and staff
- Evaluate program and policy efforts
- Provide feedback to the district regarding progress on the implementation of the PSD Wellness Policy



POUDRE SCHOOL DISTRICT  
**Wellness**

For more information, contact PSD Wellness  
Coordinator at [abrantle@psdschools.org](mailto:abrantle@psdschools.org)

# PSD School Wellness

An Overview



Number of School Wellness Teams

Total School Wellness Direct Funding \$59350



Internal (41%) Kaiser (20%) CDE (25%) CEI (1%)  
5210 Awards (13%)

## School Health Improvement Plans

One Team  
One SHIP  
Two Goals  
One More Healthy School



~ 400 PSD Staff Trained in Brain Based Learning

15 School Gardens



Updated Wellness Policy



5 Bike Fix It Stations



Participation in Healthy Kids Colorado Survey

