

Exhibit A

The equipment shall include, but is not limited to:

Racks, Rack Weights, Bumper plates, Rack Benches and other Rack Accessories, Dumb Bell weights, Benches, and Cardio Equipment.

Racks: See Attachments for weight room diagrams

15 Racks with Accessories

Possibly 14 Racks + 1 Smith Machine

Free Weights: Rubber Plates throughout

Rubber plates needed per rack

6-45's

2-25's

4-10's

2-5's

2-2.5's

(35's not necessary)

Cardio:

2 Treadmills

2 Rowers

2 Ellipticals

3 Bikes

Dumbbells:

3-4 sets of 5-30lbs

2 sets of 30-60lbs

1 set of 65-100lbs

4-5 Benches in front of dumbbell rack