



Wellness Advisory Council for Schools (WACS) Agenda

Purpose: The Wellness Advisory Council for Schools (WACS) is an advisory council whose purpose is to support and enhance student health and wellness for Poudre School District. WACS defines “Wellness as the foundation for learning. It is sustained by creating and maintaining environments, policies, practices, access to services and resources, and attitudes that develop and support the inter-related dimensions of physical, mental, emotional, spiritual, and social health.”

November 2019 PSD Partnership Center

- ☒ *Jill Jackson*, Community Member
- ☒ *Ashley Stoker*, , Community Member
- ☐ *Noelle Wilcox* – Infection Preventionist, Banner Health, Registered Nurse, Community Member
- ☒ *Sena Uctuk*, High School Student
- ☐ *Adon Wolff*, High School Student
- ☐ *Kelly Burns*, Rocky Mountain High School, Secondary Licensed Staff
- ☒ *Mark Bartlett*, Irish Elementary School, Elementary Licensed Staff
- ☐ *Patrick Kind*, Assistant Principal, Webber Middle School, Secondary Administrator
- ☐ *Alissa Poduska*, Shepardson Elementary School, Elementary Administrator
- ☒ *Meghan Willis*, Middle School Parent
- ☒ *Christina Erickson*, High School Parent
- ☐ *Vicki Thompson*, Executive Director of Human Resources
- ☒ *Sierra Bitsie*, Elementary Base Staff
- ☒ *Erin Lilis*, Elementary Parent

Standing Members of WACS:

- ☒ *Craig Schneider*, PSD Child Nutrition Director - Becky in place of Craig
- ☒ *Amanda Brantley*, PSD District Wellness Manager
- ☒ *Alexa Garrett*, Student Wellness Coordinator
- ☐ *Melanie Voegeli-Morris*, PSD Student Assistance Services Coordinator
- ☒ *Nancy Weber*, PSD Health Service Coordinator
- ☐ *Laurie Zenner*, Healthy Kids Club Manager, Healthy Kids Club – Katie Castillo for Laurie
- ☒ *Merry Hummell*
- ☒ *Laura Grissom*, PSD Curriculum Instruction Facilitator
- ☒ *Dr. Brian Dauenhauer*, University of Northern Colorado
- ☒ *Kori Wilford*, Larimer County

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Agenda

<u>Topic</u>	<u>Inform</u>	<u>Discuss & Report Out</u>	<u>Vote</u>
Summit for Student Wellness Updates Regional Wellness Workshop Updates Current Grant Updates	x		
Review and discuss current PSD Tobacco Policy	x	x	
Review neighboring Tobacco Policies	x	x	
Discuss recommendations for language changes to current tobacco policy		x	x
Community Comment			

Summit for Student

- 150 students in attendance
- Held at CSU
- Rhythm of Wellness
 - o Salsa Dancing
 - o Cardio Drumming
 - o Social and Emotional Learning
- Next year will be a regional Summit with all Northern Colorado Districts

UNC Tap talk: November 20th at Crab Tree Brewery

Regional Wellness Workshop:

- During Summer institute
- Focus on Social and Emotional Learning
- Focus on Health equity
- Workshop is intended for Student and School Wellness Leaders
- Thompson School District and Greeley-Evans RE 6 also in attendance



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Grant:

- Student Innovation Mini Grant
- Mini Grant:
 - o Title 1 Schools
- Movement Desk Winners:
 - o Fossil, Timnath, Shepardson

Drug, tobacco, vaping policy:

- Adams 14
 - o Broke up policy by use, possession, distribution
 - o Describes that students with abuse and addiction who reach out to professionals for help will not necessarily be punished
- 27-J
 - o Broke up drug, alcohol, vape, and tobacco.
 - o Encouraged parent involvement and questions about what professionals to reach out to
 - o Focuses on the Whole Student and uses that to guide their approach
 - o There are different consequences for each substance
 - First offense was not suspension which is different than PSD's policy
- Adams 12
 - o Uses very broad language and is not clear on the policy
 - o Like PSD in terms of discipline
 - o Treated every substance equally
 - o There is no student perspective, it is entirely in a risk management point of view
- PSD:
 - o Principal may request different consequence depending on circumstances of offense
 - Who does this go to?
 - Adams 14 went to Intervention Director to decide on consequences.
 - o No education on drugs or alcohol written in the policy
 - Education is not universal for the whole district; it is strictly site based
 - There is RMC Second Chance in some schools, and it is more prevalent in High School than Middle School.
 - o No clarity on what drugs are or examples of drugs. This needs more guidance to clarify what counts and what does not.
 - o **Does not reflect PSD's mission to educate every child every day**
 - o Need to honor cultural side, there is no exception for cultural or religious use.
 - o This is a board policy

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- Recommendations/comments
 - Policy was written at the beginning of the upcoming substances- right when we first saw them. It should be updated with new information and usage.
 - Misses the behavioral health aspect.
 - People experiment so we need to identify how much they are using and the behavior behind it
 - Are we looking to punish/exclude or educate and include?
 - Connectedness survey has gaps- very surface level.
 - What are we doing to address the bigger issue?
 - How do we change the lens behind hard to swallow questions?
 - We don't require the surveys so we are missing the whole population
 - Bring this to student attention and get the student perspective
 - Need more resources for students who suffer from addiction
- Miscellaneous
 - There is a state law that states you cannot expel a student for tobacco use alone
 - Expulsions increased at PSD in the past few years
 - Students can be expelled with services or without services
 - District must offer services, but it is up to the family to accept and utilize them

<u>Pros</u>	<u>Cons</u>
Use concise and distinct language	No Education
Offers resources to students with addiction- does not guarantee consequences	Coming from a risk management point of view
Services still offered to students who get expelled, so they do not miss out on education	No cultural or religious exceptions
	Same consequences for all drugs
	No consideration to the behavioral health side of things
	Needs more family intervention and education

Community Comment

Will be held the last 15 minutes of the scheduled meeting time if comments are requested via the signup sheet.



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Action Items

Item	Assigned to	Date Due
1. Meet with internal stakeholders to go over policy changes		
2.		
3.		

Next meeting:

January, 2020