

Be Involved Get Active Have Fun! with your School Wellness Team

Why school wellness?



Healthy students are better learners! School Wellness Teams have a common goal of making PSD schools a healthy learning environment for every child, every day.

What do school wellness teams do?



School wellness teams create and implement School Health Improvement Plans, support district, state, and national initiatives and support a healthy school culture.

What is the time commitment?



Time commitment is up to the parent! Parents can be as involved as needed. Every school is unique!

Who do I get in contact with?



Contact the PSD Wellness Department to be put in contact with the school wellness team leader at your school. Contact Ashley Schwader at aschwade@psdschools.org or Amanda Brantley at abrantle@psdschools.org. You can always visit www.psdschools.org/wellness/school-based-wellness

Encouraging healthy, happy living . . . every day.



POUDRE SCHOOL DISTRICT
Wellness