

Prescription Benefits

You are automatically enrolled in the prescription benefit when you enroll in the EPO, PPO-1, or PPO-2 plans. The benefits are the same for all plans.

Catamaran administers the prescription benefits for the Poudre School District Health Plan. You can access your personal prescription information, price medications, and find participating pharmacies by visiting their website at www.mycatamaranrx.com.

Catamaran provides online access called *My Catamaran Rx*. The program can help you save money on your prescriptions by showing you a prescription drug comparison of alternative medications that may be available to you. The program shows you the list of drugs you take on an ongoing basis, the cost of those drugs, and potential lower-cost alternatives. You then have the option of asking your doctor about whether or not these medication alternatives are right for you. If so—you could save money by changing prescriptions! Changes are not made without your doctor’s approval.

To access *My Catamaran Rx* and see how much you can save, go to www.mycatamaranrx.com, login with your personal information, and click on the *My Rx Choices* line in the left toolbar.

You may contact Catamaran at 1-800-880-1188

Prescription Summary:

Benefit Description	In-Network You Pay
Retail Plan Year Out-of-Pocket Maximum	Individual \$1,200 Family \$2,400
Retail (up to 34-day supply)	10% generic (minimum \$10 not to exceed cost of drug) 20% preferred (minimum \$20 not to exceed cost of drug) 30% non-preferred (minimum \$40 not to exceed cost of drug)
Home Delivery (up to 90-day supply)	\$25 generic \$50 preferred \$100 non-preferred

Home Delivery – What it is and how to use it.

- Home Delivery offers you and your eligible dependents the convenience and savings of having your long-term medications (those taken for 3 months or more) delivered to your home or office and standard shipping is free.
- You receive up to a 90-day supply (compared with a typical 34-day supply at retail) of each covered medication for just one (1) mail order co-payment.
- Co-payment (up to a 90-day supply):
 - Generic \$25
 - Preferred \$50
 - Non-preferred \$100
- Getting started is simple

- Ask your doctor to write a prescription for up to a **90-day supply** of each medication (plus refills for up to 1 year, if appropriate).
- Complete a *Catamaran Home Delivery Form*. Available on the PSD website under the Employment tab then Benefits or by contacting Benefits Services as benefits-1@psdschools.org.
- Send the completed form, your prescription, and your payment to Catamaran.
- Your medication will usually be delivered within 8 days after they receive your order. If you are currently taking a medication, be sure to have at least a 14-day supply on hand when ordering. If you don't have a 14-day supply, ask your doctor to give you a second prescription for a 14-day supply and fill it at a participating retail pharmacy while your mail-order prescription is being processed.
- You can also choose to sign up for **Catamaran By Mail** online at www.mycatamaranrx.com.
- If you choose, you may also call Catamaran at 1-800-880-1188 and they will contact your doctor to transfer your current prescriptions to **Catamaran By Mail** for you.

Retail Refill Allowance Program

- This program allows you and your eligible dependents to fill your long-term prescriptions two (2) times at the retail pharmacy.
- Beginning on the third refill, you will pay a higher cost for the covered medications you take on a long-term basis if you continue to purchase them at a participating retail pharmacy. This cost is the Home Delivery co-payment cost. You will pay this higher cost for a 34-day supply at retail unless you utilize Home Delivery.
- Long-term prescriptions are medications used for treatment of a chronic condition whose duration of therapy is reasonably expected to exceed one year.
- To receive your long-term prescriptions at the most efficient cost to you, you should utilize the Home Delivery Pharmacy Service. You are not required to use Home Delivery, but it will save you money.
- In addition, you should continue to get all of your short-term prescriptions, such as antibiotics, at the regular retail pharmacy.