



Health & Wellness

Wellness Advisory Council for Schools (WACS) Agenda

March 11, 2020

4:00-5:30

PSD Partnership Center

Agenda

- 4:00-4:05 Welcome, updates, introductions
 - 2021 Dates
 - September 16th, November 18th, January 20th, March 10th, May 19th
 - WACS New Member Applications open June-August
 - 1 community member
 - 2 students
 - Comprehensive health and PE
 - Secondary licensed staff
 - Elementary admin.
 - Middle school parent

- [Covid-19 PSD Website Resources](#)
- 4:05-4:30 UNC Presentation, [Ideas for School Health](#), WACC website and resource
 - Visit The Hub- Helathyschoolshub.org
 - MARIA CHAVARRIA- Ambassador
 - March 24th 3:45 Irish Meeting for May 6th Full School Day Student and School Wellness

- 4:30-5:30 Introduction to triennial wellness policy review
 -

Next meeting: May 13th, 2020, PSD Partnership Center

Purpose: The Wellness Advisory Council for Schools (WACS) is an advisory council whose purpose is to support and enhance student health and wellness for Poudre School District. WACS supports District Ends which states *“Students exhibit healthy behaviors in a school environment that supports excellent physical fitness, nutrition and mental health. “WACS defines “Wellness as the foundation for learning. It is sustained by creating and maintaining environments, policies, practices, access to services and resources, and attitudes that develop and support the inter-related dimensions of physical, mental, emotional, spiritual, and social health.”*



Health & Wellness

Wellness Advisory Council for Schools (WACS)

Agenda

What is working well/ required by HHFKA?	What is not working well?	What is missing?
<p>WACS defined clearly</p> <p>Includes all elements of wellness</p> <p>Examples of some stakeholders, but not all</p> <p>Mental Health Services in schools are essentials statement</p> <p>Nutrition language around foods and beverages being sold</p> <p>Commitment to supporting employees healthy lifestyle</p> <p>Reference Comprehensive health and PE Standards</p>	<p>Some stakeholders but not all</p> <p>More attention to physical health and health education</p> <p>Graduation requirement</p> <p>Do want to go above beyond or maintain the status que</p> <p>“encouraged” language</p> <p>Is it best practice to keep it in as a reminder or take it out- separate sentence “in addition to this we have these policies”</p> <p>“opportunities” in section C feels like “fluff”</p> <p>Does the district desire to go above and beyond the 10 essential components?</p>	<p>Action</p> <p>Who is in charge/responsible</p> <p>Specific/smart goals</p> <p>Best practices</p> <p>Action is missing- we can right it on paper, identifying someone who is responsible</p> <p>Who is in charge/accountable of monitoring</p> <p>Specific goals are missing for PA activities</p> <p>Specify school officials for responsibility</p> <p>Consideration of helpful data- where the data is collected from</p>

Purpose: The Wellness Advisory Council for Schools (WACS) is an advisory council whose purpose is to support and enhance student health and wellness for Poudre School District. WACS supports District Ends which states *“Students exhibit healthy behaviors in a school environment that supports excellent physical fitness, nutrition and mental health. “WACS defines “Wellness as the foundation for learning. It is sustained by creating and maintaining environments, policies, practices, access to services and resources, and attitudes that develop and support the inter-related dimensions of physical, mental, emotional, spiritual, and social health.”*



Health & Wellness

Wellness Advisory Council for Schools (WACS)

Agenda

		<p>How it is going to available to the public</p> <p>What does that report look like?</p> <p>“A” Refers to the district learning environment- what does that exactly mean?</p>
--	--	--

Purpose: The Wellness Advisory Council for Schools (WACS) is an advisory council whose purpose is to support and enhance student health and wellness for Poudre School District. WACS supports District Ends which states *“Students exhibit healthy behaviors in a school environment that supports excellent physical fitness, nutrition and mental health.”* WACS defines “Wellness as the foundation for learning. It is sustained by creating and maintaining environments, policies, practices, access to services and resources, and attitudes that develop and support the inter-related dimensions of physical, mental, emotional, spiritual, and social health.”